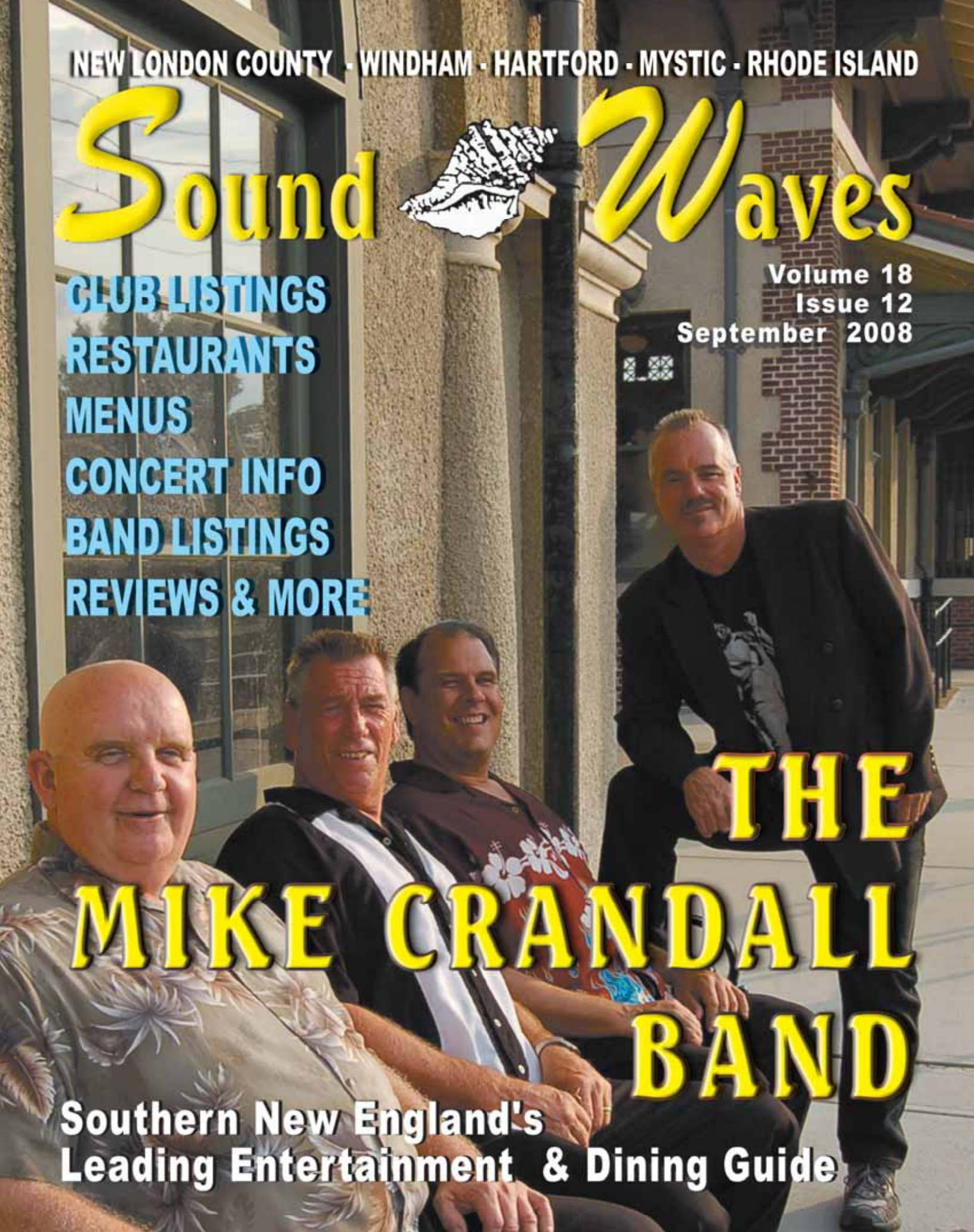


NEW LONDON COUNTY • WINDHAM • HARTFORD • MYSTIC • RHODE ISLAND

Sound Waves

CLUB LISTINGS
RESTAURANTS
MENUS
CONCERT INFO
BAND LISTINGS
REVIEWS & MORE

Volume 18
Issue 12
September 2008



THE MIKE CRANDALL BAND

Southern New England's
Leading Entertainment & Dining Guide



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Friday 26th

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Wed	Thu	Fri	Sat
3 CHRISTOPHER JOHN	4 GOPHER BROKE	5 PHIL NEWLAND & CHUCK DAVIS	6 DAVE LAUDON DUO
10 BILL GOODSPEED	11 RON DRAGO	12 JAMES HARRIS	13 SHARON TAYLOR
17 GOPHER BROKE	18 DAVE LAUDON DUO	19 PHIL NEWLAND & CHUCK DAVIS	20 DAN STEVENS
24 BILL GOODSPEED	25 DAN STEVENS	26 JAMES HARRIS	27 DAVE LAUDON DUO
Wine Tastings Every Tuesday Night (Seats must be purchased in advance)	2 GOPHER BROKE	Check Out Our Menu in the back pages	Every Monday TOMMY G

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Sound Waves

September 2008
VOLUME 18, NUMBER 12

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CONCERT DATES

Alanis Morissette

24 - Chevrolet Theatre, Wallingford, CT
29 - Perf. Arts Ctr., Providence, RI

Alicia Keys

12 - Foxwoods, Mashantucket, CT

"American Idols Live"

7 - Civic Center, Providence, RI

Ana Popovic

15 - Chan's, Woonsocket, RI
16 - Hungry Tiger, Manchester, CT

B.B. King

26 - Bushnell, Hartford, CT

Candye Kane

19 - Chan's, Woonsocket, RI
20 - Black-Eyed Sally's, Hartford, CT

Celine Dion

6 - Foxwoods, Mashantucket, CT

Fergie

28 - Big E, W. Springfield, MA

Indigo Girls

26,27,28 - The Cabaret, Uncasville, CT

Jewel

26 - Mohegan Sun, Uncasville, CT
27 - Civic Center, Providence, RI

The Manhattan Transfer

13,14 - Mohegan Sun, Uncasville, CT

Peter Dinklage

12 - Showcase Live!, Foxboro, MA

Steve Earle

13 - Edgerton Park, New Haven, CT

Sugarland

19 - Foxwoods, Mashantucket, CT

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ENTERTAINMENT

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Sat. 6th - **TBA**

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& Guest

BCHH - **PRESTON FRANTZ**
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Sat. 13th - **GAMMA RAYS**



Fri. 19th - **VINCE THOMPSON**
& Friends
6:30 - 11:00

Sat. 20th - **MUNSELL BROTHERS**

Fri. 26th - **MIKE CRANDALL BAND**

BCHH - **THE HOOLIOS**

Sat. 27th - **JAMES ARMSTRONG**

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- MONDAYS -

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\$1 Beef Tacos
\$6
Pitchers

- TUESDAYS -

1/2
PRICE
Beef BURRITO
~ \$3.75 ~

- WEDNESDAYS -

\$3 ~ Coronas/Lights
\$4 ~ 16oz Margaritas
\$2 OFF
Any Mexican Dinner
In House Only

- THURSDAYS -

1/2
PRICE
Chicken BURRITO
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- FRIDAYS -

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- September 13th -

HARD KNOXX

- September 20th -

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- September 27th -

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All Female Band

- October 4th -

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Golden Tee ~ Darts**

8 SOUND WAVES

MUSIC NOTES

"SOUL MAN"

By Mark T. Gould

It's more than a little ironic that it took an atheistic, white New York Jew to christen so-called "race music" as "rhythm and blues," and then, by combining the best parts of the gospel, swing and blues music that he heard firsthand in the Harlem clubs of his youth, broaden it into a new style called soul music.

But then, the legendary producer Jerry Wexler was known as a walking paradox in so many ways.

Wexler, who passed away last month at the age of 91, was well into his 30s when he entered the music business. In the late 1940s, while working as reporter for the industry magazine Billboard, Wexler rechristened black popular music, morphing the description from the more oppressive "race records" to a more apt title, "rhythm and blues."

His work at Billboard attracted the attention of Ahmet Ertegun, one of the founders of Atlantic Records, then a small independent label focusing on black music. When his partner, Herb Abramson, went into the Army, Ertegun asked Wexler to join the company in 1953. It was an offer that propelled Atlantic to the forefront of the recorded music industry.

Over the next decade, Wexler's drive, his sales and promotional skills, not to mention his ears, musical instincts and a natural rapport with musicians, many of them African-American, helped make Atlantic a leader in the recording industry. In the 1950s the company produced records by the Drifters, the Clovers, Joe Turner, Ruth Brown and, in partnership with the songwriters Jerry Leiber and Mike Stoller, the Coasters. Along the way, he nurtured the careers of Ray Charles, Wilson Pickett, Aretha Franklin, Solomon Burke, and a host of others.

Though, over the years, he signed Led Zeppelin and produced the likes of Bob Dylan, Carlos Santana, Willie Nelson and Linda Ronstadt, it would be quite a stretch to call him a fan of rock 'n' roll. So, it was not terribly surprising when, in the 1960s, Wexler and Ertegun began to take different paths. Ertegun gravitated toward the increasingly more popular rock 'n' roll, while Wexler was drawn to the niche sounds he found in places like Memphis, where a small label, Stax Records, its principal studio located in a former movie palace, had gathered a mix of black and white musicians and produced a sound based on spontaneity and improvisation that came to be known as "soul music."

Wexler brought Otis Redding and Dusty Springfield, among others, to Memphis. Later, after hearing a recording Percy Sledge had made at Fame Studios in Muscle Shoals, he began producing records there as well, bringing singers like Pickett and Ms. Franklin to work with local musicians.

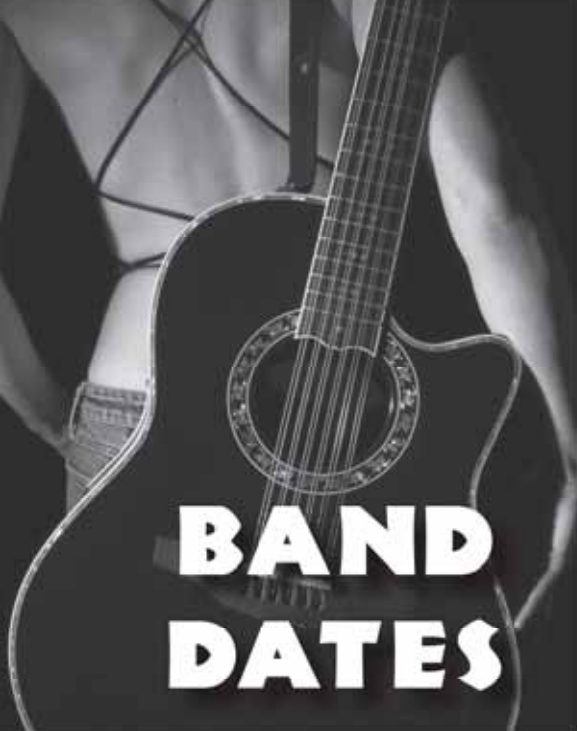
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After all these years, and even after his passing, the "Soul Man" still has an ear for the sound.

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BAND DATES

BAREFOOT TRUTH

4 - Town Hall Park, Lyndhurst, NJ
6 - Bowery Ballroom, New York, NY
7 - Academy, Suffield, CT 4:30pm
10 - C.C.S.U., New Britain, CT 11:30am
12 - Wheelhouse, Narragansett, RI
13 - St. Georges School, Newport, RI
19 - Loomis Chaffee, Windsor, CT
20 - Groton School, Groton, MA
21 - Westminster, Simsbury, CT 2pm
24 - Theatre, Fairfield, CT 7pm
25 - Stone Church, New Market, NH
26 - Higher Ground, S. Burlington, VT
27 - Iron Horse, Northampton, MA
28 - Middle East, Cambridge, MA

BOTTOM DRAWER

21 - Dodd Stadium, Norwich, CT 11am-1pm
27 - R Bar, Norwich, CT

DAN STEVENS

4 - Perks & Corks, Westerly, RI
5,6 - Big Kahuna, Bridgton, ME
9 - Saybrook Inn, Old Saybrook, CT 6-9
10 - Club 121, Oxford, CT 6-9
11 - Dolphin Striker, Portsmouth, NH
12 - Harbor Inn, York Harbor, ME
13 - Suds Pub, Bethel, ME
14 - Mistick Village, Mystic, CT 2-4
18 - Angelico's, E. Hampton, CT 6:00
20,25 - RiverWalk, Mystic, CT
21 - Delta Grill, New York, NY 11am-2:30pm
21 - Grand Central Station, New York, NY 5-8
24 - Kehler Gallery, New Haven, CT
26 - Penny Lane, Old Saybrook, CT 7:30
27 - C. C.'s, Southington, CT 7:30
28 - Hyde Park, Stafford Springs, CT 4:00

DOGIE & THE COWPIE POACHERS

10,17,24 - Billy Goodes, Newport, RI
14 - Hajjars, Weymouth, MA 2-6

FACE FIRST

12 - Bank St. Cafe, New London, CT
20 - Legends, Gales Ferry, CT
27 - Pj O'Connors, Jewett City, CT

FLIPSIDE

5 - Voodoo Grill, Mystic, CT
27 - Casey's, Groton, CT

THE GOAT ROPERS

6 - Elks, Warwick, RI 8-12
12 - Indian Ranch, Webster, MA
19 - VFW, Taunton, MA 8-12
27 - Fitzgerald's, Webster, MA

GOPHERBROKE

4,17 - Riverwalk, Mystic, CT
5 - School St. Bistro, Westfield, MA
6 - Augur's, Guilford, CT
20 - Bidwell Tavern, Coventry, CT
27 - Hub Bar, Canton, CT

HIGH TIMES

6 - Cottrell ST, Mystic, CT
12 - Hilton, Mystic, CT

THE KEVIN CRANDALL BAND

6 - Cottrell Street, Mystic, CT 1-4
20,27 - Dogwatch Cafe, Stonington, CT
21 - Vineyards, Stonington, CT

kGb

19 - VooDoo Grill, Mystic, CT
26 - MVP Sports Bar, Norwich, CT

MATTHIAS STEELE

6,20 - Legends, Gales ferry, CT
26 - High Noon Saloon, Norwich, CT
27 - P.J. O'Connor's, Jewett City, CT

MIKE SAVINO / THE SONS

4,13,18 - Tavern, Ivoryton, CT
5 - Crown & Hammer, Collinsville, CT
6,20,27 - Cugino's, Cheshire, CT
8,15,22,29 - June's, Killingworth, CT
11 - Fresko's, Avon, CT
13 - Italian Fest, W. Haven, CT 1pm
14,28 - Driftwood, Clinton, CT
19 - J Roo's, N. Haven, CT
21 - Gallery, Glastonbury, CT 6:30pm

THE NEW INERTIA

6 - Casey's Pub, Groton, CT
13 - Hair of the Dog, Middletown, CT

RED LIGHT DISTRICT

13 - Music Lady, Central Village, CT
20 - Brown Derby, Uncasville, CT

ROGER CERESI & THE ALL STARZ

20 - Comm. Cntr, E. Lyme, CT 7:30-11:30



Mail Listings to the magazine or
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27th - **GUILTY PLEASURE**

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5th - **UNCLE RUCKUS**

12th - **HAWKINS RISE**

19th - **QUIET ROOM**

Oct. 10th - **WHISKEY RIVER BAND**

Saturday Nights

13th - **COMEDY NIGHT**

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20th - **C.L. SHOWTIME**

50's & 60's Music Review

27th - **IN THE MIX - FEAT. DJ MARTY**

Happy Birthday Stephanie

Oct. 4th - **BOTTOM DRAWER BAND**

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BAR FLY JOURNALS

By Stephanie Shawn

Hello.....my favorite readers. Wow, what a month, what a trip!...Had a fairly fantastic time in Sturgis, South Dakota, at the 68th annual STURGIS MOTORCYCLE RALLY. I say fairly because although the people, the music and the landscape were absolutely fabulous, but i must confess there were some negatives in the midwest.

We arrived in Sturgis on a Saturday night, just in time to suck down too many lemon drops with Lena, Ronnie and Mr. Bell and then watch an astounding ALICE COOPER show right at our campsite. The man is amazing and by far the best show of the week. We stayed at the legendary Buffalo Chip Campground and the best part of the place was the big name acts they attracted. Everyone wanted to be at the Buffalo Chip shows. At one point, I found myself wearing a \$200 coyote head with a tiara. I woke up Monday morning and after crying on the phone for two hours to Northwest Airlines staff asking them to "please get me outta here", I accepted my fate, took my hangover with me and did what any other Red-Blooded American would do when confronted with such adversity, I got a tattoo. LOVE IT!!!!

After that initial depression, I quickly snapped back to my former ways, took my freshly bandaged shoulder, and went looking for a good time. I found it at that night's show, KID ROCK. He was introduced by another favorite of mine, Dale Earnhardt Jr. The show was very good, although I must say, not as good as ALICE. Maybe, it was because I just saw KID ROCK at the MOHEGAN SUN and it was pretty much the same show. If you haven't seen KID ROCK you really should, he does put on an awesome show, playing all the on-stage instruments during the finale. Quite a versatile rocker!

Anyways, the bands at the Chip were fantastic....as I've said ALICE COOPER, KID ROCK, LYNRYD SKYNYRD, PUDDLE OF MUDD, FINGER 11, STAIN'D, KELLIE PICKLER (oh yeah, red-neck favorite...talked about her personal life through whole show...big no-no) and ZZ TOP to name a few. How could you go wrong you ask? Well, let me tell you how. First off, call me spoiled but my camper, trailer thingie I stayed in was the size of a large closet, and had to fit four full-grown adults in it. The mattress on our bed had springs that left bruises on my hips and shoulders and the bathroom did not smell pretty! As a matter of fact, some of my fellow Chippers didn't smell too pretty either.

Another favorite spot of ours was the BROKEN SPOKE, of Sturgis. This place had it all. A drive-thru bar, stripper bartenders, a six-speed margarita mixer run off a Harley motor, a tattoo parlor, a Wall of Death, a burn-out pit, a pin-striper, a bull with flashing, red eyes. An upstairs bar, a downstairs bar, an inside bar, an outside bar, bands, a beautiful pool and two hot tubs. Whoaaa baby, it was fabulous.

All in all though, we had a fantastic time with some wonderful friends, both new and old. The scenery was absolutely gorgeous, including some breathtaking scenery at Mt. Rushmore Crazy Horse, Devil's Tower and a beautiful

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buffalo herd in the state park.

I also wanted to tell you a little bit about our own little Lake Havasu...of Pawcatuck....Sandy Point. Sandy Point was actually featured in the New York Times as "one of the 10 best hideaways in New England", with good reason. If you can make it out there before summer ends, try the opposite end from the folly, the end closest to Watch Hill. That's where you will find ALL the action. The HANDLEBAR YACHT CLUB is well represented there in all it's hardcore glory. Betsy and Chris Cipriano come out on the Eagle Eye, toting almost every amenity you can imagine, except a kitchen sink. Betsy regales the crowd with her own bar stories, while leisurely reclining on her gravity chair, an item she's made so popular that all the "in" people have one. Thirty-nine, ninety- nine at JOBLot and you can be just like the popular people.

There is always something going on at Sandy Point. The day I was there, Frankie came in on the "Lil Screamer", Artie's boat, with Artie, Candice and Tina. Let me just tell you, if you drink too much on Sandy Point, well, you get the seagull treatment. This involves a passed out partier, a bunch of laughing beachgoers, a bag of Cheetos and seagulls. I'll let your imagination run with that one. John G. is there with his "I'm never drinking that again" jungle juice, Mark and Darla bring thier own homemade Soupy, with some cheese and crackers. Tommy and Kim are there on the "Miss Kim" with a special pork tenderloin marinade. Mike V and his daughter brought mouthwatering steak kabobs. Sharon brings her Bouillabaisse. Dave "the Gourmet" Pottie (maybe you've heard of him), with his tuna rolled in sesame seeds with a soy ginger sauce and his rack of lamb. Topping it all off with Banana's Foster! All this on the beach! Deke and Julie are normally on the "Silly Goose", but due to mechanical problems (ya know, Deke is a boat mechanic) they are taxied out by Mark and Darla. After a late nite at Sandy Point, (oh yeah, the hardcore and/or intoxicated stay the night), Andy and Michele Pupillo prepare a delicious breakfast (omelets, etc with cowboy coffee) ... for those who can keep it down.

Although, the jellyfish have arrived, Sandy Point is still a fun, popular spot to visit anytime. Avoid the anchoring melees by arriving early and have a fabulous last few weeks of summer.

Talk to you next month and as usual email me at BAR-FLY2U2@yahoo.com. Ciao, babies.



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Fri. 5th - **FLIPside**

Thurs. 11th - **ROBB & IAN**

Fri. 19th - **DURANT & KENDRA**

Thurs. 18th - **SLACKWATER**

Fri. 19th - **KGB**

Thurs. 25th - **2 CAT ZOO**

Fri. 26th - **KEVIN & HEATHER**

Fri. Oct. 3rd - **BAND OF HUMANS**

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Food Served ~ 11:30am - 10pm



By Don Sikorski

The International Blues Challenge entices the very best blues musicians from around the country to compete for the opportunity to participate in a three day musical event in Memphis, Tennessee, competing for cash prizes, recording opportunities, and recognition in the industry. Winners of each state's competition are chosen as representatives to travel to Memphis, a path that the Mike Crandall Band has become quite familiar with. Crandall and company have won the Connecticut Blues Society Challenge to earn the prestigious honor to compete in Memphis not once but three times; 2000, 2003, and 2007. "It's the blues version of American Idol", describes Crandall of the International Blues Challenge event. Yet clearly, there is something to the Mike Crandall Band's musical catalog that puts the band a step ahead of its peers.

To begin with, the Mike Crandall Band churns out a strong offering of traditional blues and swing music driven by Crandall's rich, chromatic harp and authentic vocals and supported by a strong cast of the area's best blues musicians. The band's debut effort, 2004's "Black Rain", received strong reviews for its great tone and vintage guitar work. A second trip to the studio recently produced the band's sophomore effort, "Just Livin' The Blues". The disc is filled with hard driving blues numbers and rhythmic swing delivered in style, bringing the band to the next stage of their blues development. "I feel real good about this one," said Crandall of the band's latest effort. While the band has continued a busy schedule of New England travels in addition to their February 2008 stop on Beale Street (where they earned finalist honors), the recording aspect is understood to be another necessary step in the musical process.

Crandall has also surrounded himself with a lineup of strong blues musicians along the way. Guitarists Rick Harrington and Ray Roberts, both seasoned blues veterans, deliver plenty of up-tempo swing and some fiery lead and slide guitar work. Rick Russell, who does not appear on the latest CD, also joins Crandall and company at specific shows ("the best blues guitar player in Boston" says Crandall of Russell's six string talent). Bassist Ed "The Rock" Parnigoni, who was with Roomful of Blues during the Duke Robillard years, holds it all together with a strong, driving rhythm. And three different drummers con-

tributed on Crandall's latest recording effort. Steve Peck, who also plays with Al Copley, hails from Northwestern Connecticut. "One of the best drummers around," promotes Crandall of Peck's skills. Dan Bungy of Worcester is featured on three tracks ("Pawn Shop", "Drowning in a Sea of Problems", and the title track), delivering plenty of creative Latin flair. And Danny Banks, a 15 year old phenom that has appeared on The David Letterman show twice, appears on four tracks. His addition to the band was the result of a strong recommendation for a band in a fix. "I was playing at the best blues club in Worcester and I needed a drummer really bad," recalls Crandall of how Banks came on board. "Somebody recommended him, and I was really worried about whether he could even pull it off or not. And he was unbelievable. He's been playing with me ever since." (Banks has also since released his first full length CD titled "Danny Banks Rippin It Up". Check out www.danielbanks.net for more information).

In terms of his own musical career, Crandall's earliest introduction to the instrument was a simple one. "I went to a party one time and some guy had a harmonica," recalls Crandall. "I just started messing with it. From there, I walked everywhere I went and played and played the harmonica. Plus, I was fortunate enough to grow up with Sugar Ray (Norcia). He was the first big influence with that big tone. So I spend 20 years trying to get tone." Crandall is also diverse in his musical preferences. "I listened to a lot of Kim Wilson when I was younger. I really love chromatic, so I also listened to people like Waylon Clarke. I'm also a big Santana fan; a lot of the stuff that's not on the radio, from the old CD's. New Grass Revival... Bella Fleck... Sam Bush... I like that jazzy kind of blues. And I listen to a lot of old stuff."

It was those early influences that drove Crandall to make the commitment to being the best musician he could be. "The harmonica is a funny instrument," explains Crandall. "It's very easy to get average at it. But it's very, very difficult to get good at it. You have to learn how to tongue block to get tone. Getting that big fat sound is the hardest part of it. Crandall took lessons from Dave Clark out of Boston, who was the bass player in the Radio Kings. "He was also a really, really good harmonica player," said Crandall of King, who had recently passed away. "I didn't know what I was doing before that. I had already been playing for a while, and he said, 'I'm going to tell you something that you're not going to like. I think you're going to have to learn all over again'." Crandall had become proficient in playing octaves, but the tongue blocking aspect was unfamiliar territory to him at that time. "So I had to basically learn all over again," recalls Crandall. "Of course, growing up with Sugar Ray, I learned to see how to do things the right way (musically)".

A Builder by day and blues musician by night, Crandall spends his day performing carpentry work building houses. The North Stonington resident relishes the flexible hours that offers him the opportunity to do what he enjoys most; playing music. As far as a career choice, Crandall is certainly confident that he has found something he enjoys doing, and the band has developed loyalty and strong

support simply by going out and getting it done. "I just love it," said Crandall of playing live music. "I love the crowds, and I love playing in real blues clubs. That's what you work up to, and that's where we're finally getting at now." Crandall also enjoys the camaraderie amount his crowd of fellow blues musicians. "I go see Sugar Ray and the Bluetones every chance I can," says Crandall. "The Kevin Crandall Blues Band is a good band...Johnny and the East Coast Rockers...there's bunch of good blues bands in Hartford. I'm friends with almost all of the musicians. I go see everybody and I respect all of the other (harmonica) players."

Crandall himself prefers the intimacy of an authentic blues club to other settings, but had learned to adapt. The world of outdoor music festivals during the summertime is certainly a personal challenge. "Harmonica players don't like playing outside," explains Crandall. "Guitar players love it. I really have to get my sound or I'm out of my mind about it. And it's very difficult to do. It's like getting a root canal with no Novocain. But we're getting better at it".

Moving forward, the Mike Crandall Band hopes to continue doing more of the same things that are working for them now. "Where going to play as much as we can. We also probably record the third CD during the winter. The contacts I've made through playing and through word of mouth have been great. Musicians like to talk and talk. So were starting to get in to some places in the Boston area which I've always wanted to do." As far as drawing inspiration to continue forward, Mike Crandall has it down to a simple science. "I just love to play," says Crandall. "I live to play music."

For more information on The Mike Crandall Band, check out www.myspace/themikecrandallband

THE MIKE CRANDALL BAND DISCOGRAPHY:
 "Black Rain" 2004
 "Just Livin The Blues" 2008



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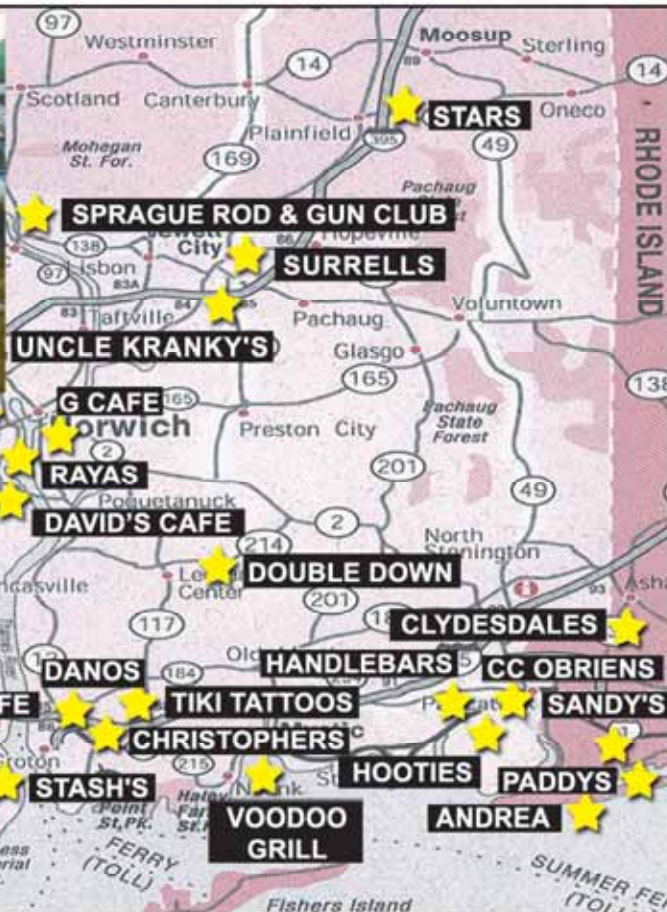
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- Spicy Shrimp**
- garlic, white wine, red chili sauce, brie stuffed risotto dumpling \$9.95
- Steamed Prince Edward Island Mussels**
Choose one of three preparations \$8.95
- white wine, garlic, julienne vegetables, fresh herbs
- seasoned tomato sauce, crushed red pepper, sweet butter
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- Organic Spinach and Arugula Salad**
- julienne carrots, fresh herbs, white balsamic vinaigrette \$8.95
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- organic greens, tomatoes, tzatziki, lemon tahini sauce, soft flat bread \$9.50
- Orange and Beet Root Salad**
- organic greens, goat cheese, sherry vinaigrette \$8.95
- Caesar Salad**
- crisp romaine, croutons, classic dressing \$8.95
- Add chicken to any salad \$4.95
- Add grilled salmon to any salad \$6.95

Seafood

- Pan Roast Cod**
- whipped potatoes, fennel, roasted tomatoes, garlic, saffron, fresh herbs \$18.95
- Portuguese Style Baked Cod**
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- Grilled Atlantic Salmon**
- couscous, organic greens, tomatoes, fresh basil \$19.95
- Grilled Stonington Sea Scallops**
- sweet potato puree, baby greens, lemon essence \$18.95

Pasta

- Cavatappi with Seafood**
- shrimp, scallops, julienne vegetables, garlic, parmesan, cream \$18.95
- Rigatoni with Braised Chicken**
- chicken sausage, roasted tomatoes, black pepper \$16.95
- Orrechiette with Shrimp**
- baby spinach, tomatoes, white wine, garlic, fresh herbs \$16.95
- Linguine with Littleneck Clams**
- fresh corn, Portuguese linguisa, garlic, white wine, basil \$16.95

Meat

- Pan Roast Chicken**
- whipped potatoes, assorted vegetables, roasted garlic pan sauce \$16.95
- Blackened New York Strip**
- whipped potatoes, pickled beets, gorgonzola butter \$21.95
- Grilled Pork chop**
- rice and beans, stewed tomatoes, onions, garlic, cilantro \$17.95
- Sauteed Calf's Liver**
- whipped potatoes, caramelized onions, bacon, sherry, fresh herbs \$14.95

Light Fare

- Fish and Chips** - french Fries, coleslaw \$12.95
- Fried Sea Scallops** - french fries, cole slaw \$16.95
- Fried Shrimp** - french fries, cole slaw \$16.95
- Fried Oysters** - french fries, cole slaw \$15.95
- Fried Clam Strips** - french fries, coleslaw \$12.95
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- Spicy Black Bean Vegetable Burger** - creamy garlic dressing \$7.95
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Fried Lemon Peppered Calamari with Hot vinegar peppers, and garlic basil butter sauce	8.95
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Jumbo Shrimp Cocktail with wasabi bloody mary cocktail sauce	each 2.50
Vegetable Spring Rolls served with sweet chili sauce	7.95

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Guytanno's Salad	7.95
Mesclun greens, pears, sun-dried cranberries pistachios, plum tomatoes, crumbled gorgonzola cheese with raspberry grapeseed vinaigrette	
Grilled Asian Marinated Duck Salad	9.95
Baby spinach, spiced pecans, bean sprouts, dressed with spicy chili soy vinaigrette	
Classic Caesar Salad	7.95
Anchovy balsamic Dijon vinaigrette, garlic herb crouton, Pecorino romano	
Appetizer portion	5.95
Add Chicken	3.25
Add Grilled Cajun Shrimp	each 2.50
Add Steak	5.00
Classic Spinach Salad	9.95
Baby spinach with mushrooms, red onions, red cabbage, hard boiled egg, feta cheese, warm bacon vinaigrette	
House Salad	2.95
Mixed greens, beets, plum tomatoes, fresh garden vegetables, herb croutons	
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Grilled 12oz New York Sirloin with smoked apple bacon gorgonzola cream & port wine reduction or black pepper seasoned	18.95
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Zesty Citrus Chicken Panko with Lemon Beurre Blanc	16.95
Grilled 8oz Filet Mignon with a caramelized onion, prosciutto, roasted red pepper cabernet sauvignon demi glaze	23.95

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Fettucini with Chicken with almonds, broccoli, Alfredo sauce	12.95
Sauteed Grilled Chicken & Prosciutto with baby portobello mushrooms, pine nuts, plum tomatoes fresh rosemary, & marsala demi glaze cream over penne pasta	15.95
Linguini Aglio Olio sauteed with garlic, crushed red pepper, extra virgin olive oil & Pecorino Romano cheese	9.95
Add Chicken	13.25
Add Shrimp	each 2.50
Add Sauteed Calamari	14.95
Baked Filet of Sole stuffed with shrimp, spinach, julienne vegetables & citrus buerre blanc	16.95
Sauteed Lobster Plum tomatoes, scallions, white wine, Tomalley basil butter sauce over fettucine	19.95
Seafood Pasta Jumbo shrimp, scallops, calamari, with baby spinach, fresh tarragon, tomato parmesan cream sauce, or Guytanno's red sauce, over Tagliatella pasta	18.95
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CHANGE**

26

**BIG
TEN
INCH**

27

**STILL
FACE**

3

BRANDED



FOOTBALL ~ FOOTBALL

Watch All The Games Here!

with ~ 10 TVs ~ Direct TV

~ \$2 Drafts ~ \$2.50 Domestic Bottles

~ \$2 Menu

Join Our Sunday Tailgate Party 1-6



Route 1, Groton CT 445-6716