

NEW LONDON COUNTY • WINDHAM • HARTFORD • MYSTIC • RHODE ISLAND

Sound Waves

Volume 17
Issue 5
February 2007

**CLUB LISTINGS
RESTAURANTS
MENUS
CONCERT INFO
BAND LISTINGS
REVIEWS & MORE**

**An
Interview
with
ROOMFUL
OF BLUES**

**DAVE
HOWARD**

**Southern New England's
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13 T-RAY	16 DICK CAMPO BIG BAND 6-9 THE MERCURY SEED 10pm	17 WIRED
20 TIME BETWEEN US	23 SUGAR formerly SUGAR DADDY	24 HARD KNOXX
27 BRANDON DAVIS	2 FAT BETTY	3 FLOWERS & KAIN

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~ A Sample of Our Menu ~

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Late Night Menu

HAPPY HOUR BUFFET
Every Thursday & Friday

~ Appetizers ~

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~ Salads ~

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~ Deli Sandwiches ~

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TVWWAll (wrap only) - Grilled seasoned veggies
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~ Hot Stuff ~

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Lunch ~ Dinner Dine in or Take Out

**22
MICRO
BREWS**

**Friday February 16th
BIG BAND SWING NIGHT**

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**6:30-9:30pm
Dinner Specials**

MONDAYS

~ Pfizer Day ~

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MAILBAG



Dear Readers,

The magazine is changing! As you will notice in this issue, we now have a dining guide. This is an effort to make Sound Waves a true entertainment guide. As time goes on, this section will grow. Also, remember that this magazine is free because of the advertisers. So make sure you let them know that you saw their ad within these pages!

Whoever first said the saying "Time Flies" wasn't kidding! This coming May will be our 200th issue! It seems just like yesterday that we were celebrating our 100th! So far we are planning a show to celebrate this milestone. At this point it looks like G.E. Smith wants to play at the party. We are putting all this together, and we will let you know when the plans are complete.

I have been getting some emails on where's the "Rant of the Month" column. First let me say I like that people enjoy the column, but it is included when there is space for it. Being that this is a free publication, I have to make sure there is justification to add the extra pages. I love to write the column as much as people like reading it. And believe me, I have 2 or 3 great things to Rant about. So I'm itching to get the column in as soon as I can.

Thanks for your support for these past 17 years! Let's keep it going!

Till Next Month

David L. Pottie
editor/publisher

**We'd like to be
out of work...
maybe someday
we will.**



MADD

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Sound Waves

February 2007
VOLUME 17, NUMBER 5

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The Beat Goes on for Sandy West

By Chris Annino

The world mourned the loss of a talented musician who was one of the first of her sex to triumph over such a male dominated industry and instrument. Former "Runaways" drummer Sandy West passed away on October 21, 2006 after battling with lung cancer. Friend and former band mate Joan Jett said in regards to her friends passing "I started "The Runaways" with Sandy West. We shared the dream of girls playing rock and roll. Sandy was an exuberant and powerful drummer. So underrated, she was the caliber of John Bonham. I am overcome from the loss of my friend. I always told her we changed the world."

Because of "The Runaways" rise and fall in the mid to late 70's several successful careers emerged from the bands success such as Lita Ford, Joan Jett, Micki Steele, Vicki Blue and Cherie Currie. Because of this group of girls "The Runaways" helped pave the way for many other female artists.

On December 9th a special tribute concert was thrown to celebrate Sandy West's life and career. Hosted by friend and former lead singer for "The Runaways" Cherie Currie the event was held at the famous "Knitting Factory" in Los Angeles California. "Rocket City Records" Sandy West's last record label helped support the event, and much of the proceeds went to the "The Sandy West Foundation." Among the over 20 acts who performed were "The Bangles", "The Donna's", "The Knack", and "The Bay City Rollers."

When asked Cherie Currie's thoughts about the event Currie said "Mara Fox did the most extraordinary job, it was by far the most wonderful experience of my career. It was a fine tuned loving machine, and everyone there can not stop talking about it. It gave us all a remarkable and lasting feeling in our hearts that she will be remembered in the right way." Vicki Peterson from "The Bangles" added "The night of the Sandy West tribute concert was cold and wet, but the energy inside the "Knitting Factory" could have powered a small nation. I met old friends (White Flag) and new (The Donna's, Cherie Currie) and we all played hard and fast and had a great time. It was nice to see Sandy and "The Runaways" be honored as musicians, and not just a freakish curiosity. It's about time."

For more information on Sandy West and to get news on her re-released album "The Beat is Back" go to www.therunaways.com or go to www.rocketcityrecords.com



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Valentine's Menu

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February 9, 10, 16 & 17.
Complimentary glass of
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with purchase of entree.

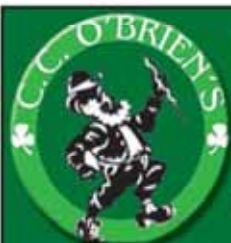
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16th - **STEVE BURKE**

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Sun. 25th - **GREG SHERROD DUO** 4-8

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THE BEACH BOYS

19 - Mohegan Sun, Uncasville, CT

ESTEBAN

14-18 - Mohegan Sun, Uncasville, CT

GUITAR SHORTY

16 - Chan's, Woonsocket, RI

JASON LEVASSEUR

7 - Trinity College, Hartford, CT

8 - Albertus Magnus College, New Haven, CT

9 - Univ. Of Mass, Amherst, MA

JIM BRICKMAN

18 - The Bushnell, Hartford, CT

JOHN MAYER

26 - Mullins Center, Amherst, MA

JOHNNY WINTER

6,7 - Club B.B., Mashantucket, CT

PAPA ROACH

27 - Webster Theatre, Hartford, CT

PATTI SMITH

22 - Lupo's, Providence, RI

23 - Toad's Place, New Haven, CT

RICK DERRINGER

20 - Foxwoods, Mashantucket, CT

RUSTED ROOT

13 - Webster Theatre, Hartford, CT

18 - Lupo's, Providence, RI

SHEMEKIA COPELAND

4 - Chan's, Woonsocket, RI

SLAYER

16 - Lupo's, Providence, RI

SONIC YOUTH

15 - Toad's Place, New Haven, CT

17 - Lupo's, Providence, RI

THE TEMPTATIONS

17 - Perf. Arts Ctr., Providence, RI

TOBY KEITH

3 - Dunkin Donuts Center, Providence, RI



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BCHH - **KEN ATKINS &
THE HONKY TONK MIND**

Sat. 3rd - **JOHNNY JAMES
BLUES BAND**

Fri. 9th - **WAR PIGS
WHAT WOULD LENNY DO
D.O.T.**

BCHH - **PAUL BROCKETT ROAD SHOW**

Sat. 10th - **MANCHURIANS
& Guest**

Fri. 16th - **ESTROGEN
TONIC & Guest**

BCHH - **PESTON FRANTZ HELL
BENTE HEARTREAKIN**

Sat. 17th -
MUNSELL BROTHERS

Fri. 23rd - **FLIC & Guest**

BCHH - **KEN NASH'S UNDER
THE RADAR**

Sat. 24th - **TODD DEATHERAGE
& Guest**

Fri. March 2nd - **RONNIE
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NO COVER!

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SOUND WAVES 7



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The Big Cip
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Sunday February 4th

Free 1/2 time buffet

look for upcoming features and events

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~ 3 Full Bars

~ Center Stage + 2 Side Stages

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~ Champagne Rooms



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THURSDAYS ~ Martini Night

Ladies Drink 1/2 price plus Live Music

1st, 8th & 22nd - **DUG** Open mic

15th - **BRIAN SCOTT**

FRIDAYS ~ LIVE ENTERTAINMENT

2nd - **FRANK & JERRY**

9th - **NEVER ENUFF**

16th - **RUST** (classic rock)

23rd - **BRIAN SCOTT**

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\$1 PBR Pints ~ \$2 Coors Lite

FREE 1/2 Time Buffet

TUESDAYS

TWISTED

KARAOKE

TUESDAYS

\$2 Twisted Teas

GRAND OPENING PARTY

Saturday February 17th

music by:

~ THE ENTH ~ GONE FOR GOOD

~ FROM OPEN EYES

with special guest

"ROCKIN RONNIE BARNES"

DAYTONA 500 PARTY

Sunday Feb. 18th

\$1 PBR Pints ~ \$2 Coors Lite

FREE Buffet

Wed. 21st

& Wed. Mar. 7th

T-RAY

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Live Entertainment!

Fri. 9th - **STEMS & SEEDS**

Fri. 16th - **TROY T. BLUES**

Sunday Feb. 18th

DAYTONA 500

Join us for NASCAR Sundays!

~ **SUNDAY BUFFET** ~

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BackStage

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Fri. 16th - From NYC

STAN

PYRZANOWSKI

Fri. 9th & Sat. 17th

T-RAY

Fri. 23rd

JAMES HARRIS



Next

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Lounge

to

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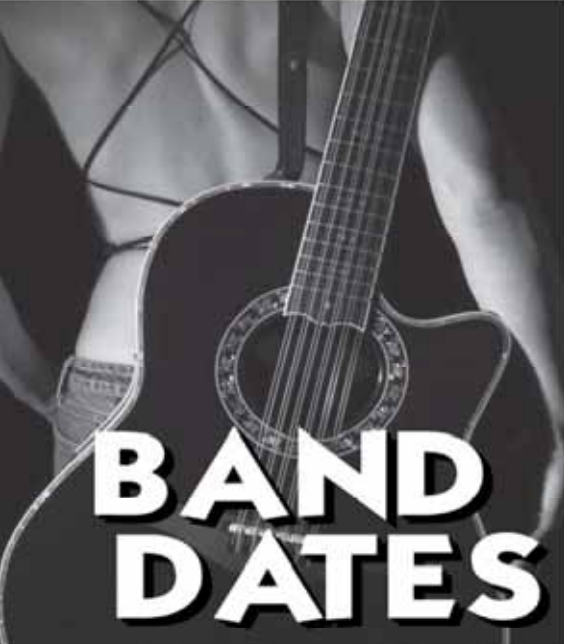
Super Bowl

Cantina

Raffles

KARAOKE

Every Wednesday



BAND DATES

BOOTIE & THE COOL & EASY BAND

4 - Yacht Club, Westerly, RI 1:30-5:30

DAN STEVENS

1 - Riverhouse Tavern, Westport, CT 7:00
2 - C. C.'s, Southington, CT 8:00
3 - NW Park Coffeehouse, Windsor, CT
8,15 - RiverWalk, Mystic, CT
9 - G. W. Tavern, Washington Depot, CT
10 - Vanilla Bean Café, Pomfret, CT 8:00
11 - Red Lion, Stockbridge, MA 8:00
16 - Steak Loft, Mystic, CT 8:00
17 - Penny Lane, Old Saybrook, CT 7:30
18 - Spring Street Gallery, Chester, CT
22 - Horsefeathers, North Conway, NH
24 - Wildcat Tavern, Jackson, NH

DAVE LOUDON DUO

1,14,28 - Riverwalk, Mystic, CT
9 - Country Lounge, Wales, MA
10 - Angelicos, E. Hampton, CT
16,17 - Lakeside, Coventry, CT

DOGIE & THE COWPIE POACHERS

4 - RI C.M.A., E. Greenwich, RI 1-5
5,11,18,25 - Rusty's Middletown, RI 8-12
7,14,21,28 - Billy Goodes, Newport, RI

DOUBLE FISTED

11-15 - Atrium Lounge, Mashantucket, CT

EIGHT TO THE BAR

9 - Maple Tree, Simsbury, CT
16 - Roma's Restaurant, New Britain, CT
17 - Comm. Center, E. Lyme, CT 8:30-11:30
23 - German Club, Pawtucket, RI
24 - Point Breeze, Webster, MA 8:30-11:15

FRANK & JERRY

2,8,16,22 - Blue Moon Grill, Westerly, RI
3,17 - Billy Wilson's, Norwich, CT

10 SOUND WAVES

6,20 - Daniel Packer Inn, Mystic, CT
9 - Ivory Restaurant, Deep River, CT
23 - Knucklehead's, Moodus, CT
24 - Harp & Dragon, Norwich, CT

THE GOAT ROPERS

17 - V.F.W., Taunton, MA 7:30-11:30
23 - V.F.W., Taunton, MA 8:30-12:30
24 - Ponta Delgada Club, Tiverton, RI

GOPHERBROKE

1,15 - Elizur's Pub, Holyoke, MA
2 - School St. Bistro, Westfield, MA 7-11
7 - Red Lion Inn, Stockbridge, MA 8-11
22 - Riverwalk Restaurant, Mystic, CT 8-11
10 - Brew 2, Southwick, MA
16 - Bidwell Tavern, Coventry, CT
20 - Poncho's Wreck, Wilmington, VT 6-10
23 - Tuscany Grill, Middletown, CT 8:30
24 - Cambridge House, Granby, CT

GREEN TEA

2 - Shamrocks, Wakefield, RI
16 - Andirons Lodge, W. Dover, VT
17 - Stella Notte, Jeffersonville, VT

THE HOOLIOS

1,8 - Hanafin's, New London, CT

JAMES HARRIS

2,16 - Riverwalk, Mystic, CT
6,13 - Harp & Hound, Mystic, CT
7,14,17,21,28 - Daniel Packer, Mystic, CT
8,10,22 - Billy Wilson's, Norwich, CT
23 - Stash's Cafe New London, CT 5pm
23 - Backstage Bar, Groton, CT
15 - Skipper's Dock, Stonington, CT 6pm

PROFESSOR HARP

2 - The Pickled Onion, Beverly, MA
3 - Del Vaudo's, Nashua, NH
9 - Voodoo Grill, Mystic, CT
17 - Next Page Cafe, E. Weymouth, MA

PUSHBOXX

2 - Up Or On The Rocks, Hartford, CT

9 - The Dubliner, Uncasville, CT
10 - Brunswick, Old Orchard Beach, ME
16 - Club Meadows, E. Longmeadow, MA
23 - Fat Cats, Colchester, CT

MIKE SAVINO / THE SONS

1,15 - Gilo's, East Hartford, CT
2 - Sabatical's, Wallingford, CT 5-7pm
3 - June's Outback, Killingworth, CT
8,22,23 - Ivoryton Tavern, Ivoryton, CT
9 - Nikita's, Middletown, CT 5-8pm
10 - Sabatical's, Wallingford, CT
16 - Old Corner Cafe, Naugatuck, CT
17 - Oliver's Taverne, Essex, CT
24 - Cugino's, Cheshire, CT

SKINNY MULLIGAN

3 - CC O'Briens, Pawcatuck, CT
10 - Wood River Inn, Richmond, RI
17 - Nicola's, Westerly, RI

WORLD'S SMALLEST QUARTET

2 - Oliver's Taverne, Essex, CT
3 - Tal's Place, Webster, MA
8 - Angelico's, E Hampton, CT
9,16 - Billy Wilson's, Norwich, CT
10,17,24 - Ray's Seafood, Westbrook, CT
15 - Bidwell Tavern, Coventry, CT
23 - Glock Grill, Higganum, CT

Any bands wishing to be listed for the month, **MUST** have their dates into **SOUND WAVES** by the **LAST FRIDAY** of every month. **NO** listings will be taken over the telephone. These listings are **FREE!**

Mail Listings to the magazine or

FAX them to:

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The Swinging dickcampobigband.com

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Sun-Thurs
4:00 ~ 10:00 Dinner
Fri-Sat 4-11

HAPPY HOUR M~F 3-6

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Discount Beers**

Wed	Thu	Fri	Sat
Wine Tastings Every Tuesday Night (Seats must be purchased in advance)	1 DAVE LAUDON DUO	2 JAMES HARRIS	3 SCOTT GORDLEY & JOHNNY McLEOD
7 RON DRAGO	8 DAN STEVENS	9 PHIL NEWLAND	10 SCOTT GORDLEY & JOHNNY McLEOD
14 DAVE LAUDON DUO	15 DAN STEVENS	16 JAMES HARRIS	17 SCOTT GORDLEY & JOHNNY McLEOD
21 RON DRAGO	22 GOPHER BROKE	23 PHIL NEWLAND	24 SCOTT GORDLEY & JOHNNY McLEOD
28 DAVE LAUDON DUO	"Serving Real Food for Real People"		Every Monday TOMMY G



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Private Music Instruction

Tommy Giarratano	Acoustic / Classical Guitar
Jack Moriarty	Electric / Acoustic Guitar
Jon Quinn	Bass Guitar
Steve Cleary	Electric / Acoustic Guitar
Ashley Jones	Violin
Kristine Quinn	Piano

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MUSIC NOTES

By Mark T. Gould

Say It Loud, James Brown Did Us Proud

Editor's Note: Soul and funk pioneer James Brown passed away on Christmas Day, after the January issue of Sound Waves publishing deadline had come and gone. Yet, we can't let the death of the "Godfather" go unnoticed.

Relentlessly, James Brown danced through prostate cancer, diabetes and arthritic knees, the latter the result of pounding after pounding, as he sweated and writhed on stage floors over an almost half-century career. Ironically, for the progenitor of soul and funk music, it was, ultimately, his heart that gave out.

It would not be much of a stretch, and the proud Brown would undoubtedly agree, that the great showman, who passed away on Christmas Day, was one of the, if not the, major influence on popular music in the latter half of the 20th century. Yes, you can mention Miles Davis, the Beatles, Bob Dylan, and a handful of others in the same musical breath, but it was Brown, drawn from abject poverty through the so-called chitlin' circuit and onto the grandest stages of the world, before presidents, kings, and, much more importantly, common folk who craved hope, whose influence ranges the farthest and the widest.

After all, how many other entertainers' funerals are broadcast live on CNN?

James Brown was certainly no saint, and he'd probably be the first one to agree with that statement. His life seemed to careen from seminal mastery of music, to empowerment and wealth, to arrests with whispers of drug and familial abuse to, well, something probably pretty close to redemption and salvation.

The story goes that Brown was left, at the age of four, abandoned and hungry, in the woods. Raised by an aunt, he was dancing for tips from soldiers on passing World War II troop trains by the age of 12.

His failing heart notwithstanding, you might say he never stopped.

Starting with the raw "Please Please Please," in 1956, Brown had 114 hit singles in his career, including six Top Tens between 1965 and 1968, although he never had a Number One pop hit.

Think about that. In a business where there are far, far more "one hit wonders" than stars, and where having a handful of hits is often considered good enough to get you rung up in the Rock and Roll Hall of Fame, Brown had 114 of them.

114. That's mind-boggling.

12 SOUND WAVES

Yet, the self-proclaimed "Hardest Working Man in Show Business" was probably far better known for his incredible live performances. It was always a toss-up who was more worked up at the end of those shows, Brown or his audience. It was said, perhaps it was legend, that Brown sweated off close to 10 pounds at every performance, and frequently needed intravenous fluids to replenish himself, backstage, after shows.

You never had a chance to experience him? Just check out the 1963 release, "Live at the Apollo," and you'll be a convert for life. And, you'll probably know that the "legend" is true.

Put simply, the man could dance. Just ask Mick Jagger and Michael Jackson, who incorporated many of Brown's moves into their own stage personas.

Brown was a tough, tireless and disciplined boss, expecting the same dedication and drive from his band members that he did from himself. Yes, he demanded perfection and precision from his musicians and singers, but none more so than from himself. Frequently, he fined band members for missing cues, playing wrong notes or breaking his rules. He was also a gifted



and varied musician, who, although he never learned to read music, played drums, guitar, organ, piano and harmonica.

And, the results were staggering.

Brown's influence is as simple as "1,2,3,4," the most common time keeping in the music world, four beats to a measure of music. Yet, where popular music had thrived with the down beats on the "2" and the "4," Brown changed it up, placing the beat on the "1" and the "3." Try it to yourself and feel the difference. With "Papa's Got a Brand New Bag," in 1965, Brown single handedly moved the music from the grace and beauty of soul to something on a different plane, on those different beats.

It was called funk, and without his innovations, it is safe to say that rap and hip-hop probably never have flourished.

Yet, his personal influence was far greater than just changing the down beat. In an era when a black man had trouble getting served a meal in some places, Brown became one of the first minority entrepreneurs, owning radio stations, a publishing company, a fast-food chain, and a Lear jet. Moreover, his April 1968 concert in Boston is widely remembered as a bellwether in calming urban residents in the aftermath of the assassination of The Rev. Dr. Martin Luther King, Jr.

As he was stricken in the days just before his death, Brown cancelled a number of shows, including one scheduled in Waterbury, Connecticut. Given his pedigree, it was probably very difficult for him to let those ticket holders down.

Not to fear, though, we remain ready, Mr. Brown. For it will always be "Star Time."

www.Swaves.com

HEARING AID

LAURA CANTRELL

"The Hello Recordings"

Diesel Only

"Humming By The Flowered Vine"

Matador

Those of us who have been radio disk jockeys have all had that "Walter Mitty" moment of thinking that we could actually sing and perform like the artists whose songs we spin over the airwaves. Laura Cantrell actually did it, and these two new releases showcase that at least one disk jockey out there who has the talent to follow those dreams.

Cantrell, who hosts the long-running "Radio Thrift Shop" week-ends on WFMU in New Jersey and WXHD in Mount Hope, New York, has now released three albums, actually, four if you count the beautiful one-off "Hello Recordings." In each, her gifted, yet understated, singing, writing and playing is simply outstanding.

The breadth of the songs she chooses on these releases reflects the music that she plays on her radio programs. "Humming" includes a previously unreleased Lucinda Williams track, "Letters," along with her version of the Appalachian murder ballad "Poor Ellen Smith," as well as a host of originals, including "California Rose," inspired by West Coast country music maven Rose Maddox, and "Old Downtown," about World War I hero Alvin York.

"Hello Recordings" is a brief, five-song run through of music Cantrell made in the mid 90s with John Flansburgh of They Might Be Giants. It includes a live performance of "Lee Harvey Was a Friend of Mine," from a WFMU program in 1993, and, while tiny in output comparison, is just as strong, emotional and uplifting as the full-length "Humming."

Both: ****

- Mark T. Gould

***** Excellent

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DAVE HOWARD

By Don Sikorski

Dave Howard is happily retired. But that doesn't mean his working days have come to an end. In fact, the 51 year-old blues singer from Warwick, Rhode Island is thoroughly enjoying his new job, lead vocalist of the legendary band Roomful of Blues. In the fall of 2006, Howard landed a role he was ideally sculpted for, teaming up with Rhode Island's premier rhythm and blues act, to tour the country. Behind him are the days of hammering out two jobs, rising early in the morning to work his day job, rushing home, and then heading out to the bars for a late evening. "I worked two jobs all my life," reflects Howard of his 30+ years as a City of Warwick employee. "It got to be tiring".

If anyone deserves to have "made it" to the next level in the music world, it's Dave Howard. An integral part of the New England blues scene for years, Howard's gritty, baritone voice arrived on the music scene in the mid 1970's with the band Old No.7, covering everything from folk to rock to country music. Howard eventually teamed up with 18 year-old guitar wizard and fellow Rhode Islander Neal Vitullo, who had been playing in a band with Howard's friend Stovall Brown, and co-founded Young Neal & the Vipers. The Vipers rose to prominence in the New England and New York bar scene, working over 250 nights per year, and eventually caught the eye of the mighty Atlantic Records. But the Atlantic deal never materialized, and Howard stepped aside in October 1989 to form his own roots-rock blues band Dave Howard and The High Rollers with guitarist Tommy Ferraro. After a brief return to the Vipers in 1991 (recording "Hoolooovoo", the Vipers debut effort, which sold well regionally), Howard and the High Rollers again teamed up, recorded three CD's, and continued to "slug it out in the bars for 13 or 14 years," as Howard describes it. With the High Rollers, Howard was able to carve out a second living and return to the music he loved most, unlike the direction that Atlantic wanted to send his previous band. "It was an ill-fated deal," said Howard of the whole ordeal. "Atlantic was in real turmoil at the time."

Flash forward to 2006. Howard had just landed what he would consider to be a dream job, replacing Mark Dufresne as the lead vocalist in Roomful of Blues. "I first saw them (Roomful) in the Spring of 1971 at Roger Williams Park when Duke Robillard was fronting the band, way back when I was in high school," Howard recalls. "I've always loved the band". In between gigs with the band, Howard has

also managed to put out his own CD, an all-original progressive country record titled "I Tried To Tell You". His ability as a vocalist to cross over from blues to country is a result of his diverse musical background, and Howard belts out the material on "I Tried To Tell You" in fine fashion, especially evident on standout tracks like the steel guitar driven honky-tonk "Somebody Gets Hurt", the slow hurtful "Look of Lifelong Sorrow", or the driving uptempo rhythms of "I Don't Want to Hear It". It was this same musical diversity that made Dave Howard such an ideal candidate for the Roomful job. And while it was a difficult decision to leave the High Rollers, Howard feels blessed with the opportunity to move forward in his musical career.

Howard hit the stage for his first gig with the band on October 12th, 2006. The evening went really well, and he hasn't looked back since. "I love it," says Howard of being on stage with Roomful. "They're a great bunch of people and a talented group of musicians. Roomful of Blues has lined up a tour beginning in early March that will travel the East Coast, playing a lot of small theatres along the way. Howard has made the successful transformation and is growing more comfortable in his new role. Yet, he remains modest and relishes his opportunity to play music at the next level. "I'm a blues singer," says Howard when asked to describe himself as a musician. "I guess that's the nicest thing anyone could call me."

Check out www.davehowardmusic.net or www.roomful.com for upcoming tour dates and more on Dave Howard's musical career.

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Soups

Soup Of The Day: Cup 2.25 Bowl 3.25
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Appetizers

Lump Crab Cakes On Mesclun Greens With A
Fresh Lemon Beurre Blanc 9.95
Plum Tomato And Prosciutto Frazene With Roasted
Garlic, Red Onions, Fresh Basil And Olive Oil
With A Gorgonzola Marsala Cream 7.95
Fried Lemon Peppered Calamari With Hot Vinegar
Peppers And Garlic Basil Butter Sauce 7.95
Add Guytanno's Red Sauce 8.95
Jumbo Shrimp Cocktail W/Wasabi Bloody Mary
Cocktail Sauce Each 2.50

Salads

Guytanno's Salad - Mesclun Greens, Pears, Sun-Dried
Cranberries, Pistachios, Plum Tomatoes, Crumbled
Gorgonzola Cheese W/ A Raspberry GrapeSeed Vinaigrette 6.95
House Salad - Mixed Greens, Beets, Plum Tomatoes
Fresh Garden Vegetables, Herb Croutons 2.95
Grilled Asian Marinated Duck Salad With Baby Spinach.
Spiced Pecans, Bean Sprouts. Dressed With A
Soy Sweet Chili Vinaigrette 9.95
Classic Caesar Salad - Anchovy Balsamic Dijon Vinaigrette
Garlic Herb Crouton, Pecorino Romano 7.95
Appetizer Portion 5.95
Add Chicken 9.95
Add Grilled Cajun Shrimp Each 2.50
Add Steak 10.95
Choice Of Salad Dressing:
~ Parmesan Peppercorn ~ Chunky Blue Cheese
~ Balsamic Vinaigrette ~ Sweet Chili Soy Vinaigrette

Lunch

* Blackened Blue Burger - Cajun Spiced With Apple Smoked
Bacon And Gorgonzola Cheese Served On A
Toasted Kaiser Roll 8.95
* Guytanno Burger - 8 oz. Of Fresh Ground Beef Grilled
To Order Served W/ Lettuce And Tomato On
A Toasted Kaiser Roll 7.95
Additional Items - Cheddar, Swiss, Bacon Or Carmelized Onions - Add 50¢
* Grilled Chicken Sandwich - Bacon, Cheddar, Lettuce, Tomato
And Mayo Served On A Toasted Kaiser Roll 7.95
- Blackened Or Teriyaki Style Add 50¢
Burgers And Chicken Sandwiches Served On Toasted
Kaiser Roll With Lettuce, Tomato, Pickle And Choice Of Side
Quiche Of The Day. Served With Choice Of Side 6.95
* Lobster And Avocado Club Sandwich On Crusty Italian Bread 11.95
* Open Faced Steak Sandwich With Guytanno's Steak Sauce
And Chipotle Fried Onions - Served On Garlic Bread 9.95
Bacon, Lettuce, Tomato, And Cucumber Wrap 5.95

Add Chicken 3.00
Add Grilled Cajun Shrimp Each 2.50
Tuna Melt On Flatbread With Bacon, Tomato And Swiss Cheese 7.95
Smoked Turkey With Grilled Marinated Vegetables On
Garlic Bread With Melted Cheddar 8.95
* Grilled Marinated Veggie Sandwich W/Fresh Mozzarella 6.95
Choice Of Flatbread, Garlic Bread Or Wrap
Seafood Stuffed Scrod With A Lemon White Wine Butter 9.95
Crab Stuffed Sea Scallops With Gruyere Cheese And
Sherry Butter Sauce 10.95

All Lunch Items Are Served With Your Choice Of Side
On The Side

Small House Salad, Non Fat Cottage Cheese, Or Our Own Hand Cut Fries

* Available At Dinner

Entrees

Seafood Stuffed Scrod With A Lemon White Wine Butter 15.95
Crab Stuffed Sea Scallops With Gruyere Cheese And
Sherry Butter Sauce 16.95
Baked Filet Of Sole Stuffed With Shrimp, Spinach, Julienne
Vegetables & Citrus Buerre Blanc 16.95
Catch Of The Day - Fresh Seasonal Fish SPTM
Ginger Macadamia Nut Crusted Tuna, Served With
Soba Noodles, Julienne Vegetables, And A Pineapple
Wasabi Teriyaki Drizzle 17.95
Grilled (20oz) Porterhouse Steak Served With Guytanno's Steak
Sauce And Chipotle Fried Onions SPTM
Grilled 12 oz New York Sirloin With Smoked Apple
Bacon Gorgonzola Cream And Port Wine Reduction 17.95
Or Black Pepper Seasoned
Breast Of Chicken Du Jour SPTM

Pasta

Fettucini With Chicken Broccoli, Almonds, Alfredo Sauce 12.95
Sautéed Grilled Chicken And Prosciutto With Baby
Portobello Mushrooms, Pine Nuts, Plum Tomatoes,
Fresh Rosemary And Marsala Demi Glace Cream
Over Penne Pasta 14.95
Linguini Aglio Olio Sautéed With Garlic, Crushed Red Pepper.
Extra Virgin Oil And Pecorino Romano Cheese 9.95
Add Chicken 13.95
Add Sautéed Calamari 14.95
Add Shrimp Each 2.50
Sautéed Lobster, Plum Tomatoes, Scallions, White Wine
Tomalley Basil Butter Sauce Over Fettucine 18.95
Seafood Pasta - Jumbo Shrimp, Scallops, Calamari, With
Baby Spinach, Fresh Tarragon Tomato Parmesan Cream Sauce,
Or Guytanno's Red Sauce, Over Tagliatelle Pasta 17.95
Sweet Italian Sausage With Marinated Broccoli Rabe
Hot Vinegar Peppers In A Spicy Tomato Sauce Over Linguini 14.95

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Appetizers

- Shrimp Cocktail - \$1.95 each
- Clams on the Half Shell - Rhode Island Littlenecks \$7.95/half dozen
- Chilled Mystic Oysters - locally harvested \$10.95/half dozen
- Stuffed Clams - full of clams \$6.95
- Baked Cod and Linguica Cakes - piri piri sauce \$6.95
- Crispy Fried Calamari - hot peppers, lemon panko garlic butter \$7.95
- Rare Seared Tuna - Asian vegetable slaw, citrus wasabi dressing \$9.95
- Grilled Portabella Mushroom - roasted peppers, goat cheese, roasted garlic cloves \$6.95
- Crab and Pork Egg Roll - bean sprout salad, yam vinaigrette, spicy mustard \$8.95
- Lump Crab Cake -icama, carrot, hearts of palm, Cilantro remoulade \$7.95
- Pad Thai with Chicken - rice vermicelli, snow peas, bean sprouts, sweet pepper, green onion, egg, tofu, chopped peanuts, Cilantro, crushed red pepper, lime \$8.95
- Buffalo Chicken Wings - celery sticks, blue cheese dressing \$6.95
- Spicy Shrimp - garlic, white wine, red chili sauce, brie stuffed risotto dumpling \$9.95
- Steamed Prince Edward Island Mussels - choose one of three preparations \$7.95
 - * seasoned tomato sauce, crushed red pepper, sweet butter
 - * white wine, chopped garlic, julienne vegetables, fresh herbs
 - * green curry, coconut milk, sweet basil
- Peppered Carpaccio of Beef - tri-color salad, gorgonzola dressing, balsamic glaze \$7.95

Soups

- New England Chowder (creamy) - \$3.00/cup \$5.00/bowl
- Rhode Island Clam Chowder (clear broth) - \$3.00/cup \$5.00/bowl
- Lobster Bisque - \$3.50/cup \$6.00/bowl
- Chili topped with cheese and scallions - \$3.00/cup \$6.00/bowl

Salads

- Baby Spinach and Arugula Salad - julienne carrots, fresh herbs, white balsamic vinaigrette \$6.95
- Apple and Gorgonzola Salad - field greens, spiced pecans, carrots, red onion, maple vinaigrette \$8.95
- Falafel Salad - crisp greens, tomatoes, tzatziki, lemon tahini sauce, soft pita bread \$8.95
- Tri-Color Salad - radicchio, belgian endive, arugula, balsamic vinaigrette, creamy gorgonzola dressing \$7.95
- Caesar Salad - crisp romaine, croutons, classic dressing \$6.95
 - * Add chicken to any salad \$3.95
 - * Add grilled salmon to any salad \$6.95

Light Fare

- Beef Burger sauteed mushrooms, swiss cheese \$6.95
- Chicken Focaccia Sandwich grilled chicken, creamy garlic dressing, roasted red peppers, provolone cheese \$7.95
- Blackened Chicken Sandwich lettuce, tomato, creamy garlic dressing \$6.95
- Fish Tacos seasoned fish, cabbage, cheddar, fresh tomato salsa \$8.95
- Fish and Chips french fries, cole slaw \$10.95
- Fried Sea Scallops french fries, cole slaw \$15.95
- Fried Shrimp french fries, cole slaw \$15.95
- Fried Oysters french fries, cole slaw \$13.95
- Fried Clam Strips french fries, cole slaw \$11.95

Seafood

- Pan Seared Atlantic Salmon - jasmine rice, seasonal vegetables, rich miso glaze \$16.95 suggested wine - Marquis De Goulaine Vouvray, France
- Oven Roast Cod - whipped potatoes, fennel, roasted tomatoes, garlic, saffron, herbs \$15.95 suggested wine - Peter Lehmann Semillon, Australia
- Portuguese Style Baked Cod - tomatoes, potatoes, onions, garlic, spicy red pepper \$14.95 suggested wine - Hess Select Chardonnay, California
- Grilled Stonington Sea Scallops - sweet potato puree, organic greens, lemon essence \$18.95 suggested wine - McManis Viognier, California

Pasta

- Cavatappi with Seafood - shrimp, scallops, julienne vegetables, garlic, parmesan, cream \$18.95 suggested wine - Fish Eye Chardonnay, California
- Rigatoni with Braised Chicken - chicken sausage, roasted tomatoes, black pepper \$15.95 suggested wine - Palagetto Chianti, Italy
- Orzocchiette with Shrimp - roasted tomatoes, spinach, garlic, white wine, fresh herbs \$16.95 suggested wine - Angelini Pinot Grigio, Italy
- Linguine with Littleneck Clams - chopped garlic, roasted garlic cloves, white wine, fresh herbs \$16.95 suggested wine - Ferrari-Carano Fume Blanc, California

Meat

- Pan Roast Chicken - whipped potatoes, assorted vegetables, roasted garlic pan sauce \$15.95 suggested wine - Robert Mondavi Private Selection Pinot Noir, California
- Veal Stew - tender veal, egg noodles, roasted tomatoes, vegetables, and a touch of cream \$16.95 suggested wine - Delicato Cabernet Sauvignon, California
- Grilled Lamb Sirloin - Moroccan couscous, dates, apricots, carrots, sweet potatoes \$18.95 suggested wine - Steltzner Claret, California
- Blackened New York Strip - whipped potatoes, pickled beet salad, gorgonzola butter \$19.95 suggested wine - Lindeman's "Bin 50" Shiraz, Australia
- Grilled Pork Loin Medallions - whipped potatoes, artichoke hearts, roasted tomato, mushrooms, spinach, garlic, white wine \$16.95 suggested wine - Sokol Blosser "Evolution", Oregon

much of our menu is prepared "to order", your patience is appreciated
an 18% gratuity will be added to parties of six or more

Appetizers

Mussels with garlic.....	5.95	Rigatoni vodka.....	6.95
Clams casino.....	6.95	Bruschetta caprese.....	5.95
Fried calamari.....	6.95	Stuffed eggplant.....	5.95
Cajun shrimp.....	8.95	Blackened lamb kabob.....	7.95
Cajun scallops.....	8.95	Littleneck clams.....	6.95
Blackened seafood.....	8.95	Spanakopita.....	5.95
Buffalo wings.....	5.95	Mozzarella sticks.....	5.95
Potato skins.....	4.95	Chicken fingers.....	5.95

New England Clam Chowder.....cup.....	2.95	Bowl.....	3.95
Soup of the Day.....cup.....		Bowl.....	

Salads

Garden salad.....	3.50
Fresh crisp lettuce, cucumbers, tomato, pepperoncini, and olive with your choice of dressing.	
Caesar salad.....	5.50
With Grilled Chicken.....add \$4.00	
With Cajun Shrimp.....add \$2.50 each	
Greek salad.....	6.50
Fresh crisp lettuce, onions, green peppers, kalamata olives, cucumbers, tomato, and feta cheese tossed in our own balsamic vinaigrette dressing.	
Rainbow salad.....	6.50
Redicchio, Belgium endive, cucumbers, romaine lettuce, plum tomatoes, and apples chopped and tossed with feta cheese in our own balsamic vinaigrette dressing.	
Mediterranean salad.....	7.50
Chopped tomatoes, kalamata olives, cucumbers, capers, artichoke hearts, fresh mozzarella, and anchovies tossed in our own balsamic vinaigrette dressing.	

Sandwiches

Steak.....	7.95
Sautéed onions and mushrooms with melted mozzarella cheese.	
Chicken parmigiana.....	6.95
Tomato sauce and melted mozzarella cheese.	
Veal parmigiana.....	7.95
Tomato sauce and melted mozzarella cheese.	
Sausage or Meatball.....	6.95
Tomato sauce and melted mozzarella cheese.	
Cheeseburger.....	5.95
8 oz. of Black Angus beef on a sesame seed bun with lettuce and tomato.	
Souppy burger.....	7.95
Our very own mild sopressatta meat on a sesame seed bun with lettuce, tomato and cheese.	

Pesche

Fish and chips.....	9.95
Fresh Haddock lightly battered. Served with cole slaw and tartar sauce.	
Mussels Saganaki.....	12.95
Prince Edward Island mussels with feta cheese, fresh tomatoes, Mediterranean herbs and spices. Served over cappellini.	
Mussels Fra-Diavolo.....	12.95
Prince Edward Island mussels with garlic and herbs in a spicy plum tomato sauce. Served over linguini.	
Cajun Salmon.....	15.95
A fresh filet of salmon blackened with our own Cajun seasoning. Served with potato and vegetable.	
Sole Al Limone.....	15.95
Fresh filet of sole dipped in a light egg batter sautéed in a delicate lemon and butter sauce. Served with potato and vegetable.	
Seafood Pailla.....	18.95
An assortment of shellfish, squid, and chorizo with fresh vegetables. Served over scented risotto.	
Shrimp Scampi.....	18.95
Fresh jumbo shrimp broiled in a garlic butter and lemon sauce. Served over linguini.	
Gambetti Fra-Diavolo.....	18.95
A hot spicy dish! Fresh shrimp and clams sautéed with garlic and ground pepper in a robust tomato sauce. Served over linguini.	
Camarones Alla Veracruzana.....	18.95
Fresh shrimp sautéed with garlic, onion, capers, cilantro, fresh tomatoes, jalapeño peppers and Spanish olives. Served over Spanish rice.	

Pasta

All entrees are served with a garden salad or a cup of soup and our own whole wheat bread. Entrees served without a garden salad or soup will be \$1.00 less. We'll be happy to accommodate most substitutions at a slight up-charge, please ask your server.

*Linguini Marinara.....	7.95
*Linguini with Italian Sausage.....	9.95
*Linguini with Meatballs.....	9.95
*Fettuccine Alfredo.....	9.95
Fettuccine in a classic cream sauce.	
Rigatoni Vodka.....	10.95
Rigatoni pasta in a fresh plum tomato sauce with a splash of vodka.	
Penne Melanzane.....	10.95
Tubular pasta with chunks of eggplant, garlic, and capers in a fresh plum tomato sauce.	
*Ravioli Vodka.....	11.95
Cheese ravioli in a fresh plum tomato sauce with a touch of vodka.	
*Penne Primavera.....	11.95
Penne pasta with sautéed zucchini, squash, carrots, mushrooms, and broccoli in a classic cream sauce.	
Cappellini con Verdure.....	11.95
Artichokes, asparagus, roasted garlic, zucchini, red roasted peppers, and broccoli in a white wine sauce.	
Cappellini Alla Bolognese.....	12.95
Angel hair pasta served with our superb meat sauce.	
Linguini with Clam Sauce.....	16.95
Fresh clams sautéed with garlic and fresh herbs in a white or red sauce.	
Linguini Mediterranean.....	18.95
Linguini pasta with shrimp, scallops, broccoli, asparagus and tomatoes in a light garlic and white wine sauce.	

* Entrees with an asterisk are available in children's portions (under 12) for \$3.00 less; salad not included.

From the Grill

Pork Chop.....	12.95
A 10 oz. center cut pork chop grilled to perfection. Served with potato and vegetable.	
Beef Kabob.....	15.95
Cubes of marinated beef with red and green peppers, Bermuda onions, and tomatoes. Served on a skewer over a bed of rice.	
Cajun Lamb Loin.....	21.95
Fresh lamb loin blackened with our special Cajun seasoning and grilled to your liking. Served with potato and vegetable.	
Blackened Sirloin (USDA Choice).....	21.95
A 12 oz. cut of choice New York sirloin blackened with our own Cajun seasoning cooked to your liking. Served with potato and vegetable.	
Lamb Chops.....	24.95
Rack of lamb grilled to perfection with a garlic béarnaise sauce. Served with potato and vegetable.	
Filet Mignon (USDA Choice).....	24.95
A 9 oz cut of choice tenderloin grilled to perfection. Served with potato and vegetable.	

Pollo

Pollo Mediterranean.....	12.95
Boneless breast of chicken with garlic, tomatoes, artichokes, roasted peppers, and capers in a white wine sauce. Served with potato and vegetable.	
*Pollo Parmigiana.....	12.95
Breaded breast of chicken and tomato sauce, baked with mozzarella cheese. Served with linguini.	
Pollo Romano.....	12.95
Boneless breast of chicken coated with Romano cheese, sautéed with artichokes and asparagus in a white wine and lemon sauce. Served with potato and vegetable.	
Pollo Marsala.....	12.95
Breast of chicken sautéed with shallots and mushrooms in a marsala wine sauce. Served with potato and vegetable.	
Pollo Francaise.....	12.95
Breast of chicken dipped in a light egg batter sautéed in a white wine and lemon sauce. Served with potato and vegetable.	
Pollo Tequila.....	12.95
Boneless pieces of chicken breast marinated in tequila, lime juice, and cilantro sautéed with fresh tomatoes, red onions, and red/green peppers. Served over rice.	

Vitello

Vitello Sorrentina.....	14.95
Veal escalopes topped with sliced eggplant and mozzarella cheese with a touch of fresh tomato sauce. Served with potato and vegetable.	
Vitello Gorgonzola.....	14.95
Veal escalopes sautéed with mushrooms in a Gorgonzola sherry cream sauce. Served with potato and vegetable.	
Vitello Marsala.....	14.95
Veal escalopes sautéed with shallots and mushrooms in a marsala wine sauce. Served with potato and vegetable.	
Vitello Francaise.....	14.95
Veal escalopes dipped in a light egg batter sautéed in a white wine lemon sauce. Served with potato and vegetable.	
*Vitello Parmigiana.....	14.95
Breaded fresh veal and tomato sauce baked with mozzarella cheese. Served with linguini.	

Side Orders

French fries.....	1.75	Sausage.....	2.50
Vegetable of the day.....	2.95	Meatballs.....	2.50
Potato of the day.....	1.95	Pasta Marinara.....	4.95

**Open Tuesday - Saturday
4pm~1am
Serving Food till 11:30pm**

**EVERY FRIDAY
DJ SPIKE
10 ~ 1**

**65 High Street
Westerly, RI
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CHRISTOPHER'S

Groton, Connecticut

Ribs, Rock-N-Roll & More

Cafe



Route 1, Groton CT 860-445-6716



\$6.25

Flame broiled like no others

Choose from: Mild, Hot, Nuclear, Cajun or BBQ



House Wings \$6.50

Still Flame Broiled w/ a Teriyaki, Cajun Blend

Basket of Fries \$3.75

With Cheese \$4.50

Chili Cheese \$5.75

Chicken Tenders \$5.75

Mozzarella Sticks \$5.00

Munchie Platter \$8.75

Enough for two, Cheese, Crackers, Pepperoni, Wings, Mozz Sticks, Celery, Carrots, and 2 Sauces

Nachos

Traditional \$5.25

Grande \$7.50

Salads

Caesar Salad \$5.75

Crisp Romaine
Seasoned Croutons and
Parmesan Cheese

Add Chicken \$8.00

Add Steak \$8.75

Christopher's Love \$7.75

Salad

Provolone, Salami, Rst Red Pepper, Tomatoes, and lots of Garlic Dressing

Gorgonzola Salad \$6.00

Romaine, Iceberg Mix
Tomatoes, Roasted Red Peppers,
Candied Walnuts

Add Chicken \$8.00

Add Steak \$8.75

Pulled Pork \$6.75

Smoked & Slow Cooked
Smothered in BBQ Sauce

Grilled Chicken \$7.50

Sandwich

Teriyaki, Cajun, BBQ, Buffalo, or Plain
Served on a Roll

Turkey Wrap \$7.75

W/Bacon and Coleslaw

Chicken Caesar Wrap \$7.75

Grilled Chicken, Romaine Lettuce
Croutons & Parmesan

Roasted Veggie Wrap \$7.75

Grilled Veggies & Marinated
With a Chipotle Sauce

BBQ Chicken Wrap \$7.75

W/ Bacon and Cheddar

Philly Cheese

Mushroom, onion, and
Melted Cheese

Chicken \$7.75

Steak \$8.00

Steak Supreme \$8.75

7oz Rib Eye smothered in
mushrooms and onions, melted
cheese, on a grilled Pita Bread

Tuna Melt \$6.00

Solid white albacore your choice
of cheese on white, wheat, or rye

Deli Sandwich \$5.75

Ham, Turkey, or Salami

Christophers Dog \$5.00

Grilled foot long all beef hot dog

*Above Served with your
choice of side*

SOUPS

Soup of the Day

Cup \$2.25

Bowl \$3.25



Frank's Chili

Cup \$3.25

Bowl \$4.25

Varsity Burger \$7.00

1/2 lb Grade "A" Beef. Cooked to
your liking.

Soupy Burger \$7.25

1/2 lbs Flame Broiled to Perfection

Gorgonzola Swiss

Burger \$7.50

Cheese lovers burger!!

Cheeseburger Supreme \$7.50

Fried Mushrooms, Onions, & Bacon

Cheeseburger Grinder \$7.25

Made with Lettuce, Tomato and
your choice of cheese

Teriyaki Turkey Burger \$7.00

*Above Served with your choice of
side w/ Lettuce, Tomato,
Onion, & Cheese*

BIG APPETITE ?

St. Louis Ribs

Wood Smoked Slowly for Hours

Half Slab \$9.75

Full Slab \$12.75

(Choice of two sides)

12 oz Rib Eye Steak \$13.00

100% Grade "A" Cooked to your liking.

Served with choice of two sides

Twin Chicken Broiler \$12.75

Two Chicken Breast Flame Broiled
w/ Honey Ham & Roasted Red Peppers
in between. Covered w/ Melted Swiss

Choice of two Sides

SIDES

Mac & Cheese Coleslaw
Potato Salad Pasta Salad
BBQ Baked Beans or Fries



"A Taste of New Orleans in Mystic"
12 Water St. ~ Downtown Mystic CT
860.572.4422
Serving the Best in Cajun & Creole

TO BEGIN...

Award Winning

Crawfish N' Corn Chowder Cup ...\$3.25 Bowl ...\$4.25

The Mighty Chicken Gumbo

Chicken soup the likes you never had before.

We add onions, celery & over rice. Wow! Cup \$2.95
 Bowl \$3.95

Black Bean Soup

A hearty rendition of this Southwest staple Cup \$1.95
 Bowl \$2.95

French Onion Soup

Voodoo Chicken Chili

Loaded with chicken and beans, served with our own nacho chips! ...
 Cup ...\$3.25 Bowl ...\$4.50

Rotten Bayou Alligator Bites

The alligator ain't rotten, the bayou is - real alligator coated & deep fried with jalapeno rings \$6.95

Pouf'n Potatoes

A mound of fries drippin' w/cheese & brown gravy \$3.25

Hot Wings

Big daddy's arctic heat, mild, medium, hot or roadhouse fire.
 (please note - even the mild is hot.) 10 \$5.95
 20 \$9.95
 Crawfish & Corn Chowder Roadhouse Fire Add \$1.00

Chicken Claws

Boneless strips of chicken breast doused with our legendary hot sauce. Your choice of heat! \$6.25

Cajun Popcorn

Crawfish and shrimp in our own swamp spice with a remoulade sauce \$6.50

Catfish Fritters & Hushpuppies

Fried catfish and cornmeal nuggets served with remoulade sauce. A real cat & dog dish. If you wish just the puppies, we can do that too! \$5.95

Jalapeno Poppers

Cheddar cheese treat popping with flavor \$5.95

Mozzarella Sticks

A great way to start. Served with a marinara sauce. Kids love them! \$5.95

Homemade Crab & Crawfish Cakes (seasonal)

..... \$6.95
 Add fries & close slow \$8.95

TO CONTINUE...

Jambalaya

Chicken, pork & andouille sausage, jumbled in a brown sauce and white rice \$10.95

BBQ Ribs

Tender, tangy and Texas style with a heapin' helpin of mashed potatoes \$14.95

Creole Chicken, Shrimp or Veggie

A great tomato sauce "Simmering" in cajun spices! served over white rice
 Chicken \$12.95; Shrimp \$14.95; Veggie \$10.95

Shrimp & Crawfish Etouffee

Your shrimp and crawfish will be "smothered in" a tomato seafood sauce. Served over white rice
 Chef's specialty \$14.95

Paneed Bayou Chicken

This one's our gourmet special chicken breast, crawfish tails and roast pecans in a cajun cream sauce
 Served with dirty rice. Slap yo mamal \$13.95

The Voodoo Combo

Grilled chicken breast smothered in hot sauce, ribs & braised beef brisket with a mound of mashed. Hope your hungry! ... \$16.95

Seafood Jambalaya

Chicken, pork & andouille sausage with shrimp & crawfish in cajun tomato sauce

To Continue....

Jumbled with white rice. Rock your world good! \$15.95

Blackened Catfish

A bend of cajun herbs and spices, and a little piquant sauce and hold on. Served with dirty rice \$12.95

8 oz Sirloin Steak

..... \$11.95

Try our bourbon gravy w/saute mushrooms & onions, or if you like it hot try cajun style or simply grilled. Served with cheddar mashed potatoes

Voodoo Cordon Bleu Peppers

..... \$14.95

Chicken breast stuffed with tasso ham & cheddar cheese breaded & deep fried then topped with a creamy crawfish sauce.

A Local Favorite

Quesadillas

Not your ordinary quesadillas! Huge, light and crispy, seasoned Southwest style served with dirty rice

Original (Cheese, onions & tomatoes) \$6.95

Chicken (The original with chicken) \$9.95

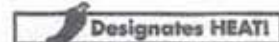
Veggie (Cheese, onions, peppers & tomatoes) \$8.95

Chicken Veggie (Chicken with all the veggies) \$10.95

Crawfish (Cheese, onions, tomatoes & crawfish) \$11.95

Crawfish Veggie (Crawfish with all the veggies) \$12.95

Add Jalapenos for .75



Right Near By

Fries - \$1.95
 Dirty Rice - \$1.95
 Red Beans & Rice - \$2.50
 Onion Rings - \$3.95
 Cheddar Mashed - \$1.50
 Cornbread - \$1.25
 Close Slow - \$1.50

From the Greenhouse

Bleu Cheese, Caesar, Ranch & Balsamic Vinagrette

The House Salad

A hearty serving of fresh greens topped with onion, tomato, carrots and house-made croutons

Small \$2.95 Large \$4.50

Large with chicken or cajun chicken \$8.95

Large with shrimp \$9.50

Caesar Salad

Tried & true, fresh greens with Caesar dressing, parmesan cheese, black pepper and those delicious croutons

Small \$2.95 Large \$4.50

Large with chicken or cajun chicken \$8.95

Large with shrimp \$9.50

To Finish

Sweeney Snooks Bowl of Mud

Brownies & chocolate sauce topped with whipped cream

"A chocolate lover's dream"

Sweet Potato Pecan Pie

Sweet potatoes like you never had before.

Topped with whipped cream.

Bread Pudding

Who knew bread could be this good. We add a warm

bourbon sauce, apples and raisins. Topped

w/whipped cream.

"Outdoor Patio Dining Available"

Lunch Menu & Kids Menu Available

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C.C. O'Brien's SPORTS CAFE

Come down to C.C. O'Brien's Sports Café where there is never a cover charge. We have a friendly staff and a fun environment. We take pride in offering a variety of fresh, flavorful and homestyle foods including burgers, sandwiches, salads and pizzas. At C.C. O'Brien's Sports Café, we have 28 draft beers on tap, 19 televisions that play every sport, 2 pool tables and darts. We also have a live band playing every Saturday night. We are located at the eastern end of Rt. 2 in downtown Westerly-Pawcatuck. We are open Sunday through Thursday 11:00 a.m.-1:00 a.m., Friday & Saturday 11:00 a.m.-2:00 a.m. Stop in today for great food, great people & great fun!

APPETIZERS

New England Clam Chowder.....Cup: \$3.00.....Bowl: \$4.25	
Chili with Cheese & Nacho Chips.....Cup: \$3.25.....Bowl: \$4.25	
Basket of French Fries- regular or curly.....Small: \$2.50.....Large: \$3.25	
Basket of Sweet Potato Fries-.....Small: \$3.95.....Large: \$4.95	
Basket of Onion Rings.....\$3.25	Jalapeno Poppers.....\$4.95
Broccoli-Cheddar Poppers.....\$4.95	
Fried Cheese Ravioli served with tomato sauce for dipping.....\$4.95	
Mozzarella Sticks served with tomato sauce for dipping.....\$5.50	
Combo Basket 3 mozzarella sticks, 3 jalapeños, 3 broccoli poppers.....\$5.95	
C.C.'s Snacker 3 chicken fingers, 3 mozzarella sticks, 4 ravioli, onion rings.....\$7.50	
Potato Skins w. melted cheese, broccoli & cheese, chili & cheese or bacon & cheese.....2 for \$2.75	
	4 for \$5.25
Basket of Nacho Chips with Salsa.....\$2.75	
Hot Spinach and Artichoke Dip served with nacho chips.....\$5.95	
Nachos crisp tortilla chips topped with lettuce, tomato, black olives, jalapeños and melted cheese.....\$7.50	
Nachos Supreme same as regular nachos with chili added.....\$8.25	
Chicken Nachos same as regular nachos with grilled chicken breast.....\$8.95	

Ultimate Nachos Grande - \$14.95

Can't decide? Have it all on a giant tray of corn tortilla chips with melted cheese, chili, chicken, lettuce, tomato, black olives, jalapeños, guacamole, salsa & sour cream!

Buffalo Wings mild, hot or XTRA hot, served with blue cheese dressing and celery sticks.....\$6.95	
Honey-Teriyaki Wings our special honey teriyaki sauce.....\$6.95	
Chicken Tenders served with choice of BBQ or honey-mustard sauce for dipping.....\$6.95	
Buffalo Tenders mild, hot or XTRA hot, served with blue cheese dressing and celery sticks.....\$7.50	

SANDWICHES & SALADS

Hot Dog...\$3.50	Chili Dog...\$3.95	Chili & Cheese Dog...\$4.50
Grilled Cheese.....\$3.00	Grilled Ham & Cheese...\$3.95	
Grilled Cheese with Tomato.....\$3.25	BLT.....\$3.95	

Deli Grinders choice of baked ham, roasted turkey breast, cheeseburger or tuna with provolone, lettuce, tomato & mayo.....\$5.50	
Tuna Melt delicious white albacore tuna with melted Swiss on rye.....\$5.50	
Patty Melt hamburger patty with sautéed onions with melted Swiss on rye.....\$5.75	
Chicken Salad Sandwich fresh white meat chicken salad, lettuce and tomato served on a roll.....\$4.95	
Reuben corned beef with melted Swiss, sauerkraut, thousand island dressing on rye.....\$5.75	
Above all served with chips and pickles • Substitute French fries with any sandwich for \$1.00	
Club Sandwiches choice of baked ham, roasted turkey breast, cheeseburger or tuna, with American cheese, mayonnaise, bacon, lettuce and tomato, served with French fries and pickles.....\$6.75	
Garden Salad lettuce, tomato, cucumber, onion, pepper & choice of dressing.....\$3.25	
Salad Plate one scoop each of tuna and chicken salad and fresh lettuce, tomato, cucumber & choice of dressing.....\$5.75	
Chef's Salad a healthy combination of ham, turkey, provolone and American cheeses on top of fresh lettuce, tomato, cucumber, onion, peppers and black olives.....\$8.25	
Grilled Chicken Salad lettuce, tomato, cucumber, onion, peppers and olives topped with a grilled chicken breast.....\$8.95	
with a buffalo chicken breast.....\$9.50	

ALL-STAR BURGERS

Hamburger 7 oz. Ground BEEF.....\$5.25	Cheeseburger.....\$5.50
Mushroom Burger.....\$5.75	Mushroom Cheeseburger.....\$6.25
Bacon Hamburger.....\$5.75	Bacon Cheeseburger.....\$6.25
Bacon Mushroom Burger.....\$5.95	Bacon Mushroom Cheeseburger.....\$6.50
Mexican Burger chili, jalapeños, and cheese.....\$6.50	

CHARBROILED TO PERFECTION

Above served with lettuce, tomato, pickle and chips • Substitute French fries with any sandwich for \$1.00

C.C.'S FAVORITES

South Philly Cheesesteak Grinder sautéed mushrooms, onions green peppers and melted cheese.....\$6.95	
Sausage Grinder choice of sweet or hot Italian sausage with sautéed mushrooms, onions, green peppers and melted cheese.....\$6.95	
Spicy Steak or Spicy Chicken Grinder special hot seasonings with sautéed mushrooms, onions, green peppers, and melted cheese.....\$6.95	
Grand Slam steak and sausage with sautéed mushrooms, onions, green peppers, and melted cheese.....\$7.25	
Charbroiled Marinated Chicken Breast Sandwich made with melted provolone cheese, lettuce and tomato.....\$6.95	
Buffalo Chicken Breast Sandwich dipped in hot sauce, served with blue cheese dressing, lettuce and tomato.....\$6.95	
Chicken Club Wrap grilled chicken breast strips with bacon, lettuce, tomato and honey mustard dressing.....\$6.95	
Buffalo Chicken Wrap mild buffalo tenders, lettuce, tomato and blue cheese in a wrap.....\$6.50	
Above sandwiches served with pickle and chips • Substitute French fries with any sandwich for \$1.00	
Chicken or Steak Quesadilla-Choice of seasoned chicken or spicy marinated beef with melted cheese served with fajita seasoning, lettuce, tomato, sour cream and salsa.....\$8.95	
Chicken or Beef Fajitas charbroiled chicken breast or tender beef strips, with sautéed onions and peppers served with 4 flour tortillas, lettuce, tomato, cheese, salsa, sour cream and guacamole.....\$9.95	
A.C.C. O'Brien's Specialty.....\$9.95	
Add a side of chicken or beef for.....\$3.00	
Fish and Chips Basket 3 pieces of batter-dipped cod with French fries, coleslaw and tartar sauce.....\$6.75	
Clam Strip Roll a generous portion of tender clam strips, served with tartar sauce, chips and coleslaw.....\$6.95	
Seafood Combo tender clam strips and two pieces of batter-dipped cod deep fried and served with French fries, coleslaw, and tartar sauce.....\$10.95	

PIZZA

Cheese.....\$9.75	
Extra Cheese.....\$10.50	
One Topping choice of pepperoni, sausage, onion, green pepper, mushroom, black olive, hot vinegar pepper, broccoli, chicken, bacon, hamburger.....\$11.95	
Two Item Combo choice of two of above.....\$12.95	
Three Item Combo choice of three of above.....\$13.95	
BBQ Chicken Pizza BBQ sauce topped with onions and dried chicken and cheese.....\$13.75	
White Pizza olive oil combined with ricotta cheese, garlic, basil topped with dried tomato, chicken, broccoli and cheese.....\$13.95	

All pizzas are 14" with fresh toppings

www.ccobriens.com

Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces threat of food borne illnesses.

*PRICES SUBJECT TO CHANGE



TAKE OUT AVAILABLE • Serving daily 11AM - 12 Midnight

860-599-2034

8 MECHANIC STREET • PAWCATUCK, CT

—\$1 Off Mexican Lunches in-house only—

—all prices include tax—

Salads...

Taco Salad	\$6.25
\$1 Off Monday thru Friday 11:00am - 3:00pm	

Casa Grande Grilled Chicken Salad	7.65
Served in a deep-fried tortilla	
Garden Salad	
choice of dressing	5m 2.75 / Lg 4.25
Southwestern Salad	
Salad with grilled chicken	3.95

Nachos...

	5m	Lg
Cheese	\$4.25	\$6.25
Chili & Cheese	5.30	7.30
Broccoli & Tomato	5.30	7.30
Texas (beef)	5.30	7.30
Pasta (jalapeños, tomato & onions)	5.30	7.30
Chicken & Broccoli	5.30	7.30
Veggie (tomatoes, onions, broccoli, mushrooms, peppers)	6.30	8.30
Supreme (beef, jalapeños, tomatoes, & onions)	6.55	8.55
Chicken Supreme (broccoli, tomato, & jalapeño)	6.55	8.55
El Grande (beef, jalapeños, tomatoes, broccoli, chili & onions)	6.95	8.95

\$1 Off Monday thru Friday 11:00am - 3:00pm

Original Mexican Sampler \$8.25

(burrito, taco, nachos)
\$1 Off Monday thru Friday 11:00am - 3:00pm

New Mexican Sampler \$8.25

(1 enchilada, nachos, taco, rice & veggie)
\$1 Off Monday thru Friday 11:00am - 3:00pm

Platters...

Enchilada Platter	\$8.25
Beef, Chicken, or Cheese (any combo of two)	
Combination Platters:	
1) 1 Taco, 1 Burrito	8.25
2) 1 Taco, 1 Enchilada	8.25
3) 1 Burrito, 1 Enchilada	8.25
Chimichanga Platter (beef, or chicken)	11.25
All Platters served with Rice and Vegetables.	
\$1 Off Monday thru Friday 11:00am - 3:00pm	

Potato Skins

	5m	Lg
Hop	5.60	7.60
Taco	5.60	7.60
Chili	5.60	7.60
Bacon	5.60	7.60

\$1 Off Monday thru Friday 11:00am - 3:00pm

	5m	Lg
Taco	\$2.10	
Box of Chili	\$2.55	4.55
Chili Con Queso (a hot chili & cheese dip served w/ chips)	5.25	5.25
Chips & Salsa	2.25	4.25
Soft Shell Taco	3.40	

Navajo Taco...

Beef	\$6.85
Chicken	6.85
Steak (onions & peppers)	7.45

\$1 Off Monday thru Friday 11:00am - 3:00pm

Quesadillas...

Taco	
(lettuce, tomato & taco beef)	\$6.25 8.25
Vegetarian	
(onions, peppers, mushrooms, broccoli & tomatoes)	6.25 8.25
Chicken, Onion & Cheese	6.25 8.25
Steak, Onion & Cheese	6.55 8.55
El Grande Steak Combo (onion, green peppers & tomato)	6.75 8.75
El Grande Chicken Combo (onion, green peppers & tomato)	6.55 8.55

\$1 Off Monday thru Friday 11:00am - 3:00pm

Fajitas...

Single Chicken	\$6.55
Single Steak	6.75
Double Chicken	8.55
Double Steak	8.75

\$1 Off Monday thru Friday 11:00am - 3:00pm

Burritos or Chimichangas...

Chicken & Onions	\$6.55
Beef	6.55
Steak (onions & peppers)	6.75
Broccoli & Tomato, Cheese	6.75
El Grande Chicken (onions, peppers, lettuce & tomato)	8.55
El Grande Beef (lettuce, tomato & onions)	8.55
El Grande Steak (onions, peppers, lettuce & tomatoes)	8.75
Any Chimichanga add \$2.00	

\$1 Off Monday thru Friday 11:00am - 3:00pm

Sandwiches...

Hamburger	\$2.90
Cheeseburger	3.20
Bacon Cheeseburger	4.25
Mexican Burger (chili, lettuce, tomato, onion)	3.95
Bronco Burger (chili, cheese, onion)	3.95
Steak w/ peppers, onions & cheese	4.25
Mushroom Burger	3.65
BLT	3.95
BBQ Chicken, cheese, lettuce & tomato	4.80
Grilled Cheese Sandwich	2.75
Grilled Bacon & Cheese Sandwich	3.50
Fried Chicken Sandwich (lettuce, tomato, cheese)	3.70
Grilled Chicken Sandwich (lettuce, tomato, cheese)	4.80

For lettuce and tomato add 25¢ per

All above sandwiches when ordered as PLATTERS carry additional charge for the following items:

Cole Slaw, Pickle, Fries	2.10
Cole Slaw, Pickle, Cajun Fries	2.65
Cole Slaw, Pickle, Onion Rings	4.25

Double Cheeseburger

With lettuce & tomato — \$5.50

The Dog House...

Plain	\$2.25
Chili Dog	2.75
Cheese Dog	2.75
Bacon Cheese Dog	3.20
Chili Cheese Dog	3.20

Philly Cheese Steak Grinder

with Peppers, Onions & Mushrooms — \$6.85

Mountain Climber Burger

Cheese, Bacon, Onions, Peppers and Mushrooms — \$5.70

Santa Fe Steak Sandwich

with Onions, Peppers, Chili & Cheese — \$4.75

Teriyaki Steak Sandwich

with Onions, Peppers & Cheese — \$4.75

Side Orders...

Derby Wings	\$5.40
Garlic Wings	3.40
Plate of Pickles	1.20
Cole Slaw	1.30
Chicken Tenders	3.40
Jalapeno Poppers, Cheddar	4.80
Cajun Rice and Beans	1.35
Mixed Veggies	1.55
Refried Beans	1.35
Mozzarella Sticks	4.80
Flory Fingers	5.40
French Fries	Reg 2.10 Lg 3.20
Chili Fries	2.65 3.95
Cheese Fries	2.65 3.95
Cajun Fries	2.85 4.15
Onion Rings	4.25
Guacamole	1.00 2.00

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BROWN DERBY



848-3407 ♦ ROUTE 32 ♦ UNCASVILLE

Glossary

Nachos:	Fresh corn tortilla chips with melted cheese and refried beans, plus your choice of toppings. Served with our own salsa.
Quesadillas:	Your choice of ingredients combined with melted cheese between two grilled flour tortillas. Served with sour cream and our own salsa.
Burrito:	Seasoned chicken/beef and refried beans in a rolled soft flour tortilla topped with sour cream and cheese.
El Grande:	Pasta, meat, chicken/beef plus lettuce, tomato, and cheese. Plus on a steak if you are going to finish it here. Both served with sour cream and our own salsa.
Swaps Taco:	Soft flour tortilla with beef, chicken, or steak, refried beans, with lettuce, tomato, and cheese all top.
Enchilada:	Soft shell tortilla filled with beef, chicken, or cheese lightly fried, then topped with cheese and its own sauce.
Fajita:	Beef only, hold it yourself. Grilled chicken or steak, lettuce, tomato, and cheese, wrap it up in a soft flour tortilla and Ayé Carolina delicious!
Chimichanga:	Deep fried golden burrito (beef or chicken) topped with sauce and cheese.

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Beef BURRITO
~ \$3.75 ~
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Shrimp, Wings & More

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Chicken Wraps \$5.50

Please Order By Number

Your choice of flavored wrap
Honey Mustard, Ranch Dressing or French Garlic
Hill Country (see instructions on platters)
with French Fries - Add \$2.50
with Cajun Fries - Add \$2.85
with Onion Rings - \$4.25

- #1 BBQ Chicken Wrap**
Beef & Beans, Cheddar, Peppers, Lettuce, Tomato & Cheese
- #2 Charleston Chicken Wrap**
Beef & Beans, Lettuce, Tomato, Cheese & Ranchy Mustard Dressing
- #3 Santa Fe Chicken Wrap**
Beef & Beans, Lettuce, Tomato, Cheese & Jalapeno
- #4 Caribbean Chicken Wrap**
Chicken, Peppers, Onions, Lettuce, Tomato & Caribbean Jerk Sauce
- #5 Swiss Chicken Wrap**
Chicken, Peppers, Swiss Cheese, Cole Slaw & French Dressing
- #6 Hot & Spicy Chicken Wrap**
Beef & Beans, Onions, Peppers, Lettuce, Cajun Sauce & Hot Wing Sauce
- #7 Chicken Fajita Wrap**
Beef & Beans, Onions, Peppers, Lettuce, Swiss Cheese & Ranchy Sauce
- #8 Honey Mustard Wrap**
Beef & Beans, Onions, Peppers, Lettuce, Swiss Cheese & Honey Mustard Dressing
- #9 Sweet & Sour Chicken Wrap**
Beef & Beans, Onions, Peppers, Lettuce, Swiss Cheese & Sweet & Sour Sauce
- #10 New Yorker Chicken Wrap**
Beef & Beans, Onions, Peppers, Lettuce, Swiss Cheese & Blue Cheese Dressing
- #11 Ranchero Chicken Wrap**
Beef & Beans, Onions, Peppers, Lettuce, Swiss Cheese & Ranchy Dressing
- #12 Ham & Cheese Wrap**
Lettuce, Tomato, Cheese, Ranchy Dressing
- #13 Peppercorn Chicken Wrap**
Lettuce, Tomato, Cheese, Peppercorn Dressing
- #14 Cajun Chicken Wrap**
Beef & Beans, Onions, Peppers, Lettuce, Swiss Cheese & Cajun Sauce
- #15 Taco Wrap**
Beef & Beans, Onions, Peppers, Lettuce, Swiss Cheese & Cheese
- #16 Chicken Cordon Blue Wrap**
Beef & Beans, Onions, Peppers, Lettuce, Swiss Cheese & Swiss Cheese Dressing

—extra sauce 25¢ each — All items to go — add 30¢ per item—

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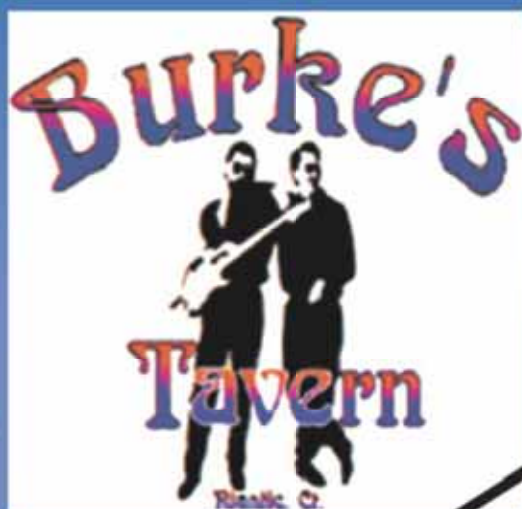
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Fri. 11th - **HARD KNOXX**

Sat. 12th - **TBA**

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