

NEW LONDON COUNTY • WINDHAM • HARTFORD • MYSTIC • RHODE ISLAND

Sound Waves

Volume 18
Issue 7
April 2008

CLUB LISTINGS
RESTAURANTS
MENUS
CONCERT INFO
BAND LISTINGS
REVIEWS
& MORE

An
Interview
With

UMPHREY'S McGEE

Southern New England's
Leading Entertainment & Dining Guide



STASH'S CAFE

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Sat. 12th • **FLOWERS & KAIN** *Hip Hop & Rock*

Fri. 18th • **WICKED PEACH**

Sat. 19th • **DOUBLE FISTED**

Fri. 25th • **RADIO CATS** *High Energy Covers*

Sat. 26th • **KUNG FU GRIP**

Fri. May 2nd • **SUGAR** *R & B Hip Hop Beats*

Sat. May 3rd • **FAT BETTY** *Rock & Roll!*

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KARAOKE ~ DJ DANCE PARTY
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PUB QUIZ NIGHT at STASHS
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Pint Night! All Import, Craft and Microbrew
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w/DJ CHUM from 107.7

MONDAYS

~ **Pfizer Day** ~

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BASEBALL - BASEBALL - BASEBALL WATCH THE GAMES AT STASH'S!

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Happy Hour Fridays with Live Music!

FRIDAY 4th

6-9pm

VERTIGO

FRIDAY 11th

ANDRE & EDDIE

FRIDAY 18th

DICK CAMPO BIG BAND

FRIDAY 25th

SUNDAY GRAVY

6-9pm

Come Early and Have Dinner!

**Thursday
April 17th**

JIM SPINNATO

HYPNOSIS
COMEDY SHOW
8pm ~ \$10 tickets



NASCAR SUNDAYS

**Wings &
Beer Specials**

INSIDE THE WAVE

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Cover/Story Photo by
C Taylor Crothers

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11:30 - 4:00 Lunch
Sun-Thurs
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9 CLAYTON ALLEN	10 DAVE LAUDON DUO	11 JAMES HARRIS	12 WEATHER OR NOT
16 RON DRAGO	17 GOPHER BROKE	18 PHIL NEWLAND & CHUCK DAVIS	19 DAVE LAUDON DUO
23 CHRISTOPHER JOHN	24 DAVE LAUDON DUO	25 JAMES HARRIS	26 RON DRAGO
30 RON DRAGO	1 GOPHER BROKE	"Serving Real Food for Real People"	Check Out Our Menu in the back pages

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Sound Waves

April 2008
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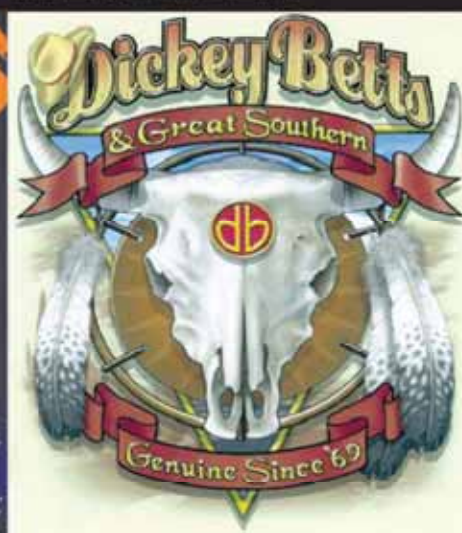
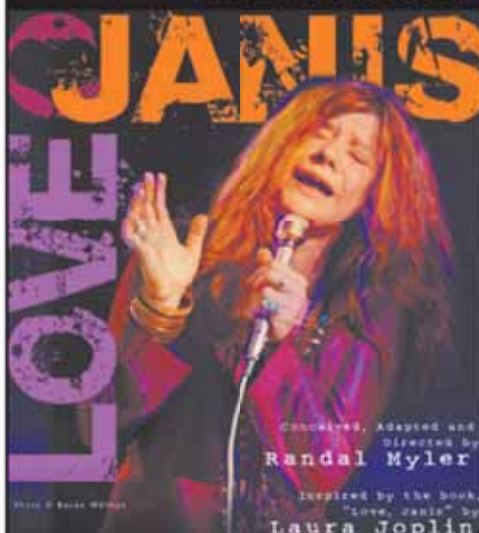
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ROCKING AT THE GARDE...



**Tuesday
May 6
8 pm**

"Piece of My Heart",
"Try", "Me and Bobby McGee",
"Ball and Chain" – Janis Joplin,
the icon of 1960's rock music,
is brought back to life in both
music and words.

Love, Janis explores the
performer not only through her
legendary songs, but also in
the poignant and honest letters
she wrote home to her family.

Event Sponsor:
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**Tuesday
June 24
7:30 pm**

Allman Brothers Band
co-founder Dickey Betts is
an innovator of Americana
music and Southern Rock.

Along with his band
Great Southern, Betts will
showcase his legendary
range, including
jazz improv, western swing,
and more than a little
rock and roll.

Event sponsor:
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Volkswagen of America

Music co-presented with:

**Kitchings
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SOUND WAVES 5

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**MATTHIAS STEELE
STONED LOTUS
& STONE LEAF**

Friday 25th - 2 Bands

THE ENTH / THE LAW

Saturday 12th - **RAGGAE NIGHT**

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Sat. 5th - **MURRAY THE WHEEL**

Sat. 12th - **MINDS OF ONE**

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~ Happy Birthday Paige ~

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WEDNESDAY ~ APRIL 23rd
8pm

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Food • Raffle Prizes • Entertainment

THE BUZZ & T-Ray Taylor

Donation: \$20.00

February 7th, 2006 our brother Sonny (Sam) Novotny was in a horrific snowmobile accident in Osprey New Hampshire. Med-Evoked to Maine Medical, he underwent surgery for multiple breaks in his spine. Leaving him paralyzed...

Sam has no insurance, and is now virtually faced with life altering changes, zero income, and still has a family and children to provide for. Once he was stable enough, he was accepted to the Sheppard Center in Atlanta, Georgia. This is a facility for rehabilitation for severe spinal cord injury. The airfare alone just to get him there was \$10,000.00.

Sam is loved by all who know him... This guy has a smile on his face no matter what.

For those of you that know Lisa Novotny MUCKLE... This is her brother. Sam is loved by all... unselfishly giving to all those around them always making you laugh. Most of all... 100% genuine. Sam is a person that lights up a room and leaves you with nothing short of feeling good about life...

Please reach into your hearts and do whatever possible to help us help our brother maintain some quality of life during this very difficult time.

Thank you...

Laurie Novotny, Jake Novotny, Lisa (MUCKLE) Novotny



For additional information and tickets please contact

Lisa Muckle @ (860) 445-4558

Tickets available at the door.

CONCERT DATES

Avril Lavigne

12 - Mohegan Sun, Uncasville, CT

Def Leppard

8 - Mohegan Sun, Uncasville, CT
9 - Civic Center, Providence, RI

Derek Trucks Band

5 - Mohegan Sun, Uncasville, CT

Dolly Parton

25 - Mohegan Sun, Uncasville, CT

The Duke Robillard Band

26 - Black-Eyed Sally's, Hartford, CT

Eric Burdon & The Animals

26 - Hubbard Park, Meridan, CT

Jackson Browne

4 - Perf. Arts Ctr., Providence, RI
6 - Chevrolet Theatre, Wallingford, CT

John Hammond

12 - Chan's, Woonsocket, RI

Julio Iglesias

30 - Mohegan Sun, Uncasville, CT

Michael Buble

10 - Civic Center, Providence, RI

The Moody Blues

27 - Perf. Arts Ctr., Providence, RI

Murali Coryell

19 - Black-Eyed Sally's, Hartford, CT

Ricky Skaggs/Bruce Hornsby

10 - Palace Theater, Waterbury, CT

Santana

5 - Mohegan Sun, Uncasville, CT

Stevie Nicks

20 - Mohegan Sun, Uncasville, CT

The Wallflowers

25 - Foxwoods, Mashentucket, CT



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BCHH - Ken Atkins
& The Honky Tonk Kind

Sat. 5th

FLESH HAMMER
& Guest

Fri. 11th - **JIM OBLON
BAND**

BCHH - JOSI WAILS

Sat. 12th - **RINGERS
FATAL FILM**
& Guest

Fri. 18th - **HAND GRENADE
SERENADE**

BCHH - SANDY ALLEN

Sat. 19th - **JOHNNY CARLEVALE
ALL STARS**

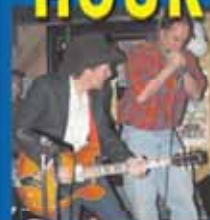
Fri. 25th - **SHAKEDOWN**
BCHH - VILLAGE JAMMERS

Sat. 26th - **YOUNG NEAL
& DAVE HOWARD**

Fri. May 2nd - **WAR PIGS**

Sat. 3rd - **ERIK NARWHAL**

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COLLAR
HAPPY
HOUR**



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SOUND WAVES 7



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12th - **RETROACTIVE**

19th - **FAT BETTY**

26th - **GREEN TEA**

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Tuesday ~ Fridays ~ Saturday

KARAOKE w/ DJ BRYNA

HAPPY HOUR ~ Monday - Friday 4pm-6pm
Food & Drink Specials

BEER PONG ~ EVERY NIGHT (2 tables)

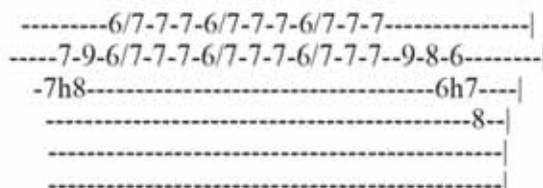
GUITAR HERO ~ EVERY NIGHT
EXCEPT DURING KARAOKE

Pool ~ DARTS - New Table, New Boards

MUSIC NOTES

"Present At The Creation"

By Mark T. Gould



At first glance, that may look like gibberish, but, trust me, it was, and is, the future of rock and roll.

The notation above is a tab to the first, and still the best, opening guitar riff of all time, and, arguably, where rock and roll began.

It is, of course, Chuck Berry's signature intro to "Johnny B. Goode," which, while not Berry's first song, clearly established him as the Father of Rock and Roll.

Now, thanks to the wonderful archivists at a company called Hip-o Select, you can hear the recorded evidence of the birth of this music, with the release of Berry's "Johnny B. Goode: His Complete '50s Chess Recordings."

While you can justifiably argue that Berry's seminal recordings, which, in addition to "Johnny B." also include "Maybelline," "Roll Over Beethoven," "Rock and Roll Music," "Sweet Little Sixteen," "Reelin' and Rockin'," "Around and Around," "Little Queenie," and a host of others, have been packaged, repackaged and packaged yet again, ad nauseum, in "hits" compilations over the years, this four-disc box set takes it one crucial step further.

What this remarkable package does is give the listener, and popular music historian within us, demos, outtakes, and rehearsal versions of all those great songs, among others, along side the familiar, seminal finished products, thereby allowing the listener to hear how Berry created, toyed with, added to, and put the finishing touches on those classics.

It is truly listening in on the birth of rock and roll.

And, it goes without saying that the results have been copied, lifted, nicked whatever you want to call it, by countless others since then, all to furnish the basis of just about every rock and roll song, attitude and performance since they were written over a half century ago.

That's not too bad for a kid from north St. Louis, where Berry, christened Edward Charles Anderson, grew up in a middle class neighborhood and began to play guitar and perform at an early age, and where he reportedly imitated both the guitar licks and the stage movements of legendary Texas guitarist T-Bone Walker.

By early 1953, he had teamed up with the Johnnie Johnson Trio, whose leader would become the unsung hero, secret weapon and architect of the signature piano roll, and role, behind virtually every great Berry song and riff.

Within two years, Berry had moved to Chicago, where he joined Chess Records, and, as they say, the rest is musical history.

As the authoritative liner notes to the Hip-O set appropriately point out, Berry's music was the product of a commingling of many styles and influences, capped off by his detailed writing, singing and playing.

While his music encapsulated and evolved from the many blues, swing and boogie woogie players of his day, Berry was also a big fan of country music, which played an important part in the delicacy and detail of his lyrics that dove straight into the wants and desires of Fifties youth, while his expressiveness and crystal-clear diction meant that he was not only listened to, but heard.

With that backdrop, the tracks on this box set are breathtaking. The 13 takes of "Sweet Little Sixteen," alone serve as just one sterling example of the ultimate creation of this classic, as Berry, Johnson and their classic backing band of bassist Willie Dixon and drummer Fred Below work up the arrangement, tempo and lyrics of the song.

And, that's just one of so many revelations contained in this set. Listeners will also hear earlier, alternate versions of "Little Queenie," "Around and Around," "Let it Rock," "Reelin' and Rockin'," and a host of others, all while being given an auditory ringside seat, literally, at the labors of Berry, and his band, that gave birth to what we've come to call rock and roll.

Listeners will get chills as they listen to Berry, in the studio, arguing, cajoling, frustrating himself, and finally finding that classic muse, complete with shouted commands to the other musicians and assorted and sundry riffs, some tossed off, some saved and built upon, as these soon-to-be classics were, worked, reworked, polished, and, ultimately, delivered.

After listening to this magnificent box set, it is clear that we have been given a glimpse into the genesis of virtually every riff, lyric and performance that we've heard in the past half century of this wondrous music.

Oh, my, that little country boy could play.



MARK T. GOULD, ESQ.

Attorney at Law



Personal Injury ~ Criminal
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Every Friday - Steamers

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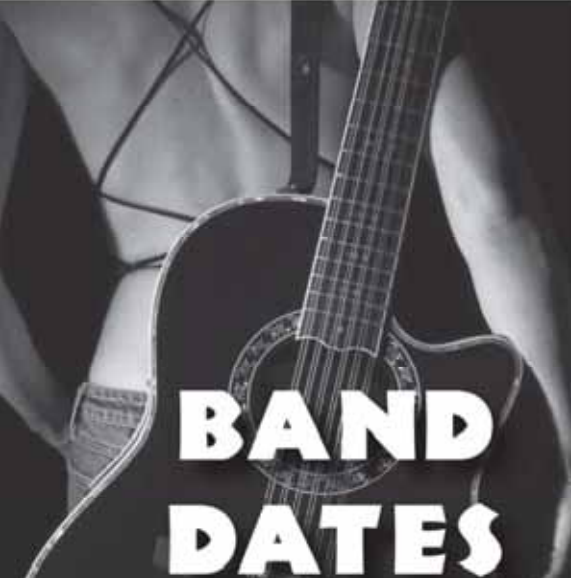
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We're a 1/2 mile in right. Next to the Occum Fire Dept.



BAND DATES

ALTER EGO

3 - Cleats, Westerly, RI
26 - Junes Pub, Killingworth, CT

THE BUZZ

5 - Stash's, New London, CT

CHASING BAXTER

19 - Time-Out Café, Groton, CT

DAN STEVENS

4 - Griswold Museum, Old Lyme, CT 6:30
5 - Harp & Dragon, Norwich, CT
10 - Perks & Corks, Westerly, RI
12 - G. W. Tavern, Washington Depot, CT
14 - Red Lion, Stockbridge, MA
17 - Angelico's, E. Hampton, CT 6-10
19 - C. C.'s, Southington, CT 7:30
23 - Dolphin Striker, Portsmouth, NH
25 - Black Bull Tavern, Rockland, ME
26 - Suds Pub, Bethel, ME
27 - Powow River, Amesbury, MA 11:30-2:30

DOGIE & THE COWPIE POACHERS

9,16,23,30 - Billy Goodes, Newport, RI
13 - Elks, Warwick, RI 1-5

DOUBLE FISTED

12 - Fat Cats, Colchester, CT
19 - Stash's Cafe, New London, CT
25 - Burke's Tavern, Niantic, CT
26 - Holiday Bowl, Groton, CT

1800 BAND

4 - Burke's, Niantic, CT
5 - Bleachers, Bristol, CT
11 - West Wings, Hartford, CT
12 - Maloney's, Meriden, CT
18 - Gilo's, E. Hartford, CT
19 - Fat Cats, Westchester, CT

10 SOUND WAVES

25 - JT's, Stafford Springs, CT
26 - Sweet Janes, Hartford, CT

EIGHT TO THE BAR

4 - Seven Angels, Waterbury, CT 8-10
11 - Towers, Narragansett, RI 7-10
18 - Aqua Turf, Plantsville, CT 8:30
19 - Center, E Lyme, CT 8:30-11:30

FACE FIRST

4,18 - Backstage Pass, New London, CT
25 - Majestic Rose, Norwich, CT

FRANK & JERRY

9,23 - Sully's Cafe, Groton, CT
11,26 - Billy Wilson's, Norwich, CT
12 - Hanafin's, New London, CT
15,29 - Daniel Packer Inn, Mystic, CT
18 - Haddam Pizza, Haddam, CT
19 - Holiday Inn, Norwich, CT
25 - Main St. Tavern, Old Saybrook, CT

THE GOAT ROPERS

4,19 - VFW, Taunton, MA
5 - Elks, E. Wareham, MA 8pm
2 - Columbus Hall, Framingham, MA
26 - Oak Hill Tavern, N. Kingstown, RI

GOPHERBROKE

3,17 - Riverwalk, Mystic, CT 8-11
4 - School St. Bistro, Westfield, MA 7-11
11 - Sidewalk Cafe, Hartford, CT 4-7pm
11 - Hub B&G, Canton, CT 8:30
12 - Bidwell Tavern, Coventry, CT
18 - Fresko's, Avon, CT
19 - McKinnon's, Hartford, CT
25 - Cracker Barrel, Tariffville, CT

GREEN TEA

5 - B & G Lounge, S. Windsor, CT
12 - Pump House, Southbridge, MA
26 - CC O'Briens, Pawcatuck, CT

JAGUARS

19 - The Lake Tavern, Dayville, CT
25 - Candlewood, N. Windham, CT
26 - Sneakers Cafe, Ashford, CT

JAMES HARRIS

4 - 84 High Street, Westerly, RI 8pm
9,12,16,23,26,30 - Daniel Packer, Mystic, CT
11,25 - Riverwalk, Mystic, CT

JAY DEMPSEY & HIGHWAY CALL

25 - Newport Blues Cafe, Newport, RI
26 - Brown Derby, Uncasville, CT

MATTHIAS STEELE

4 - High Noon Saloon, Norwich, CT
5 - P.J. O'Connors, Jewett City, CT
26 - Backstage Pass, New London, CT

MIKE SAVINO/THE SONS

4 - Nikita's Bistro, Middletown, CT 5-8pm
4 - Sofie's Watertown, CT 10PM
5,17 - Ivoryton Tavern, Ivoryton, CT
10 - Gilo's Cafe, E. Hartford, CT
11 - Ivory Restaurant, Deep River, CT
12 - June's Pub, Killingworth, CT
13,27 - Driftwood Cafe, Clinton, CT 8pm
18 - Crown & Hammer, Collinsville, CT
19 - Nikita's Bistro, Middletown, CT
25 - Side Street Grille, Hamden, CT

THE PIRANHA BROTHERS

5 - Holiday Inn, Norwich, CT
19 - Near The Lake Cafe, Stafford, CT

SUNDAY GRAVY

19 - Perks & Corks, Westerly, RI
25 - Stash's, New London, CT 5:30

TRIPLE PLAY

12 - Harp & Dragon, Norwich, CT
19 - Hanafins, New London, CT

WORLD'S SMALLEST QUARTET

3 - Angelico's, E Hampton, CT
4 - Billy Wilson's, Norwich, CT
5 - McKinnon's, Hartford, CT
9,16,23,30 - Griswold Inn, Essex, CT
11 - Ray's Seafood, Westbrook, CT
12,26 - Gelston House, E. Haddam, CT
18 - Main St Tavern, Old Saybrook, CT
19 - Bidwell Tavern, Coventry, CT
25 - Oliver's Taverne, Essex, CT

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**~ Pool Table
~ Darts
~ Keno
~ Shuffle Bowl**

LIVE MUSIC

Sat. 5th - **MAN DOWN**
Sat. 12th - **NEVER ENUFF**
Sat. 19th - **BOBBY CHRISTINA**
ALL-STAR BLUES BAND
Sat. 26th - "Return Of" **SLICK**
Sat. May 3rd - **LEFT OF CENTER**

Friday, May 4th ~ **BIKER BREAKOUT RIDE**
Rain or Shine ~ Meet at Bar 10am



For Info Call:

- George Wezner
(860) 887-4167
- Ricky Wezner
(860) 376-8161
- Joe Vasington
(860) 848-4773
- Barry Rudolph
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&



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Monday May 5th
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By Bill Harriman

Umphrey's McGee is a young, hot, and exciting Chicago based jam band whose influences include Frank Zappa, Steely Dan, and the improvisation of progressive jazz more so than the usual suspects such as the Grateful Dead, the Allman Brothers, or Phish. They first came together in the late nineties in the South Bend, Indiana area and in just the past year or so they've moved out of the clubs and into the theaters and their popularity continued to grow.

They're a five piece band whose members include Brendan Bayliss and Jake Cinninger on guitar, Joel Cummins on keyboards, Kris Myers on drums, and Ryan Stasik on bass. Everyone except Ryan contributes with the vocals. Last year saw the release of two very successful and very different recordings. "The Bottom Half" is the band's latest studio recording and it includes a unique and interesting additional disc of assorted outtakes. "Live at the Murat" is Umphrey's first official live release and arguably their best work to date. "Official" is the key word here as most Umphrey fans have downloaded scores of shows through the years. Umphrey's McGee is without question a very taper friendly band!

Umphrey's McGee is in the middle of a long tour that will bring them to our area on April 11th when they play the Calvin Theater in Northampton, on April 12th when they're at Brown University's Campus Green in Providence, and on April 13th when they play the legendary Toad's Place in New Haven. The tour was just getting started when I spoke by phone on March 4th with their extraordinary lead guitarist Jake Cinninger.

BH – I know that the band is ready to embark on a new tour. Do you still get excited about hitting the road?

JC - "Yeah, we just did three nights in Minneapolis at the First Avenue. And after a little day off we travelled twelve hours to Chicago and then jumped back on the bus and now we're in Bloomington, Indiana to do a show at the old infamous Bluebird where we played like thirty shows back in the day. Now we're doing like a fan appreciation show at this little hole in the wall spot that we used to

raise a lot of hell basically."

BH – OK let me get this question out of the way. How did the band get its name?

JC - "The origins are of an actual person. Brendan Bayliss, our other lead singer and guitar player has a cousin that lives down south who's a lawyer and his name is actually Humphrey Magee but it's not possessive with the apostrophe s. So the only thing that we made different was take his name and make it possessive. So I guess the band was either going to be called G-Spot or something stupid like Poop Factory and they opted for that. I think if you said it enough times it could possibly stick. I guess if you could read it and say it you might be able to remember it again. It's kind of a trick. It's like Jethro Tull. There's no one necessarily named Jethro Tull in there but for some reason they thought that was a good idea."

BH – Didn't Lynyrd Skynyrd name their band after a gym teacher or something like that?

JC - "Yeah he was just a mean old guy and I think that to get even with the guy who used to torture them, this is what I heard, they figured they name a rock band after him. He'll love that one!"

BH – So tell me Jake, how does a young guy like you go from being a metal drummer to a country musician to a member of Ali Baba's Tahini to a killer lead guitarist for a jam band like Umphrey's McGee?

JC - "My musical endeavor started pretty young about four or five. I wanted to be that drummer and I would play to my parent's great record collection and work on my timing. And then from there I slowly moved to the piano and classical guitar. So there was a lot of formal training in the early years before I even hit my teens to sort of get the knack to really play with all the fundamentals. And so that just led me into playing with as many groups as possible to sort of get the vocabulary. It's something that a classroom couldn't teach you, it's more about duking it out in small clubs in your early teens and learning a ton of songs you don't want to learn and having to represent them in a good light. So it's all about almost just going through the boot camp of music to become a live player and to play with a group of people. An ensemble like Umphrey's takes a lot of that liberal communication and I helps having a lot of experience in other forms. Then you can bring it to the table when everyone has that same idea of shifting from a bluegrass idea to jazz to metal to standard rock to a Rolling Stones to a Frank Zappa kind of thing at the drop of a hat. That's kind of what we've all dug and that's where the previous experience plays in."

BH – "What kind of music did your parents listen to?"

JC - "Well I come from a small little blue collar town in southern Michigan and my parents were really young when they had me. So there wasn't a whole lot of culture around but there was culture in their record collection. And it was everything from John Lee Hooker to Bach to Frank Zappa's 'Joe's Garage' and the Grateful Dead and any jazz that would come up. I was a huge Emerson, Lake, and Palmer fan as a kid. I thought it was some of the weirdest stuff I'd ever heard. I was drifting towards a lot more of the progressive rock stuff because I thought it

sounded different than like straight ahead blues or something like that. I knew early on that I kind of drifted more towards the classically interpreted rock at the time and that might have to do with some of our more progressive tendencies and the way we write music. It all comes from that era."

BH - Who were some of your early influences when it came to playing the lead guitar?

JC - "I would have to say Al Di Meola was like my first guitar god where I really realized he had something rhythmically special to say as a guitar player and obviously melodically as well. My uncle Robert Poole gave me a cassette of Al Di Meola's 'Casino' I think when I was like eight or nine and I knew this was special music and it was really complex and extremely tight. I really wanted to someday play like that. So that really set up like the quality control almost, right out of the gate with what my expectations or what I would love to get to. So I discovered Al and in my teens obviously and with metal Randy Rhoads was a huge mover for me because he was really melodic. He was classically trained and I was really steeped in the classical guitar. So I would say those two were probably the core movers and shakers for me when I was a kid."

BH - I remember first getting into you guys when the 'Anchor Drop' CD was released. There's a tune on there called 'Miss Tinkle's Overture' that I like to play when I feel like bothering the neighbors.

JC - "Yeah you're not supposed to sleep through that one!"

BH - My 6 year old son Kyle will insist that I play that one every time we're in the car together!

JC - "It is sort of like theme music in a sense, for whatever you want it to be the music is written in that intention. It almost sounds a little cliché if you think about the way the tune comes off so triumphant and grandiose. There's a little humor too and it almost harkens back to the way Zappa would make this really extravagant melody over like a rock band slamming through like a classical line you see. So I was just trying to reflect what Zappa would do to a rock format using classical melody"

BH - If I remember correctly didn't the tune 'In the Kitchen' win song of the year at the Jammy Awards a few years back?

JC - "Yes it did. We were pretty much blown away by it. Phil Lesh (host) announced 'oh my god it's Umphrey's Magee.' And we got to know Phil pretty well over the last couple of years when it was really important for us to know Phil. We were just this little band from Chicago that no one really knew and those kinds of experiences really blew the doors wide open for us."

BH - Last year's 'Live at the Murat' disc opens with that track. I love the way the song goes from acoustic to electric with an extended jam in between. I think it encapsulates the Umphrey's sound perfectly.

JC - "That's a good point. When we were putting together the record we obviously had two nights of material so about six and a half hours worth of stuff we could possibly use. And we thought why not be kind of risky



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and put a 32 minute bit right at the top of the record. And where everything was kind of tracked out but it's exactly the whole segue idea of being an improvisational rock band we kind of put right at the top of the disc rather than putting something safe and like three minutes right there. We wanted to really out of the gate let people know our ideology if you will with sort of the way we like to see live musical progression. It's kind of summed up in a nutshell in that song."

BH - Your website has a handful of podcasts that are available for our listening pleasure and all of your live shows are easily available to download. So with that said how can a band like Umphrey's McGee expect to sell a live disc?

JC - "That's a good question and I can definitely answer this. I'm a huge technical geek when it comes to studios and getting the most out of your music sonically. And this applies to that record because this is where we'll bring in just a truckload of preamps and just making everything twice as consistent as it normally would be compared to a live matrix mix which a lot of our live Umphrey stuff is. It's just a soundboard and a matrix of two microphones in the room. So that's what separates the two, that it's a multi-track session and we can go back and really tweak each tone and really comb over the whole audio spectrum with a fine tooth comb basically. It's just more of a professional product."

BH - Also last year you released a studio album called 'The Bottom Half.' I loved the fact that you included a second disc of nothing but outtakes. I considered it a gift to your hardcore fans.

JC - "Yeah and that was really the idea behind it to just sort of almost crack the code on how songs might be developed in our camp, and how things are just a small little blip on the screen of information and they end up turning into an elaborate song by the time we're done with it. If you can hear those steps and that process unfold and you hear the four track machine with hiss and you hear all the imperfections with it all and I think that's what people want is literally to hear that fingerprint of what makes a finished product."

BH - It seems like you guys have really embraced the jam band scene and the cross pollination that goes on within that community. Why don't you talk about that a bit?

JC - "It's all about letting your artistic wall down a bit, especially with your peers. Because really it feels good and it looks good when you got everyone under the sun that's great sitting in with you and you make this revolving door happen and it's kind of known that if you're a good musician and you want to come and sit in with us it will probably happen. It's like good politics and its fun because there's amazing things that come out of those little brushes we all these people that we've played with. It's all a big learning experience at the end of the day."

BH - That's how it was when I saw you guys with the String Cheese Incident and New Monsoon and Spearhead at the Big Summer Classic. You were at Western Connecticut State College. Remember that one?

JC - "Right that was a fun one. There was a little moat in front of the stage and I think that was the last show of the tour. I remember we were all trying to fit our equipment on that stage too. Imagine four or five bands worth of gear on this little stage just trying to make it work with everyone's crew and all the logistics behind it. But it all seemed to work."

BH - Do you enjoy going to Bonnaroo?

JC - "Yeah, it's just quite the event. It's kind of like a band's Super Bowl. It means so much. That one show is like fifty shows in one in terms of how much information you get across to a big body of people. And then it's talked about, it's sort of like a Super Bowl."

BH - I understand that you're all big Notre Dame football fans?

JC - "Yeah, actually I moved back to South Bend so I'm close to home."

BH - I hope things improve a little for you this year because last year really sucked.

JC - "There's got to be some kind of return to a glorious state obviously. But all we can do is hope because everyone's got the wind knocked out of them from last year so it's time to reassess the damage and there's quite a bit of damage! We need more damage control right now. But it's all hopeful. In a small town like South Bend everyone lives it and breathes it there. So it's really felt in the community there and it's nice to be a part of it. My family works there and it's always been a part of life in general."

On Wednesday May 7th the 7th annual Jammy Awards will take place at the Madison Square Garden Theater in New York City. This is an outstanding event where the jam band community comes together in a celebratory way. This year's event will be hosted by Warren Haynes and Grace Potter and Phish will receive a lifetime achievement award. Umphrey McGee's tour ends on May 4th and although they haven't been confirmed yet, it is more than likely that they will be there and that the "Live at the Murat" CD will be nominated for record of the year. For more information on Umphrey's McGee as well as hours of live music for your listening pleasure, please check out their website at www.umphreys.com.



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SOUPS

Soup of the Day	Cup 2.25 Bowl 3.25
Baked 3 Onion Soup Au Gratin	4.50

APPETIZERS

Lump Crab Cakes on Mesclun Greens with a fresh lemon Beurre Blanc	10.95
Fresh Tomato & Prosciutto Frazene with roasted garlic, red onions, fresh basil and olive oil with gorgonzola marsala cream	8.95
Fried Lemon Peppered Calamari with Hot vinegar peppers, and garlic basil butter sauce Add Guytanno's Red sauce	8.95 9.95
Jumbo Shrimp Cocktail with wasabi bloody mary cocktail sauce	each 2.50
Vegetable Spring Rolls served with sweet chili sauce	7.95

SALADS

Guytanno's Salad	7.95
Mesclun greens, pears, sun-dried cranberries pistachios, plum tomatoes, crumbled gorgonzola cheese with raspberry grapeseed vinaigrette	
Grilled Asian Marinated Duck Salad	9.95
Baby spinach, spiced pecans, bean sprouts, dressed with spicy chili soy vinaigrette	
Classic Caesar Salad	7.95
Anchovy balsamic Dijon vinaigrette, garlic herb crouton, Pecorino romano	
Appetizer portion	5.95
Add Chicken	3.25
Add Grilled Cajun Shrimp	each 2.50
Add Steak	5.00
Classic Spinach Salad	9.95
Baby spinach with mushrooms, red onions, red cabbage, hard boiled egg, feta cheese, warm bacon vinaigrette	
House Salad	2.95
Mixed greens, beets, plum tomatoes, fresh garden vegetables, herb croutons	
Choice of Salad Dressing	
-Parmesan Peppercorn - Chunky Blue Cheese	
- Balsamic Vinaigrette - Spicy Chili Soy Vinaigrette	

LUNCH

A Sample of Our Lunch Menu

Blackened Blue Burger	8.95
Cajun Spiced with Apple smoked bacon & Gorgonzola	
Guytanno Burger	7.95
8oz fresh ground beef grilled to order	
Grilled Chicken Sandwich	7.95
Blackened or Teriyaki style	add 50¢
Quiche of the Day	7.95
Lobster & Avocado Club Sandwich	12.95
Open Faced Steak Sandwich	10.95

ENTREES

Seafood Stuffed Scrod with lemon white wine butter	16.95
Crab Stuffed Sea Scallops with Gruyere cheese & sherry butter sauce	17.95
Baked Filet of Sole stuffed with shrimp, spinach, julienne vegetables & citrus buerre blanc	16.95
Catch of the Day	\$PTM
Ginger Macadamia Nut Crusted Tuna served with Soba noodles, julienne vegetables and a pineapple wasabi teriyaki drizzle	17.95
Grilled 20oz Porterhouse Steak	\$PTM
Grilled 12oz New York Sirloin with smoked apple bacon gorgonzola cream & port wine reduction or black pepper seasoned	18.95
Statler Breast of Chicken Du Jour	\$PTM
Guytanno's Veal Du Jour	\$PTM
Zesty Citrus Chicken Panko with Lemon Beurre Blanc	16.95
Grilled 8oz Filet Mignon with a caramelized onion, prosciutto, roasted red pepper cabernet sauvignon demi glaze	23.95

PASTA

Fettucini with Chicken with almonds, broccoli, Alfredo sauce	12.95
Sauteed Grilled Chicken & Prosciutto	15.95
with baby portobello mushrooms, pine nuts, plum tomatoes fresh rosemary, & marsala demi glaze cream over penne pasta	
Linguini Aglio Olio	9.95
sauteed with garlic, crushed red pepper, extra virgin olive oil & Pecorino Romano cheese	
Add Chicken	13.25
Add Shrimp	each 2.50
Add Sauteed Calamari	14.95
Baked Filet of Sole stuffed with shrimp, spinach, julienne vegetables & citrus buerre blanc	16.95
Sauteed Lobster	19.95
Plum tomatoes, scallions, white wine, Tomalley basil butter sauce over fettucine	
Seafood Pasta	18.95
Jumbo shrimp, scallops, calamari, with baby spinach, fresh tarragon, tomato parmesan cream sauce, or Guytanno's red sauce, over Tagliatella pasta	
Italian Sausage	15.95
with marinated broccoli rabe, hot vinegar peppers in a spicy tomato sauce over linguini	

Entrees served with potato du jour or hot & spicy
Linguini Aglio & Olio adn Vegetable du jour

DINING GUIDE



CHRISTOPHER'S

Groton, Connecticut

Ribs, Rock-N-Roll & More

www.partygroton.com

Cabs

Steak Night

Every Monday

\$12.99 6-9:00

12oz Rib Eye ~ Salad ~ Potato
Free Beverage ~ Draft

LADIES NIGHT

Every
Wednesday

\$1 Drinks

DJ DANCE PARTY

All Male Review
MEN FROM HEAVEN
April 23rd ~ 8pm

Karaoke Party

Thursday Night

w/ DJ DAVE 9 to close

Specials ~ Prizes ~ Giveaways

Saturday May 4th - 2pm

Sonny Novotny Benefit

Food - Raffles - 2 Bands

Fridays HAPPY HOUR

4-6

\$1.75 Drafts

50¢ off drinks

~ Free Buffet ~

Private Room & Catering Available

Fri Live Bands Sat

4

BRANDED

5

MISSGUYDID

11

MAN DOWN

12

**BIG
TEN
INCH**
Aerosmith Tribute Band

18

**NEVER
ENUFF**

19

**STILL
FACE**

25

**FAT
BETTY**

26

**LOOSE
CHANGE**

2

**VALENTINO
BAND**

3

**ALTER
EGO**

Route 1, Groton CT 445-6716