

NEW LONDON COUNTY • WINDHAM • HARTFORD • MYSTIC • RHODE ISLAND

Southern New England Waves

Volume 18
Issue 9
June 2008

CLUB LISTINGS
RESTAURANTS
MENUS
CONCERT INFO
BAND LISTINGS
REVIEWS
& MORE

**An
Interview
With**

CARLOS SANTANA

**Southern New England's
Leading Entertainment & Dining Guide**



STASH'S CAFE

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STASH'S IS THE HOUSE THAT ROCKS!

LIVE ENTERTAINMENT

Fri. 6th - **MIND, BODY & SOUL**

Sat. 7th - **FLOWERS & KAIN**

Fri. 13th - **SUGAR** *R & B
Hip Hop Beats*

Sat. 14th - **MORE COWBELL**

Fri. 20th - **DARIK & THE FUNBAGS**

Sat. 21st - **RADIO CATS** *Party
Rock*

Fri. 27th - **MISSGUYDID** *Party
Music*

Sat. 28th - *Closed for private party*

Sun. 29th - **VIC ELCI ORCHESTRA** 4-7

MONDAY NIGHTS

KARAOKE ~ DJ DANCE PARTY
w/Mike Mrazik 9pm

TUESDAY NIGHTS

PUB QUIZ NIGHT at STASHS
FREE TO PLAY - 7pm

Form a Team or Play Solo
Hosted by Nestor the "Quizmaster".
Pint Night! All Import, Craft and Microbrew
drafts are just \$3.00 during the game!

Complimentary Beverages
to Designated Drivers

Sunday 29th ~ 4-7

**VIC ELCI
ORCHESTRA**

Sunday Afternoon Swing

MONDAYS

~ **Pfizer Day** ~

Show your Badge & get
10% OFF Lunch or Dinner

SHOWTIMES:

Thurs 9pm Fri. & Sat. 10pm

Check out our Late Night Menu - **HAPPY HOUR BUFFET** Every Thursday & Friday

BASEBALL - BASEBALL - BASEBALL **WATCH THE GAMES AT STASH'S!**

\$7.95 - Dozen wings & Pint ~ \$14.95 - 2 Dozen wings & Pitcher
During the games

22 TV's ~ 2-10' Projection Screens

Happy Hour Fridays with Live Music!

FRIDAY 13th

6-9pm

FRIDAY 20th

**DICK CAMPO
BIG BAND**

VERTIGO

FRIDAY 27th

TRIPLE PLAY

Come Early and Have Dinner!

SUNDAY 29th

THE VIC ELCI ORCHESTRA

Enjoy an afternoon of swing at Stash's Cafe 4-7pm

**Friday
June 6th**

MIND, BODY & SOUL

Featuring Andre Danford

Special extended

Dinner Show ~ Starts at 8pm

**Friday
June 20th**

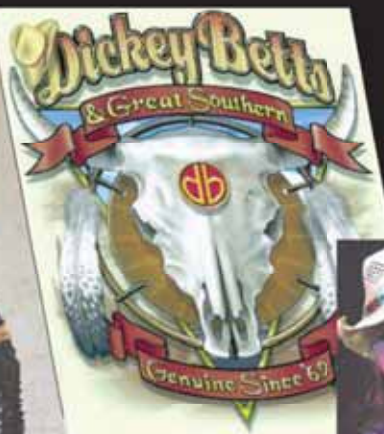
DARIK & THE

FUNBAGS

Outdoor Patio Open!

SOUL, JAZZ, & ROCK AT THE GARDE...

JUST ADDED



ON
SALE
NOW



AN EVENING WITH **SIMONE**

Thursday, June 19

8:00pm

Friday, June 20 8:00pm

Simone, daughter of musical icon Nina Simone, brings her vocal dynamism to the Garde in two intimate evenings in the Oasis Room. A highly-praised live performer with an exciting and diverse repertoire of pop, soul, jazz, rock and funk, Simone presents music from her new album *Simone On Simone*, a big band tribute to her mother's legacy.

DICKEY BETTS

AND GREAT SOUTHERN

Tuesday, June 24

7:30pm

Allman Brothers Band co-founder Dickey Betts along with his band Great Southern. Betts will showcase his legendary range, including jazz improv, western swing, and rock & roll.

*Event sponsor:
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Volkswagen of America*

Music co-presented with:

**Kitchings
Productions**

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A not-for-profit performing arts center



Sound Waves

June 2008

VOLUME 18, NUMBER 9

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WEDNESDAYS ~ Free Line Dancing Lessons 7-10

THURSDAYS ~ Ladies Nite ~ Most drinks 1/2 OFF (ladies) 7-close

FRIDAYS

WIN AN AUTOGRAPHED KENNY CHESNEY GUITAR!

NEW

ROCKSTAR SUNDAYS ~ Karaoke & Guitar Hero 9pm-1am
Cash Giveaways

Watch Your Favorite Teams with Speaker Boxes

Drink ~ Dance ~ Play Pool ~ Sing ~ Eat ~ Relax ~ Get Cozy

HAPPY HOUR EVERYDAY 4pm-8pm

Nookieyar Wings!

Steaks

Burgers

Hushpuppies

Pulled Pork

Daily Specials

J DUBBAYEW'S KITCHEN

Bar Food? No Way!

Open Daily 11am-11pm

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12 Wings for \$5

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143 RT 2A (Old Brookside) Preston, CT 860-889-5557

Hours: 11am-1am Sun-Thurs ~ 11am-2am Fri. & Sat

INSIDE THE WAVE

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RiverWalk RESTAURANT

14 Holmes St, Mystic CT

1 Block from the flagpole, across from the beautiful Mystic River!

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Mon-Sun
11:30 - 4:00 Lunch
Sun-Thurs
4:00 - 10:00 Dinner
Fri-Sat 4-11

HAPPY HOUR M~F 3-6
Free Wings & Discount Beers

Wed	Thu	Fri	Sat
Every Monday TOMMY G	Check Out Our Menu in the back pages	6 JAMES HARRIS	7 DAVE LAUDON DUO
11 BILL GOODSPEED	12 DAVE LAUDON DUO	13 PHIL NEWLAND & CHUCK DAVIS	14 DAN STEVENS
18 CHRISTOPHER JOHN	19 RON DRAGO	20 JAMES HARRIS	21 MORGAN DAVIS
25 BRANDON DAVIS	26 GOPHER BROKE	27 PHIL NEWLAND & CHUCK DAVIS	28 DAVE LAUDON DUO
2 BILL GOODSPEED	3 DAN STEVENS	"Serving Real Food for Real People"	Wine Tastings Every Tuesday Night (Seals must be purchased in advance)

MAILBAG



Dear Readers,

This month you will notice that there is no "Music Notes" Column. This is because Mark T. Gould needed the month off to study for his new position in his day job. He has been appointed as a Judge for the State of CT! He will still be writing for Sound Waves in the future. Congratulations Mark! Hopefully we only see you socially :)

As we all know, the price of gas is effecting everyone. What surprises me is that no one is out there protesting! People are changing their lifestyle, businesses are going out of business, and people are deciding between food or gas. And who is to blame for this? On the news the other night is showed how Exxon/Mobil made \$1300 per second in profits for the year 2007! Is this another Enron, but on a much larger scale? I don't know, but some questions have to be asked and the people should started demanding some answers before it get any worse. And I think it will be.

The only good thing about this economy is that we have many great places to relax close to home. So take some time off and look through these pages and find something fun to do. Also remember to tell them that you saw their ad in Sound Waves!

Till Next Month,
David L. Pottie
Editor/Publisher

KEEP IT A SAFE SUMMER

MADD
Mother Against Drunk Driving



DESIGNATE A DRIVER

Summertime means
sun and fun. Before
you include alcohol in
your plans, please
designate a driver -- it
may save your summer
and your life

www.Swaves.com

CONCERT DATES

Dickey Betts & Great Southern

24 - Garde Arts Center, New London, CT

Tab Benoit

18,19 - Chan's, Woonsocket, RI

Brooks & Dunn

21 - Dodge Center, Hartford, CT

Tinsley Ellis

7 - Blues Festival, Berlin, CT

13 - Chan's, Woonsocket, RI

Gladys Knight / Al Green

29 - Foxwoods, Mashantucket, CT

Cyndi Lauper

6 - Foxwoods Casino, Mashantucket, CT

Dave Matthews Band

13,14 - Dodge Center, Hartford, CT

Pearl Jam

27 - Dodge Center, Hartford, CT

Tom Petty

11 - Dodge Center, Hartford, CT

Boz Scaggs

14 - Yachting Center, Newport, RI

Smokey Robinson

7 - Foxwoods Casino, Mashantucket, CT

Mavis Staples

14 - Festival Of Arts, New haven, CT

Ringo Starr

22 - Mohegan Sun, Uncasville, CT

Steely Dan

25 - Chevrolet Theatre, Wallingford, CT

Steve Winwood

11 - Dodge Center, Hartford, CT

Todd Wolfe

13 - Bank Street Cafe, New London, CT

Stevie Wonder

19 - Mohegan Sun, Uncasville, CT

ZZ Top

20 - Chevrolet Theatre, Wallingford, CT

www.Swaves.com

GATES open at 5:30pm
SHOWS start at 7:00pm
* GATES open at 5:00pm



Saturday, June 14, 2008

BOZ SCAGGS

\$60 Advance / \$68 Day of Show

Sunday, July 6, 2008

MELISSA ETHERIDGE

Special Festival Performance
Newport Sunset Music Festival Series

\$95 Advance / \$105 Day of Show



Monday, July 7, 2008

PLAIN WHITE T'S

w/ Mae & The Kung Fu Girls

\$35 Advance / \$40 Day of Show

Friday, July 11, 2008

JIMMIE VAUGHAN

Special Guest: Lou Ann Barton

\$25 Advance / \$30 Day of Show



Saturday, July 12, 2008

INDIGO GIRLS

\$35 Advance / \$40 Day of Show

Thursday, August 21, 2008

JOHN HIATT

& The Ageless Beauties

\$30 Advance / \$35 Day of Show



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SOUND WAVES 7



Concerts 2008 in the Park



**All Concerts Are in Washington Park
All Concerts Start at 6:30 PM**

Events in June



The Cartells

Jay Dempsey & Highway Call – June 20

The Black Burns – June 27

Events in July



High Times

9Teen – July 11

The Dick Campo Big Band – July 18

High Times – July 25

Events in August



9Teen

The Cartells – August 8

Rock 'n' Soul Revue – August 15

Concert Info Line: 860-446-4128



The Dick Campo Big Band



Rock 'n' Soul Revue

Rain Dates – August 22, 2008 & August 29, 2008



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Friendly Irish Sports Cafe with a wide variety
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Daily food specials--Homemade soups

Serving full menu until midnight daily

GREAT BANDS EVERY SATURDAY NIGHT

7th - **FULL CIRCLE**

14th - **THE PHANTOMS**

21st - **SKINNY MULLIGAN**

28th - **GREEN TEA**

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Serving the Best in Cajun & Creole

"A Taste of New Orleans in Mystic"

Etouffee - Gumbo - Jambalaya

LIVE MUSIC
Fri. 6th - **BAREFOOT TRUTH**

Thurs. 12th - **CHASING BAXTER**

Friday 13th

KEVIN CRANDALL BAND

Fri. 20th - **KGB BAND**

Fri. 27th - **KEVIN & HEATHER**

Thurs. July 3rd - **2 CAT ZOO**

Patio Party ~ Sunday 22nd ~ 5-8pm

VINCE THOMPSON & FRIENDS

KARAOKE EVERY SATURDAY NIGHT

Serving Breakfast on Sundays 9 - 12

Serving Lunch & Dinner



ROCK THE DOCK AND RIDE THE BULL!

Every Monday night this summer

From 6-10 ride "El Toro" the bull for free (8-10 must be 21 or over)

Win the prize of the night from Q105's Nancy Hall

for the longest run from 8-10 &

a chance to win the grand prize on Monday, Aug. 25th

4 tickets to the Professional Bull Riding tour event @ Mohegan Sun
also includes VIP party passes prior to event

Mon	Tue	Wed	Thu	Fri	Sat	Sun
NEVER A COVER AT THE RIB!						
9 Ride the Bull DJ BOB 6-10	10 DAVE RODRIGUEZ 6-10 on the patio (weather depending)	11 JIM HEALY MONSTERS 6-10 on the patio (weather depending)	12 James Junk Bus 8-12 on the patio (weather depending)	13 NICK FRADIANI Sgt as the patio BLOOMER 9pm	14 RICH GRAY Sgt as the patio LEE & EDDIE 9pm	15 FUNK BROTHERS 5-9 as the patio DJ BOB 9-12
16 Ride the Bull DJ BOB 6-10	17 BILL MEGOFNA 6-10 on the patio (weather depending)	18 JIM HEALY MONSTERS 6-10 on the patio (weather depending)	19 Acoustic Two 8-12 on the patio (weather depending)	20 JOE ARMAND Sgt as the patio 2 PIECE WASTE 9pm	21 FRANK VALENTE Sgt as the patio DAVE MAC TRIO 9pm	22 DOODLE FISTED 5-9 as the patio DJ BOB 9-12
23 Ride the Bull DJ BOB 6-10	24 Dave Mac Duo 6-10 on the patio (weather depending)	25 BUS DRIVERS 6-10 on the patio (weather depending)	26 James Junk Bus 8-12 on the patio (weather depending)	27 BARRY RUSSO Sgt as the patio TBA 9pm	28 IAN CAMPBELL Sgt as the patio JACOB 9pm	29 DELAENA 5-9 as the patio DJ BOB 9-12
30 Ride the Bull DJ BOB 6-10	Overlooking the beautiful Narragansett River ~ Offering both indoor and outdoor dining Featuring the best cuisine on the southeastern coast! Where the only thing better than the view is the food!					30 STEVE DUNN BAND 5-9 as the patio

378 Rope Ferry Rd. Waterford, CT ~ 860-443-RIBS (7427) ~ www.sunsetribs.com

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June 14th

**HARD
KNO** 

Join us July 4th
We'll be Open All Day

Watch All The
Major League Baseball Here!

Join us for
NASCAR SUNDAYS
Enter our pools!

**EVERY TUESDAY
KARAOKE**
with SEAN 9:30-1

Thursdays is Thirsty Thursdays!

Drink Specials ~ 1/2 price Appetizers 4-8

Starting Thurs. June 26th ~ **TRIVIA**
Starting at 10pm ~ Cash Prizes & DJ Danny O

**SATURDAYS
DJ DANNY O - 10pm**

*Enjoy Our Great Food!
Full Menu from 11am*

FREE POOL on Sundays

**2 Pool Tables ~ Big Screen TV
Golden Tee ~ Darts**

BAR FLY JOURNALS

By Stephanie Shawn

This month my barfly wanderings have taken us to..... drumroll please.....the HANDLEBAR CAFE'S Thursday Night Poker Run. As avid readers of SOUNDWAVES magazine, I'm sure you are all familiar with this event, held on thursdays, approximately once a month for May, June, July, August and September, or as weather permits. This event is for motorcycles, streetrods or the family wagon, if it's all you got. We all meet by 6 o'clock on the assigned date, pizza is generally available and Dawn and Donny, from ON A ROLL Deli, are always handy for this and anything else that you would like to eat before we leave.

The object of the game is to get the best hand, with the five cards you will receive throughout the night at each stop. Hence, the name, POKER RUN. Brilliant, I tell you. We start out at the HANDLEBAR CAFE, where I work on Thursday's. At that time, everyone on the run, pays a fee, usually 10 dollars to join the game. We then leave the bar, taking beautiful scenic routes throughout Connecticut and Rhode Island. Throughout the approximately two hours that we are gone you will receive 3 more cards. Then, when we arrive back at the HANDLEBAR.. you get your last card.....Got It? It's actually a lot of fun and we usually have a very enjoyable time....Oh yeah, did I mention that when we get back to the Bar, the person with the best hand wins.....Pretty cool, huh?

So anyway, this was our first Poker Run of the year, for the third year running. We started out at the Bar, as usual, because I work there, and it's my Run, so there!!! We had pretty good turnout and some really nice people showed up. We were also celebrating Jessica and Justin's Birthdays. Happy Birthday!! Bobby and Frank showed up with their supercool streetrods and I was driving my '38 Ford. Pretty Hot. Rose was there from Clydesdales, Scotty the Hot-tie., Rachel and Danny, Frankie and Candice?, JimmyB, Shawn, Eddie St., JohnnyB, Justin and Tanya John C and Donna the RedHead and her curly-haired, blonde friend. And Fuzz is in charge of handing out all the cards. Card 1.

After lining everyone up, "saddling up", we headed out....and immediately ran into a roadblock, at the remains of an apparently terrible accident, on Route 1. So, we had an even prettier ride through Stonington on 1A. We took Route 1 all the way to our first stop, the GOLD CLUB, in Groton. Personally, it's not really doin' it for me, but the guys, who kinda cower in small groups, tell me they enjoy it. We were out of there fairly quick. Card 2.

We then took 95 to STASH'S in New London. Love it there! Tried a small road race with Bobby, but he was not having it. I think I intimidated him with my awesome power. We were sad to hear that Steve, our favorite STASH'S cook and part-time HANDLEBAR patron had left for another bar. Maybe we'll see him around soon. The girls working the bar at Stash's are always beautiful and quick, two extremely important qualities in a bartender. Fabu-

Continued Page 21

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THE LYME TAVERN SPORTS BAR

**HAPPY
HOUR
M-F
4-7**

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Out the
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Food & Drink Specials
Buffet on Sundays

**17 DIFFERENT
BEERS ON TAP**
Always Drink
Responsibly!

**KARAOKE
EVERY
SATURDAY**

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Steamers are Back! The Best in Our Area for Over 30 years!
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TROPHIES & CASH PRIZES
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Every Monday

\$12.99 6-9:00

12oz Rib Eye ~ Salad ~ Potato
Free Beverage ~ Draft

LADIES NIGHT

Every Wednesday

\$1 Drinks

DJ DANCE PARTY

All Male Review
MEN FROM HEAVEN
June 25th ~ 8pm



MEN FROM HEAVEN

Karaoke Party

Thursday Night

w/ DJ DAVE 9 to close

Specials ~ Prizes ~ Giveaways

Fridays HAPPY HOUR

4-6

\$1.75 Drafts

50¢ off drinks

~ Free Buffet ~

Private Room & Catering Available

Fri Live Bands Sat

6

**RUN
4 COVER**

7

THE BUZZ

13

**FAT
BETTY**

14

BRANDED

20

**STILL
FACE**

21

**ALTER
EGO**

27

**BEGGAR'S
DAY**

28

**LUMP
FISH**

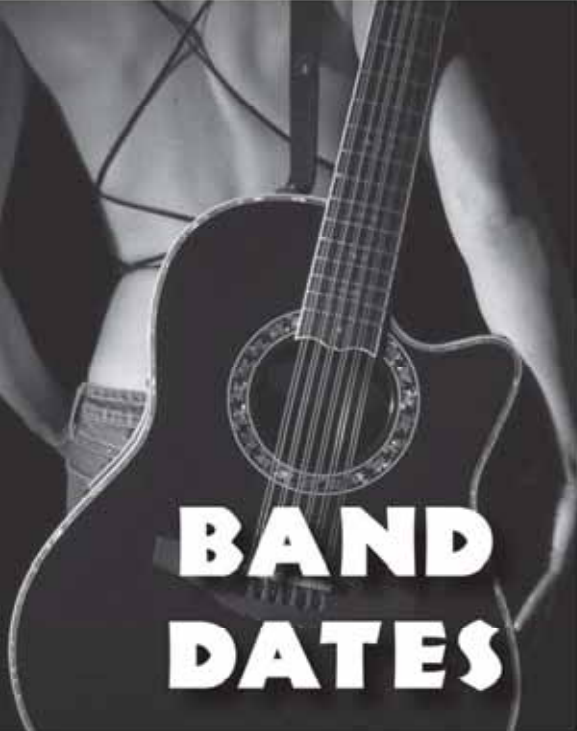
4th of July Weekend
Thursday 3rd

MISSGUYDID

Friday 4th

**MUNSELL
BROTHERS**

Route 1, Groton CT 445-6716



BAND DATES

ALTER EGO

13 - Mad Murphy's, Middletown CT
21 - Christopher's Cafe, Groton, CT

THE BUZZ

7 - Christophers, Groton, CT
27 - Burkes, Niantic, CT

DAN STEVENS

5,14 - RiverWalk, Mystic, CT
6,11,13 - Dog Watch, Stonington, CT
7 - Penny Lane, Old Saybrook, CT 7:30
10,17, 24 - Lenny's, Old Lyme, CT 4-6
12,18 - Perks & Corks, Westerly, RI
19 - Angelico's, E. Hampton, CT 6-10
20 - Yale Hospital, New Haven, CT noon
21 - C. C.'s, Southington, CT 7:30
25 - Giuseppe's, Meredith, NH 7:00
27 - The Bog, Waldoboro, ME 4-6
27 - Coveside, S. Bristol, ME
28 - Harbor Inn, York Harbor, ME
29 - Powow, Amesbury, MA brunch
29 - Dolphin Striker, Portsmouth, NH
30 - Campgrounds, Damariscotta, ME

DOGIE & THE COWPIE POACHERS

11,18,25 - Billy Goodes, Newport, RI

DOUBLE FISTED

6 - Burke's Tavern, Niantic, CT
14 - Pleasant View Cafe, Somers, CT
15 - Sunset Ribs, Waterford, CT 5-9pm
17 - MGM Grand, Mashantucket, CT 5-10
19 - Esker Point, Noank, CT 6-8pm
20 - Albert's Riverside, Windsor, CT
28 - Bulkeley House, New London, CT

14 SOUND WAVES

DYN-O-MYTE DISCO REVIEW

6 - Taste of the Valley, W. Springfield, MA
7 - Samoset Club, Rockport, Maine
14 - Ultimate Billiards, Berlin, CT
20 - Geraldine's, W. Springfield, MA
21 - Harbor Park, Middletown, CT
27 - 313 Campbell Ave, W. Haven, CT

FRANK & JERRY

3,17 - Daniel Packer, Mystic, CT
4,18 - Sully's Cafe, Groton, CT
5 - Bill's Seafood, Westbrook, CT
6 - Main St. Tavern, Old Saybrook, CT
7,27 - On The River, New London, CT
14 - Cafe On Main, Colchester, CT
21 - 84 High Street, Westerly, RI
28 - Harp & Dragon, Norwich, CT

THE GOAT ROPERS

15 - Elks, Warwick, RI 1-5
21 - Fitzgerald's, Webster, MA
27 - V.F.W., Taunton, MA 8:30
28 - Canal Cruise, Onset, MA

GOPHERBROKE

6 - School St. Bistro, Westfield, MA 7-11
7 - Hub Bar, Canton, CT
11 - Red Lion, Stockbridge, MA 8-11
13 - Cracker Barrel, Tariffville, CT 5-8
14,29 - Frankie's, Westbrook, CT 7-10
21 - Cafe on Main, Colchester, CT
26 - Riverwalk, Mystic, CT
28 - McKinnon's, Hartford, CT

GREEN TEA

7 - Sandy's, Misquamicut, RI
20 - The Grog, Newburyport, MA
28 - C.C. O'brien's, Pawcatuck, CT

JAGUARS

21 - Bulkeley House, New London, CT
28 - Sneakers, Ashford, CT

JAMES HARRIS

6,20 - Riverwalk, Mystic, CT
7 - 84 High Street, Westerly, RI
11,14,18,25,28 - Daniel Packer, Mystic, CT
25 - Costello's, Noank, CT 6pm

JAY DEMPSEY & HIGHWAY CALL

20 - Washington Park, Groton, CT 6pm
28 - Brown Derby, Montville, CT

KEVIN CRANDALL BAND

5 - Sacred Heart, Groton, CT 5:30-10
13 - The Voodoo Grill, Mystic, CT

28 - NFA, Norwich, CT 3pm

LIVINTRUST

8 - Red Door, Watertown, CT 7pm
13 - Rebel, NYC, NY
14 - Bill Bar, Boston, MA
19 - Allstars, Manchester, CT
21 - Webster Theater, Hartford, CT
26 - JR Fastlanes, Cranston, RI

MATTHIAS STEELE

28 - Voodoo Daddy's, Gales Ferry, CT
29 - Elks, Smithfield, R.I.

MIKE SAVINO / THE SONS

5 - Little Stone House, Guilford, CT 6-8pm
6 - Anna Liffy's, New Haven, CT 5:30-8pm
6,12,26,28 - Ivoryton Tavern, Ivoryton, CT
7 - Cugino's, Cheshire, CT 8pm
8,22 - Ryan's Driftwood, Clinton, CT
9,16,23,30 - Outback, Killingworth, CT
13,14 - St Anthony's, New Haven, CT 7pm
19 - Skyline Rest., Windsor Locks, CT 6pm
20 - Nikita's, Middletown, CT 9pm
21 - Little Stone House, Guilford, CT 12:30
21 - Ivory Restaurant, Deep River, CT
27 - Old Corner Cafe, Nagutuck, CT 8pm

NVRKNO

13 - Green Leaf, Hebron, CT

RED LIGHT DISTRICT

7 - Murphy & Scarletti's, Farmington, CT
14 - Brown Derby, Uncasville, CT
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CARLOS SANTANA

PLAYING WITH MUSIC'S INNER POWER

By Rex Rutkoski

The Southeast Asian winds swept in from the South China Sea, coaxing the sand into a frenetic dance.

The year was 1970. The scene was the coastal region of South Vietnam. Two American soldiers stood looking toward home, 10,000 miles in the distance, dreaming the homesick dreams that their fathers and grandfathers probably did in wars before them.

One lifted a set of headphones to his buddy's ears, telling him "You have to hear this!"

It was Carlos Santana and the soldier was experiencing him for the first time.

Magic happened at that moment in that sometimes cruel, sometimes beautiful, land. Time stopped.

The sand still danced, but now even it seemed to be under the hypnotic spell of this masterful musician who touched the soul with each gentle stroke of his guitar.

Geography no longer was a consideration.

The soldier still was in Vietnam, but he just as easily could have been back in the United States, or anywhere else in the world. As long as the music played, bringing him solace, bringing him inner peace, it didn't matter.

...Fast forward to today and that Army veteran, now a music writer, is telling Carlos himself how his music, emotionally speaking, saved his, and a lot of his fellow soldiers', lives. Its strength, its heart, its otherworldly essence, made him, and them, feel less alone, closer to home.

Santana is gracious in acknowledging the compliment. He, too, is driven by music's inner power. The writer

knows that Carlos has heard similar stories before. In one sense, they are a touchstone for the musician, letting him know he is going in the right direction with his art.

He speaks of using the opportunity provided to him with his success to continue sharing his heart and his soul and all that he has learned in life with the world.

"Judging by the letters I get and the emails from people, I am making an impact," he says. "People say they always find some kind of solace in the sound and the music. They tell me 'Your music makes it more bearable to live in this planet.'"

Santana says he sees that as an incredible validation that his music "is like a healing balm."

"It is not easy being in this planet, whether you are Donald Trump or Michael Jordan. Money doesn't buy you happiness. Whoever you are, it's not easy being on this planet."

John Coltrane reminded us of that. So too did Bob Marley, Carlos says.

So, you learn, if you are fortunate, to appreciate all that you are given, Santana implies. "You say, 'Oh, God, thank you! I can wiggle my toes. I can French kiss. I can actually dream and go after it.' There are a lot of things to be grateful about. The best things in life are free. Go discover that for yourself."

Many, decades earlier, already had discovered that there was something special about Carlos and his music -- long before his landmark "come-

back" achievement with 1999's "Supernatural" album, which sold over 25 million copies worldwide and spent 102 weeks on the Billboard album charts, including 12 at number one, generating nine Grammy awards, including "album of the year."

As the artist runs through a litany of names that have inspired him, including Stravinsky, Coltrane, Wayne Shorter, Charlie Parker, Miles Davis, and John Lee Hooker, he accords them the ultimate praise. They were and are playing music of the spheres, he says. "I don't play that. I wish I could," he adds.

Some would argue, it's suggested to him, that he is doing



that for them. His is that "music of the spheres" for many.

Carlos considers the observation, smiles, then speaks.

"Basically, I can say I swim in a big old lake and they swim in the ocean, but a lake is still better than a swimming pool," he says, laughing.

Doesn't he believe that in another century someone will be listening to his music, just as they will to the heroes that he embraces?

"Hopefully certain songs that transcend the radio format," he says. "There is a different kind of radio," he says. "That radio has a certain frequency that you tune in the other side."

It's there, he says, that you hear Hendrix and Coltrane, Marley, Miles and others.

"It's the kind of music that reminds you of totality and divinity and holiness, the other energy where there is no guilt, condemnation or fear," he adds.

That kind of music (and his fans know that Carlos' music is part of that soundtrack) is all around us, like electricity, he says. "Unfortunately, we don't know how to turn it on like electricity. We just learned how to turn on the switch for electricity, and it's been there all along."

The always philosophical Santana says there is an inner switch we can turn on daily and which can be a conductor to a different kind of energy, like the energy of a Wayne Shorter or Stravinsky, playing sounds and vibrations that can wake up the multitudes to their own divinity.

Carlos is told of an observation by jazz artist Wayne Shorter, who spoke of wanting to open people up to the possibilities, starting with himself. "I want my music to be an adventure, uplifting and overcoming things, overcoming those harsh realities and using those realities for fuel for growth so we can get on the high road," Shorter said.

Santana: "I adore Wayne Shorter. Don't you just love it when he says that?" Those, too, are his goals, he assures - "100 percent."

He shares his own story of Shorter:

"Someone once asked him, 'Do you want to rehearse?' Wayne said, 'How do you rehearse the unknown?' Wayne Shorter is the cat's pajamas of this planet. I saw firsthand how Miles' (Davis) eyes looked at Wayne. We all look at him with adoring eyes. His music is a sign to make us feel divinity and holiness and absoluteness."

Santana thinks of himself as a dreamer, "creating a bridge of light."

"Like (Nobel Peace Prize winner and South African religious leader) Desmond Tutu or Wayne Shorter, we dream of creating a new dimension on this planet where water and electricity are free and we transform the unnecessary dramas. We, like Wayne and Marley and Coltrane, we dream of creating a world where the multitudes rise up to a higher consciousness."

It's mentioned to Carlos that he seems to have reached a place that many people would like to be: comfortable with himself, at peace with himself.

He began feeling that way, he says, in the mid-'90s, and especially when he was making "Supernatural."

"I learned so much from Dave Matthews and Wyclef (Jean) and a lot of the younger people who were deeply comfort-



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able in their own skin," he explains. "I was always learning from Dave Matthews and Rob Thomas how to be that comfortable, where you actually have a good time with yourself no matter where you are. That started it for me. Wayne and Herbie (Hancock) are like that."

He says he saw a spiritual light in Matthews. "He loves and adores the things I love: Billie Holiday, Coltrane, Miles."

Santana says he does not play music to pay the rent but to remind people of the big picture of life.

"The big picture of life is beauty, elegance, excellence, grace and dignity, and all of us have goodness inside of us," he says. There is a place, he says, where there is "just light, pure light." Coltrane, he believes, is one artist whose music expresses "the language of light."

And, does Carlos Santana try to be part of that light?

"Not to blind people, but guide them to their own light, to remind people that everyone has their own capacity to create a masterpiece of joy in life, to use the colors of emotions like tools," he responds.

Santana says he wants to use every color available to him to "paint rainbows" with his music.

Unlike him, some artists seem afraid to do that, perhaps because they think their fans won't stay with them if they explore.

"I'm not wired to play for people's minds or for critics. I'm not wired to win a popularity contest or receive awards," he says. "I'm wired to follow my heart in the same way as Coltrane or John Handy, to play outside the frame, blow the ceiling away. Some people are content with living with really small ceilings. I can't do that. I'd rather wash dishes or shine shoes if I can't play music in all of its colors."

"If I was just a Latin or blues player, to me that would not be enough, with all respect to BB and Albert King. I need the fullness. Blues is just like garlic, just the flavoring."

What, then, makes Santana music Santana music?

"It's sensual and spiritual," he replies. "People say 'Oh, my God!' when they come. It's an incredible gift from

God to us, like food. Everybody has an appetite for sensual expression."

He plays from the heart, he says. "That means the opposite of synthetic, plastic and phony when you play from the heart. It's like watching a two-year-old buck-naked playing. His eyes are full of light and he's smiling. That's just it, when you play from the heart."

Is that a hard thing to do?

"For intellectual people, yes," he says. "People go to the gym and develop their muscles. You have to learn to meditate, to bypass the brain. The brain is the house of doubt and criticism. The heart doesn't see that. Like a two-year-old child playing in the sand box, you are free."

He plays music from the heart to be connected to everybody, all colors, Santana suggests.

"It's more rewarding to go to Africa and not be a tourist. When I go to Africa I'm part of the family. They all let me know it," he says. "They say 'You represent the heart and soul of who we are, not the white man coming to exploit or steal our music or colors.' I'm very honored."

All of his albums, he says, are extensions of the journey he is having on this planet, "of meeting people and exchanging and growing."

There is a deeper message that he wants people to take from his music in general.

"I would like everyone, as many as possible, to understand the sacredness of unity and harmony, to not be afraid of people just because their nose or skin or hair is different. That is so primitive and stupid and ignorant," he says. "To actually call your sister or brother an alien, if they are from the same planet, that is stupid. How can you actually be afraid of someone because their eyes or skin are different?"

Santana assures that he has confidence in what his heart's intentions are. "It means I'm happy with my existence. I'm not the kind of

person who says 'it should have been' or 'I should have done.' I don't do that. I'm doing the best I can, when I wake and when I'm sleeping, to be a better person. That's

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enough for me. If I know I'm giving my best, I don't torture myself."

It seems apparent that Santana has been able to divorce himself from the pressure that others in the business feel, such as not worrying about following up a monumental success like "Supernatural," or whether he may be his own hardest act to follow.

He is asked how he got to that place.

"I never worried about making a living," he replies. "I don't spend four hours or five minutes in front of the mirror, not even that. I'm not wired to please. I don't have to get a nose job or have mirrors all over my house, with all respect to people who do that. To me that would be an extremely boring waste of time.

"I'm wired to take a cold shower and call Wayne or listen to Coltrane or Miles and compare notes. I'm wired to do something a little more important to me. I'm not into Carlos. I'm into life and God and people. That makes it easy to roll up my sleeve and give it my best."

Bar Fly Journals Continued

lous! They also offered a free buffet, that our crew took complete advantage of. I saw Bobby and Frank wolfing down some delicious looking tacos. Wish we had time to enjoy one of STASH'S bands, but we have to keep things moving. If you haven't been to STASH'S in a while, it's really nice in there with two large bars, a big band area and dance floor, a lot of tables, beautiful bathrooms (remember the old ones?) and a really cool outdoor patio area, with heaters and everything. The smokers tend to congregate outside, but it's really nice for everyone. DBell, Dean and Eugene met up with us there. Card 3.

We then took 32 over to Preston to DOUBLEDOWN, previously known as Brookside for years. And if you haven't been there in a while, well let me tell you, worth the drive! A big, open feel, many pool tables and da, da, da dahhhh..... a mechanical bull !!!!! How can you go wrong with that?? This is, of course, the highlight of our evening. We are bull ridin' fools. I rode, I was thrown, well, kinda tipped. I rode again, flopped, rode again, fell forward on my face. The usual. After my embarrassing ride, most people are willing to risk their own humiliation. Obviously, at this point, alcohol, may also be a factor. And so we rode. Jimmy B. took alot of thrilling action shots. I'm sure you can imagine, but in case you can't, I'm hoping Dave will print some. Card 4.

We had an uneventful ride home, and were back at the HANDLEBAR. Card 5. I then take over bartending from Arthur, who has been waiting, oh, so patiently, for our return. Fuzz, then comes into his own, as he wields total power over the surging crowd, waiting for him to open their cards first. (Note: All the cards are in sealed envelopes, because of rampant cheating the first year). Lots of nail-biting and shouting, then..... It was then down to me and curly-haired blonde girl. I didn't win. Anyway, as required, curly-haired, blonde girl set up the whole bar, so everyone was happy again. You shoulda been there.

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of June's Poker Run, or just stop by anytime to visit Betsy or any of our fabulous bartenders. Can't wait to hear from any of you who are bored enough to email me barfly2u2@yahoo.com. Who knows where I'll end up next month? But I hope I see you there!!!



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BY LARRY NADOSKY



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CONTINUED PAGE 26

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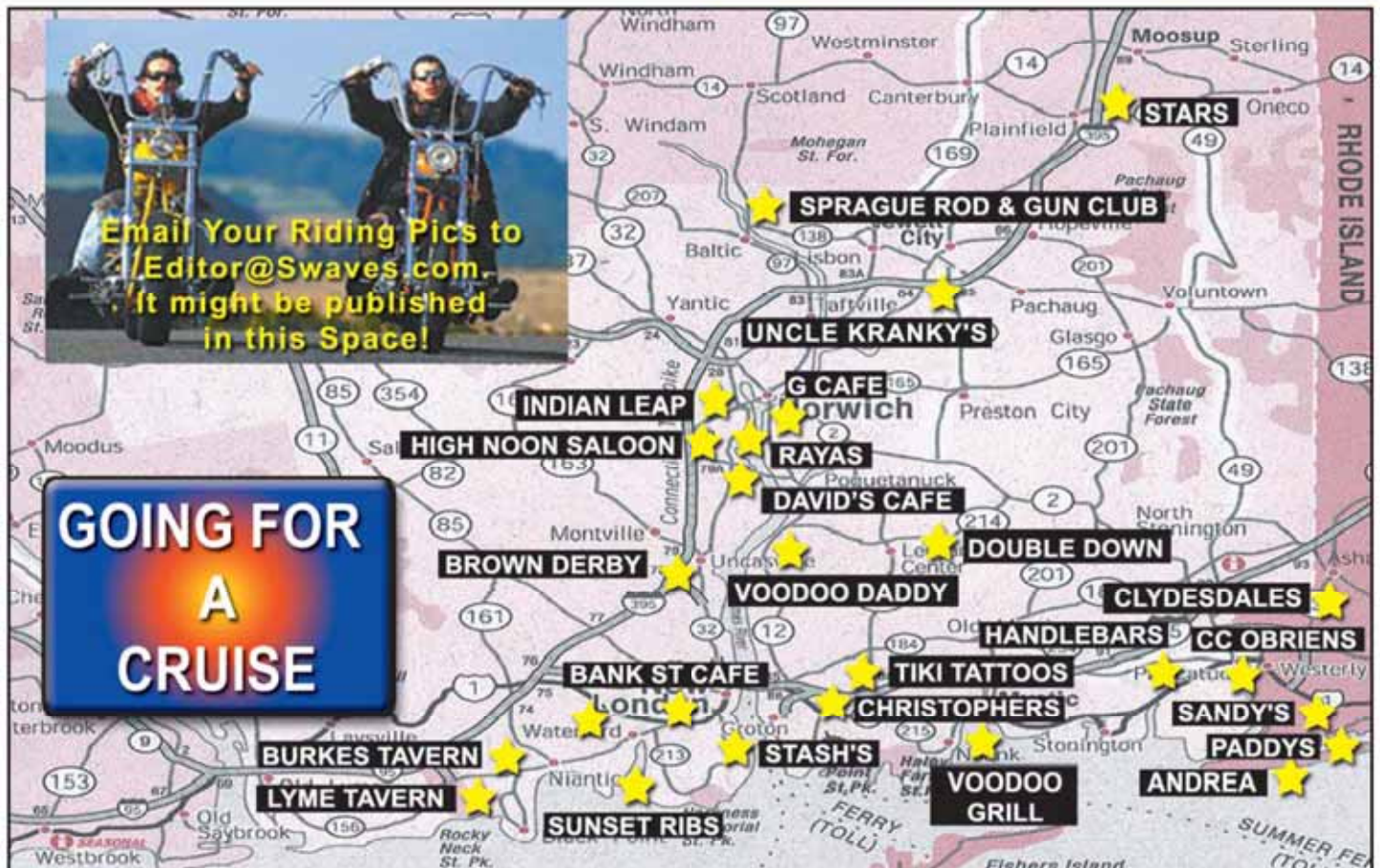
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ing themselves. It was just a perfect place for a perfect night of music.

The stage itself is enormous and had no problem holding the overpowering ensemble that is the Miami Sound Machine. Also, there are two large projections on either side that are used not only for close ups of the musicians, but also for multimedia purposes as footage was used to compliment certain songs. For example when Gloria sang a tune about her native homeland there was footage of Cuba being shown. Also, when she covered the Connie Francis song "Where the Boys Are" the projection showed footage of Connie from back in the day.

The concert opened with the band hitting the first notes of "Mi Tierra" as a team of dancers graced the stage. Minutes later Gloria came out wearing a black evening dress and the show was on. At times she would sing a ballad with nothing more than a piano accompaniment and at other times you would get the full force of the Miami Sound Machine which consisted of a brass section, numerous percussions, heavy bass, keyboards, guitar, and backup singers. There was one nice interlude during the show when Gloria introduced her young daughter Emily who came out and played both drums and guitar as her mother took a break long enough to change from her black gown to a white one. She returned to the stage and sang one of her more popular hit songs called "Live for Loving You."

After Gloria sang the inspirational tune "Reach" the show gathered momentum right up until the finale. By now the entire crowd was happily dancing along to the music. There was a nice four song encore consisting of "Get on Your Feet," "1-2-3," "Dr. Beat," and finally "I Just Wanna Be Happy." The front of the stage was packed with people during these songs as Gloria would simultaneously sing, shake hands, and posed for pictures. She could not have been any more accommodating to her fans.

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- roasted tomatoes, baby spinach, pernod garlic butter \$8.95
- Lump Crab Cake**
- jicama, carrot, hearts of palm, cilantro remoulade \$7.95
- Crispy Fried Calamari**
- hot peppers, lemon pernod garlic butter \$8.95
- Peppered Carpaccio of Beef**
- tri-color salad, gorgonzola dressing, balsamic reduction \$8.95
- Rare Seared Tuna**
- Asian vegetable slaw, citrus wasabi dressing \$10.95
- Pad Thai with Chicken**
- rice vermicelli, snow peas, bean sprouts, sweet pepper, green onion, egg, tofu, chopped peanuts, cilantro, crushed red pepper, lime \$9.95
- Spicy Shrimp**
- garlic, white wine, red chili sauce, brie stuffed risotto dumpling \$9.95
- Steamed Prince Edward Island Mussels**
Choose one of three preparations \$8.95
- white wine, garlic, julienne vegetables, fresh herbs
- seasoned tomato sauce, crushed red pepper, sweet butter
- green curry, coconut milk, sweet basil

Salads

- Organic Spinach and Arugula Salad**
- julienne carrots, fresh herbs, white balsamic vinaigrette \$8.95
- Apple and Gorgonzola Salad**
- organic field greens, spiced pecans, red onion, maple balsamic vinaigrette \$8.95
- Falafel Salad**
- organic greens, tomatoes, tzatziki, lemon tahini sauce, soft flat bread \$9.50
- Orange and Beet Root Salad**
- organic greens, goat cheese, sherry vinaigrette \$8.95
- Caesar Salad**
- crisp romaine, croutons, classic dressing \$8.95
- Add chicken to any salad \$4.95
- Add grilled salmon to any salad \$6.95

Seafood

- Pan Roast Cod**
- whipped potatoes, fennel, roasted tomatoes, garlic, saffron, fresh herbs \$18.95
- Portuguese Style Baked Cod**
- tomatoes, potatoes, onions, garlic and spicy red pepper \$16.95
- Grilled Atlantic Salmon**
- couscous, organic greens, tomatoes, fresh basil \$19.95
- Grilled Stonington Sea Scallops**
- sweet potato puree, baby greens, lemon essence \$18.95

Pasta

- Cavatappi with Seafood**
- shrimp, scallops, julienne vegetables, garlic, parmesan, cream \$18.95
- Rigatoni with Braised Chicken**
- chicken sausage, roasted tomatoes, black pepper \$16.95
- Orrecchiette with Shrimp**
- baby spinach, tomatoes, white wine, garlic, fresh herbs \$16.95
- Linguine with Littleneck Clams**
- fresh corn, Portuguese linguisa, garlic, white wine, basil \$16.95

Meat

- Pan Roast Chicken**
- whipped potatoes, assorted vegetables, roasted garlic pan sauce \$16.95
- Blackened New York Strip**
- whipped potatoes, pickled beets, gorgonzola butter \$21.95
- Grilled Pork chop**
- rice and beans, stewed tomatoes, onions, garlic, cilantro \$17.95
- Sauteed Calf's Liver**
- whipped potatoes, caramelized onions, bacon, sherry, fresh herbs \$14.95

Light Fare

- Fish and Chips** - french Fries, coleslaw \$12.95
- Fried Sea Scallops** - french fries, cole slaw \$16.95
- Fried Shrimp** - french fries, cole slaw \$16.95
- Fried Oysters** - french fries, cole slaw \$15.95
- Fried Clam Strips** - french fries, coleslaw \$12.95
- Grilled Cheese and Tomato Sandwich** \$6.50
- Spicy Black Bean Vegetable Burger** - creamy garlic dressing \$7.95
- Tuna Melt** - toasted english muffin, sliced tomatoes, swiss cheese \$7.95
- Blackened Chicken Sandwich** - creamy garlic dressing \$8.95
- Beef Burger** - sauteed mushrooms, swiss cheese \$8.95
- BBQ Pulled Pork Sandwich** - honey slaw, potato roll \$7.95
- Turkey White Russian** - thousand island dressing, honey slaw, swiss cheese, grilled marble rye \$7.95
- Crab Cake Sandwich** - lettuce, tomato, lime-cilantro remoulade \$8.95
- Chicken Salad Sandwich** - walnuts, dried cranberries, raisins \$7.95
- Chicken Foccacia Sandwich** - grilled chicken, creamy garlic dressing, roasted red peppers, provolone cheese \$9.95
- Fried Fish Sandwich** - lettuce, tomato, tartar sauce \$7.95
- Corned Beef Reuben** - sauerkraut, sauteed onions, 1,000 island dressing, swiss cheese, grilled marble rye \$7.95
- Shaved Steak Sandwich** - onions, mushrooms, melted cheese \$7.95
- "Soupy" Sandwich** - grilled spicy Italian sausage patty \$7.95

Soups

- New England Clam Chowder** cup \$3.95 ... bowl \$7.95
- Rhode Island Clam Chowder** cup \$3.95 ... bowl \$7.95
- Lobster Bisque** cup \$4.25 ... bowl \$8.50
- Chili topped with cheese and onions** cup \$3.95 ... bowl \$7.95

Wine tasting every Tuesday
Registration required

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SOUPS

Soup of the Day	Cup 2.25 Bowl 3.25
Baked 3 Onion Soup Au Gratin	4.50

APPETIZERS

Lump Crab Cakes on Mesclun Greens with a fresh lemon Beurre Blanc	10.95
Fresh Tomato & Prosciutto Frazene with roasted garlic, red onions, fresh basil and olive oil with gorgonzola marsala cream	8.95
Fried Lemon Peppered Calamari with Hot vinegar peppers, and garlic basil butter sauce Add Guytanno's Red sauce	8.95 9.95
Jumbo Shrimp Cocktail with wasabi bloody mary cocktail sauce	each 2.50
Vegetable Spring Rolls served with sweet chili sauce	7.95

SALADS

Guytanno's Salad Mesclun greens, pears, sun-dried cranberries pistachios, plum tomatoes, crumbled gorgonzola cheese with raspberry grapeseed vinaigrette	7.95
Grilled Asian Marinated Duck Salad Baby spinach, spiced pecans, bean sprouts, dressed with spicy chili soy vinaigrette	9.95
Classic Caesar Salad Anchovy balsamic Dijon vinaigrette, garlic herb crouton, Pecorino romano	7.95
Appetizer portion	5.95
Add Chicken	3.25
Add Grilled Cajun Shrimp	each 2.50
Add Steak	5.00
Classic Spinach Salad Baby spinach with mushrooms, red onions, red cabbage, hard boiled egg, feta cheese, warm bacon vinaigrette	9.95
House Salad Mixed greens, beets, plum tomatoes, fresh garden vegetables, herb croutons	2.95
Choice of Salad Dressing	
-Parmesan Peppercorn - Chunky Blue Cheese	
- Balsamic Vinaigrette - Spicy Chili Soy Vinaigrette	

LUNCH

A Sample of Our Lunch Menu

Blackened Blue Burger Cajun Spiced with Apple smoked bacon & Gorgonzola	8.95
Guytanno Burger 8oz fresh ground beef grilled to order	7.95
Grilled Chicken Sandwich Blackened or Teriyaki style	7.95 add 50¢
Quiche of the Day	7.95
Lobster & Avocado Club Sandwich	12.95
Open Faced Steak Sandwich	10.95

ENTREES

Seafood Stuffed Scrod with lemon white wine butter	16.95
Crab Stuffed Sea Scallops with Gruyere cheese & sherry butter sauce	17.95
Baked Filet of Sole stuffed with shrimp, spinach, julienne vegetables & citrus buerre blanc	16.95
Catch of the Day	\$PTM
Ginger Macadamia Nut Crusted Tuna served with Soba noodles, julienne vegetables and a pineapple wasabi teriyaki drizzle	17.95
Grilled 20oz Porterhouse Steak	\$PTM
Grilled 12oz New York Sirloin with smoked apple bacon gorgonzola cream & port wine reduction or black pepper seasoned	18.95
Statler Breast of Chicken Du Jour	\$PTM
Guytanno's Veal Du Jour	\$PTM
Zesty Citrus Chicken Panko with Lemon Beurre Blanc	16.95
Grilled 8oz Filet Mignon with a caramelized onion, prosciutto, roasted red pepper cabernet sauvignon demi glaze	23.95

PASTA

Fettucini with Chicken with almonds, broccoli, Alfredo sauce	12.95
Sauteed Grilled Chicken & Prosciutto with baby portobello mushrooms, pine nuts, plum tomatoes fresh rosemary, & marsala demi glaze cream over penne pasta	15.95
Linguini Aglio Olio sauteed with garlic, crushed red pepper, extra virgin olive oil & Pecorino Romano cheese	9.95
Add Chicken	13.25
Add Shrimp	each 2.50
Add Sauteed Calamari	14.95
Baked Filet of Sole stuffed with shrimp, spinach, julienne vegetables & citrus buerre blanc	16.95
Sauteed Lobster Plum tomatoes, scallions, white wine, Tomalley basil butter sauce over fettucine	19.95
Seafood Pasta Jumbo shrimp, scallops, calamari, with baby spinach, fresh tarragon, tomato parmesan cream sauce, or Guytanno's red sauce, over Tagliatella pasta	18.95
Italian Sausage with marinated broccoli rabe, hot vinegar peppers in a spicy tomato sauce over linguini	15.95

Entrees served with potato du jour or hot & spicy
Linguini Aglio & Olio adn Vegetable du jour

DINING GUIDE

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Fri. 20th - **FLOWERS & KAIN**

Happy Hour (5-8) - EXIT 72

Sat. 21st - **1800 BAND**

Fri. 27th - **THE BUZZ**

Happy Hour (5-8) - CHRISTOPHER JOHNS

Sat. 28th - **FAT CATS**

Thurs. July 3rd - **HARD KNOXX**

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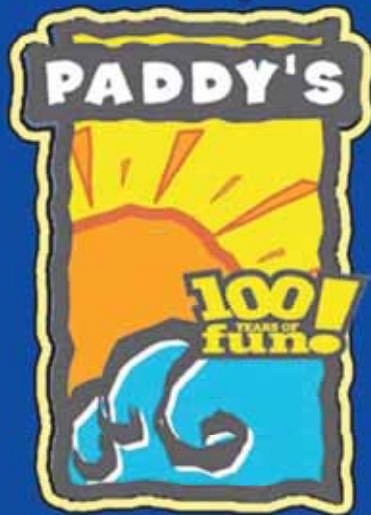
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9 Bud & Bud Light Beach Volleyball Guest Appreciation	10 Corona Beach Volleyball MARGARITA MADNESS	11 Sam Adams Beach Volleyball Wheel Deal Night	12 C L A S S I C C A R S H O W	13 HARD KNOXX	14 Outside Deck Party w/Narragansett TOPSHELF with Dave, formerly the lead singer of Badfish College With Challenge	15 Outside Deck Party
16 Bud & Bud Light Beach Volleyball Guest Appreciation	17 Corona Beach Volleyball MARGARITA MADNESS	18 Sam Adams Beach Volleyball Wheel Deal Night	19	20 NEVER ENOUFF	21 Outside Deck Party w/Budweiser 5th Annual Sun Festival VIVID	22 Outside Deck Party w/Sam Adams THE SHACK ACOUSTIC DAVE MACK
23 Bud & Bud Light Beach Volleyball Guest Appreciation	24 Corona Beach Volleyball MARGARITA MADNESS	25 Sam Adams Beach Volleyball Wheel Deal Night	26	27 FUNGUS AMUNGUS	28 Outside Deck Party THE ZOO THE SHACK ACOUSTIC SAM RIVERS	29 Outside Deck Party w/Twisted Tea THE SHACK ACOUSTIC BOB WHEELER
30 Bud & Bud Light Beach Volleyball Guest Appreciation		4TH OF JULY WEEKEND Thurs. July 3rd - DARIK & THE FUNBAGS "5th Annual Pimp & Ho Ball" Fri. July 4th - BADFISH - A Tribute to Sublime Sat. July 5th - SUGAR				

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