

NEW LONDON COUNTY • WINDHAM • HARTFORD • MYSTIC • RHODE ISLAND

# Sound Waves

Volume 18  
Issue 4  
January 2009

CLUB LISTINGS  
RESTAURANTS  
MENUS  
CONCERT INFO  
BAND LISTINGS  
REVIEWS & MORE

An Interview  
With

## ROBBEN FORD

Southern New England's  
Leading Entertainment & Dining Guide



# STASH'S CAFE

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Sat. 3rd - **STONE THE HOSTESS**

Fri. 9th - **5 FLAVOR DISCOUNT**

Sat. 10th - **FAT BETTY**

Fri. 16th - **DOUBLE FISTED**

Sat. 17th - **FROM JERSEY WITH LOVE**

Fri. 23rd - **SIREN**

Sat. 24th - **DARIK & THE FUNBAGS**

Fri. 30th - **TEMPORARY GRACE**

Sat. 31st - **ALTER EGO**

MONDAY NIGHTS  
& WEDNESDAY NIGHTS  
**CENTER STAGE KARAOKE**  
w/Mike Mrazik 9pm

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~ SUPERBOWL ~

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**JAY DEMPSEY  
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**FRIDAY 16th**

**SUE  
MENHART  
BAND**

**FRIDAY 23rd**

**KARL KELLY  
& COMPANY**

**FRIDAY 30th**

**THE  
HOOLIOS**

**6-9pm**

***Come Early and Have Dinner!***

# RiverWalk

## RESTAURANT

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Mon-Sun  
11:30 ~ 4:00 Lunch  
Sun-Thurs  
4:00 ~ 10:00 Dinner  
Fri-Sat 4-11

HAPPY HOUR M~F 3-6  
Free Wings & Discount Beers

| Wed                                      | Thu                                                                                       | Fri                                                 | Sat                                  |
|------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------|--------------------------------------|
| Every Monday<br><b>TOMMY G</b>           | <sup>1</sup> Wine Tastings<br>Every Tuesday Night<br>(Seals must be purchased in advance) | <sup>2</sup> <b>JAMES HARRIS</b>                    | <sup>3</sup> <b>THE SHARKS</b>       |
| <sup>7</sup> <b>GRAHAM &amp; BRANDON</b> | <sup>8</sup> <b>CHRISTOPHER JOHN</b>                                                      | <sup>9</sup> <b>SHAWN TAYLOR</b>                    | <sup>10</sup> <b>DAVE LAUDON DUO</b> |
| <sup>14</sup> <b>PAUL CARAHER</b>        | <sup>15</sup> <b>RON DRAGO</b>                                                            | <sup>16</sup> <b>JAMES HARRIS</b>                   | <sup>17</sup> <b>TBA</b>             |
| <sup>21</sup> <b>CHRISTOPHER JOHN</b>    | <sup>22</sup> <b>GOPHER BROKE</b>                                                         | <sup>23</sup> <b>PHIL NEWLAND &amp; CHUCK DAVIS</b> | <sup>24</sup> <b>DAVE LAUDON DUO</b> |
| <sup>28</sup> <b>GOPHER BROKE</b>        | <sup>29</sup> <b>RON DRAGO</b>                                                            | <sup>30</sup> <b>JAMES HARRIS</b>                   | <sup>31</sup> <b>THE SHARKS</b>      |

## INSIDE THE WAVE

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Cover/Story Photo by  
George Wells

We'd like to be  
out of work...  
maybe someday  
we will.



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Drunk Driving

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thousands of victim  
advocate groups across  
the country

# Sound

## Waves

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860-572-5738

# CONCERT DATES

## Art Garfunkel

17 - Performing Arts, Providence, RI

## Billy Ray Cyrus

17 - Foxwoods, Mashantucket, CT

## Boz Scaggs

9 - Foxwoods, Mashantucket, CT

## Cheech & Chong

2 - Mohegan Sun, Uncasville, CT

## Debbie Davies

3 - Chan's, Woonsocket, RI

## Drive-By Truckers

21 - Toad's Place, New Haven, CT

## Johnny Winter

10 - Toad's Place, New Haven, CT

## Jorma Kaukonen

31 - Garde Arts Center, New London, CT

## Lynyrd Skynyrd

3 - Mohegan Sun, Uncasville, CT

## Popa Chubby

23 - Chan's, Woonsocket, RI

## Reel Big Fish

23 - Toad's Place, New Haven, CT

## Robben Ford

31 - Garde Arts Center, New London, CT

## Ryan Shaw

17 - Garde Arts Center, New London, CT

## Steve Winwood

17 - Foxwoods, Mashantucket, CT

## Toby Keith

23 - Mohegan Sun, Uncasville, CT

## They Might Be Giants

30 - Lupo's, Providence, RI



www.Swaves.com



**MusicMusicMusic**  
www.gardearts.org

## James Hunter & Ryan Shaw

*Together Again for the First Time*

**Saturday, January 17** 8pm

R&B and soul never sounded as good, with the buttery voice and rocking Les Paul guitar of British sensation James Hunter, and vocalist Ryan Shaw, the 26 year-old phenomenon from Georgia, who redefines the passion and soul of the Golden Age of Rhythm & Blues.

## Guitar Blues

**Kaukonen • Ford • Foster**

**Saturday, January 31** 8pm

Rock and Roll Hall of Famer Jorma Kaukonen, legendary Robben Ford, and rising star Ruthie Foster - returns to the Garde after her appearance with Madeleine Peyroux - to present shades of the blues in this evening of music.

## Mariza

**Sunday, March 15** 7pm

Mariza is the new face of Portuguese fado, bringing modern sensibility to the folkloric style with charismatic stage presence.

*Sponsored by:*  
*Olde Mistick Village*

Music co-presented with: **Kitchings Productions**

## The Robert Cray Band

**Saturday, March 7** 8pm

For thirty-plus years Robert Cray has laid down track after track of good-time, uptown, low-down blues. He's won five Grammys and been nominated for 11 more, inspired critics to praise his soulful vocal and instrumental artistry, and earned respect from his peers.

*Sponsored by:* SNS Electric

## Jesse Cook

**Thursday, April 2** 8pm

World music sensation guitarist Jesse Cook merged his French, Gypsy, jazz and classical influences into his own style of "rumba flamenco." With six critically acclaimed studio albums, he has headlined concerts and festivals, and opened for such legends as B.B. King and Ray Charles.

## Natalie MacMaster

**Friday, May 15** 8pm

Natalie's fiddling fireworks are a testament to her incandescent musicianship, with heart-rendering ballads, and world-class step dancing.



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SOUND WAVES 5

# BROWN DERBY



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6 Open Pool Tables - Ping Pong Table - 5 Dart Boards - 9 TV's

### - MONDAYS -

\$1 Draft Beer  
\$1 Beef Tacos  
\$6  
Pitchers

### - TUESDAYS -

1/2  
PRICE  
Beef BURRITO  
~ \$3.75 ~

### - WEDNESDAYS -

\$3 ~ Coronas/Lights  
\$4 ~ 16oz Margaritas  
\$1.95  
Roast Beef Dinner  
In House Only

### Thursday Nite

January 15th  
**KARAOKE**  
with DAVE  
~ Giveaways ~

### - FRIDAYS -

**FREE**  
**HAPPY HOUR**  
**BUFFET**  
4-6pm  
Shrimp, Wings  
& More

January 10th  
Saturday Nite  
- Band -

**SIREN**

January 31st  
Saturday Nite  
- Band -

**HARD  
KNO**



Check Out Our Web Site at [www.BrownDerbyLounge.com](http://www.BrownDerbyLounge.com)  
or by clicking on Clubs at Sound Waves Magazine's Web Site - [www.swaves.com](http://www.swaves.com)

**THE BROWN DERBY PRESENT**  
**NEW ENGLAND'S HOTTEST BANDS**  
**EVERY SATURDAY NIGHT!**



- Saturday Night - January 10th -

**SIREN**

- Saturday Night - January 17th -

**NVRKNO**

- Saturday Night ~ January 24th -

**THE BUZZ**

- Saturday Night ~ January 31st -

**HARD KNOXX**

- Saturday Night ~ February 7th -

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**FREE POOL on Sundays**

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Golden Tee ~ Darts**

8 SOUND WAVES

# BAR FLY JOURNALS

By Stephanie Shawn

Well, here we are, a whole new year ahead of us. What are we going to do? What changes are we going to make? I, for one, am going to do my best to spend quality time with my family, doing things that we all enjoy and living my life to the fullest, because, as this past year, and many before it have shown me, you never know when your time is up. So let's do it....let's do some of the things we've been talking about, but never seem to quite get around to. I will spend more time laughing, dancing, singing(yes singing) and giving the people I care about the hugs and kisses that they deserve. I love my family.

Onward.....went to the RIVERWALK RESTAURANT at Schooner Park in Mystic for lunch recently with my son Ricky, my mother Dawn and my step-mom Michele. It was a lunch to celebrate my anniversary, which is in October, but as usual, we are always so busy that it took til December to fit it in. Some of you may remember the RIVERWALK from the old days when it was Trader Jack's. I had never been, but I remember hearing of some fun times to be had at the bar there.

The RIVERWALK RESTAURANT is beautifully decorated, inside and out, and although it was the beginning of December, it was one of those warm days where you could've actually eaten outside if you were a brave soul....I'm not. The interior has a nautical look typical of Mystic, but some they also had some giant, brightly colored fish and many of the seafaring type of stuff to keep you busy just looking around for quite awhile.

Our waiter was Jeffery and he was quite attentive. They had some delicious sounding specials and we soon ordered. My mother, Dawn had the best looking and sounding meal, a special, the lobster salad melt. A circle of scrumptious bread topped with a warm heaping mound of cheesy, buttery lobster meat. My God, what more could you ask for? Well, I went for the mouth-watering BBQ pulled pork sandwich, which was made perfectly, because I like my food wet, alot of dressing and this was loaded with BBQ sauce and a honey cole slaw, which was excellent. Michele had the Beef Burger, which also looked very good, especially with the fries and Ricky went with his old faithful meal, chicken tenders and fries, which he has a serious addiction to, eating them about seven days a week.

RIVERWALK RESTAURANT has a beautiful Bar, which offers it's own menu, and I swear to you, I am gonna make it there....soon. They have a fairly comprehensive lunch menu, offering appetizers like Chilled Noank Oysters and Buffalo Chicken Wings, Soups, including clear and creamy broth Chowders....Salads, such as Apple and Gorgonzola. They offer Sandwiches. How about a Turkey White Russian, with thousand island dressing, honey slaw, swiss cheese on a marble rye.....yummy!!! Their dinner menu also has a variety of offerings from deep-fried Stonington Sea Scallops to Spaghetti with "Seafood Meatballs". Sounds Dee-lish!!

**Continued Page 16**  
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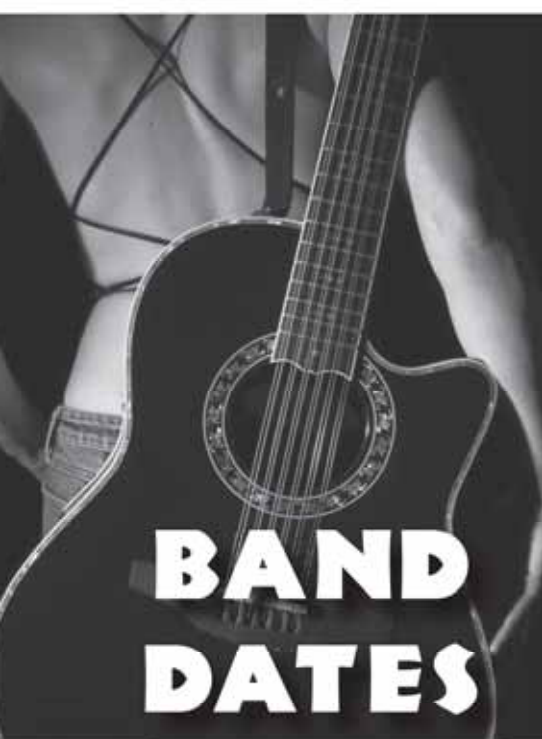
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# BAND DATES

## BAND OF HUMANS

9 - Voodoo Grill, Mystic, CT  
16,30 - Pier 27, Mystic, CT

## THE CARTELLS

3,24,31 - Aspen, Old Saybrook, CT 8-11  
9 - Jakes, Wallingford, CT  
16,30 - Stella Doro, Old Saybrook, CT 8-11  
17 - Community Cntr, E. Lyme, CT 7:30

## DAN STEVENS

2 - Penny Lane, Old Saybrook, CT 7:30  
3,31 - Tamarack Lodge, Voluntown, CT  
7 - The Bog, Waldoboro, ME 4-6  
7 - Public House, Newcastle, ME  
9 - Black Bull Tavern, Rockland, ME  
10 - Harbor Inn, York Harbor, ME  
11 - Powow River, Amesbury, MA 11:30am  
13 - Painted Pony, Bethlehem, CT 7:30  
14 - Club 121, Oxford, CT 7:30  
16 - La Vita Gustosa, E. Haddam, CT  
17 - Café Atlantique, Milford, CT  
18,25 - Tamarack Lodge, Voluntown, CT 1-4  
22 - Steak Loft, Mystic, CT  
23 - C. C.'s, Southington, CT 7:30  
28 - Red Lion, Stockbridge, MA  
29 - Perks & Corks, Westerly, RI  
30 - G. W. Tavern, Washington Depot, CT

## DEAD TO RISE

17 - PJ Conners, Jewett City, CT  
23 - Bank St. cafe, New London, CT  
24 - KC'S Tap, Warwick, RI  
30 - Cherry St. Station, Wallingford, CT

## DOGIE & THE COWPIE POACHERS

1 - O'Brien's Pub, Newport, RI  
10 SOUND WAVES

7,14,21,28 - Billy Goodes, Newport, RI  
25 - American Legion, E. Greenwich RI 1-5

## DOUBLE FISTED

16 - Stash's Cafe, New London CT  
23 - Burke's Tavern, Niantic CT  
24 - Chacer's Cafe, Norwich CT

## DYN-O-MYTE DISCO REVIEW

4,5,6,7 - Atrium Lounge, Mashantucket, CT  
9 - Geraldine's, W. Springfield, MA  
16 - Vibes Uptown, Hartford, CT  
29 - Tribeca Cinemas, Manhattan, NY  
31 - Raceway & Casino, Yonkers, NY

## THE GOAT ROPERS

11 - American Legion, E. Greenwich RI 1-5  
16,17 - V.F.W., Taunton, MA 8-12  
31 - Oak Hill Tavern, N. Kingstown, RI

## GOPHERBROKE

2 - School St. Bistro, Westfield, MA 7-11  
5 - Red Lion Inn, Stockbridge, MA  
7 - John Harvard's, Manchester, CT  
10 - McKinnon's, Hartford, CT  
14 - Stonewall Tavern, Eagleville, CT  
17,31 - Fernwood Rest., W. Hartford, CT  
22,28 - Riverwalk, Mystic, Ct 8-11  
23,30 - Cambridge Brew, Torrington, CT  
24 - Bidwell Tavern, Coventry, CT

## GREEN TEA

30 - Wood River Inn, Hope Valley, RI  
31 - The HUB, Johnson, VT

## JAMES HARRIS

2,16,30 - Riverwalk, Mystic, CT  
3 - 84 High Street, Westerly, RI  
7,10,14,21,24,28, - Daniel Packer, Mystic, CT  
6,13,20,27 - Harp & Hound, Mystic, CT  
29 - Steakloft, Mystic, CT 7-10

## JAY DEMPSEY & HIGHWAY CALL

9 - Stashes, New London, CT 6-9  
21 - Steak Loft, Mystic, CT 7pm  
30 - Burkes Tavern, Niantic, CT

## MUNSELL BROTHERS BAND

3 - Legends, Gales Ferry, CT  
10 - Bank St. Cafe, New London, CT  
17 - Ivory Restaurant, Deep River, CT  
23 - Wood River Inn, Hope Valley, RI  
31 - Clydesdale, Westerly, RI

## STANLEY MAXWELL

2 - Black-Eyed Sally's, Hartford, CT  
10 - Marinelli's, Burlington, CT

17 - Main Pub, Manchester, CT

## SUNDAY GRAVY

23 - Blackwater Tavern, Exeter, RI  
24 - Perks & Corks, Westerly, RI

## UNCLE RUCKUS

17 - Casey's Lounge, Groton, CT

## VERTIGO

10 - Dogwatch Cafe, Stonington, CT  
24 - 252 Club, Norwich, CT

## VINCE THOMPSON & FRIENDS

1 - Tamarack Lodge, Voluntown, CT noon-4  
15 - Steak Loft, Mystic, CT 7-10  
24 - Tamarack Lodge, Voluntown, CT 7-10

## WILSON KANE

3 - Burke's Tavern, Niantic, CT

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**NIGHT**  
**KARAOKE**  
**WEDNESDAY**  
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 Thurs. 8th - **IZZY & MARCI**  
 Fri. 9th - **BAND OF HUMANS**  
 Thurs. 15th - **TRISHA & RICKY**  
 Fri. 16th - **GENO & JOE SHOW**  
 Fri. 23rd - **KEVIN & HEATHER**  
 Fri. 30th - **2 CAT ZOO**

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Music co-presented with:

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**Saturday, January 31 8pm** Garde Arts Center, New London

Rock and Roll Hall of Famer Jorma Kaukonen, legendary Robben Ford, and rising star Ruthie Foster - returns to the Garde after her appearance with Madeleine Peyroux - to present shades of the blues in this evening of music.

**SOUNDWAVES**

Name: \_\_\_\_\_

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Drawing January 26, 2009 - Winners will be notified by the Garde



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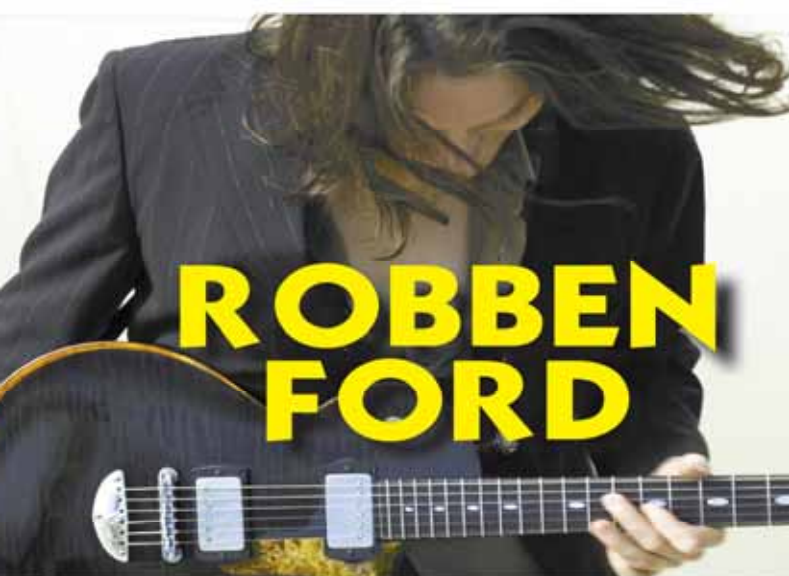
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SOUND WAVES 13



**By Don Sikorski**

Had it not been for guitar legend Michael Bloomfield, Robben Ford might have been visiting the Garde Arts Center in New London, CT as a tenor saxophone player extraordinaire. Instead the accomplished guitarist and musical veteran will join Jorma Kaukonen (of Jefferson Airplane fame) and Ruthie Foster as part of the Guitar Blues tour that will be in New London later this month. Ford also guests on Foster's upcoming CD "The Truth According To Ruthie Foster" set for release in early February. Growing up in a musical family, Ford began playing the saxophone at the age of 10 and picked up the guitar a few years later upon hearing Bloomfield's work with the Paul Butterfield Blues Band. Additionally fueled by the inspirational fires of Hendrix and Clapton that soon followed, Ford was playing music professionally by the age of 18, supporting blues legend Charlie Musselwhite. "Michael Bloomfield was my first real influence for the guitar," reflected Ford on those early years. "And then later, it was Jimi Hendrix, B.B. King....those were really my main early musical influences". Subsequent gigs touring and recording with a diverse cast of top level musicians, including the likes of Jimmy Witherspoon, George Harrison, Joni Mitchell, Bonnie Raitt, Miles Davis, Gregg Allman, and Michael McDonald, each provided chapters for Ford's musical biography, which stands up against the biggest names in the business. On the way, Ford has founded the legendary jazz group "The Yellowjackets", received a total of four Grammy awards nominations, and was named one of the "100 Greatest Guitarists of the 20th Century" by Musician Magazine. Yet Ford continues to perfect his craft, with his recent work cited by many critics and his best work to date, further establishing him as one of today's premier blues guitarists in the world.

"Truth", Ford's 2007 effort on the Concord Records label, yielded one of those Grammy nominations (for Best Contemporary Blues Album) and further exemplified his growth as a guitarist, singer, and songwriter. Although Ford is a long-term veteran in the recording industry, his approach in making the "Truth" record was something unique to him. "This time, I made a couple of trips to Nashville and met some different people," explained Ford. "And that was something that I really enjoyed. It was the

first time that I had really done something like that (collaborated with outside writers)." The results were a terrific blues record with plenty of R&B and soul sprinkled in with a personalized delivery. "Riley B. King", a soulful and jazzy tribute to Ford's guitar hero, is just one of the many examples of the similarities between the two musicians, each of which is best known for their well chosen note selection. Look for more work of this nature from Ford in 2009.

The diversity in Robben Ford's recent work has also demonstrated that his experience has paid long-term dividends as a musician. "I've grown in absolutely every way as a musician," said Ford. "To me, my development as a musician has been an upward and forward development, and I'm very happy about that." When asked how much of a musician's output is the result of hard work versus talent, Ford cites author Malcolm Gladwell's writings as a reference to the value of a commitment to the craft. "He (Gladwell) said that there's this fundamental rule called the 10,000 hour rule," Ford explained. "Sure, you can come into this world with a lot of talent, but it's the 10,000 hours you've spent working that makes it happen. I just saw the interview (with Gladwell) recently. And I thought back, that it was after about 10 years of working at songwriting, I felt like I was finally doing some pretty good work," said Ford. "The 10,000 hour rule; that's roughly about 10 years. And I feel like I've personally experienced that. It's like starting from the beginning".

Ford's affection for jazz saxophone playing has provided the framework for his guitar work. "I listened to a lot of people like John Coltrane, Wayne Shorter, and of course, Miles Davis," said Ford of those influences. His creative blend of blues and jazz and melodic note selection is clearly the result of a diverse musical ear and plenty of years spent perfecting his craft. He advises this same approach for anyone in music today. "Whatever instrument you play, you should listen to people on other instruments," recommends Ford. "If you're a guitarist, don't just listen to guitar players, because you're going to wind up sounding like those people. I listen to a lot of saxophone players. It's a love that I have. I just love the saxophone and how it speaks to me. And the guitar...I love blues guitar players. That's one school. But to do the variety of things I want to do musically, you can't just listen to one style of guitarists. You won't get all of the information you need." Ford, a self-taught guitarist, also listens to a lot of jazz music and piano players. "It gives you a much broader field of influence, instead of being locked into that guitar thing, or locked into that saxophone thing," says Ford of the need for musical diversity and keeping an open ear. "In terms of a career, I would say to always keep your original inspiration. Trust in the music. In short, if you take care of the music, the music will take care of you."

Ford's future plans, in addition to his upcoming tour, include recording a live record in April which would also include some studio tracks. He is also heavily involved in teaching. The Robben Ford Guitar Clinics have continued to grow and be successful and allow Ford to pass along musical creativity and knowledge to others. "It's

something I do roughly every three months or so," explained Ford of the guitar clinics. "It's open to beginning and intermediate students and it's an all day affair," says Ford. "People come literally from all over the world (Ford's Guitar Clinic in January is sold out, but for aspiring six stringers willing to travel, check out [www.rob-benford.com/clinics](http://www.rob-benford.com/clinics) to see information on the March 28th upcoming event). Although the technical aspect of the clinic focuses on musical theory, chord progressions, etc., there's an underlying approach that makes the Robben Ford Guitar Clinic unique. "It's about getting the students to realize that music is a lot more accessible to them than they might think and the fact that it's not as serious as they might think," says Ford. "People can be making music right away. It's not like you have to practice and practice technical things to be able to play and enjoy music. I try to get them to think outside the box and to find the music within themselves."

On January 31st, the Guitar Blues show will take place at the Garde Arts Center in New London, CT as three outstanding musicians will deliver their personalized musical offering of both individual and collaborative efforts. Rock and Roll Hall of Fame member Jorma Kaukonen, founding member of the bands Jefferson Airplane and Hot Tuna, soulful singer Ruthie Foster, and four-time Grammy nominee Robben Ford will perform in a unique area appearance in what promises to be an outstanding evening of music.

Robben Ford will visit the Garde Arts Center in New London, CT evening, January 31st along with very special guests Jorma Kaukonen and Ruthie Foster. Check out [www.gardearts.org](http://www.gardearts.org) for ticket information.

#### ROBBEN FORD DISCOGRAPHY:

- Discovering The Blues (1972)
- The Charles Ford Band (1972)
- Miles Of Aisles (1974)
- Tom Cat (1974)
- Schizophonic (1976)
- Jimmy Witherspoon & Robben Ford Live (1976)
- The Inside Story (1979)
- Yellowjackets (1980)
- Reunion Live (1984)
- Talk to Your Daughter (1988)
- Robben Ford & the Blue Line (1992)
- Mystic Mile (1993)
- Handful Of Blues (1995)
- Blues Connotation (1996)
- Tiger Walk (1997)
- Blues Collection (1997)
- The Authorized Bootleg (1998)
- Supernatural (1999)
- Sunrise (1999)
- A Tribute To Paul Butterfield (2001)
- Anthology: The Early Years (2001)
- Blue Moon (2002)
- Keep on Running (2003)
- City Life (2006)
- Truth (2007)

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& Monty McInahan

Sat. 17th - **TBA**

Fri. 23rd - **DEAD TO RISE**  
BCHH - Uncle Flatty

Sat. 24th - **TBA**

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## Bar Fly Journals Continued

What a fabulous time with family. I strongly recommend the RIVERWALK RESTAURANT which is open 7 days a week.....for lunch and dinner with a Happy Hour Mon-Fri 3:00-6:00 with drink specials and free wings and they also offer Wine Tastings every Tuesday!

I must also tell you about the festive Christmas Party my husband and I went to recently. It was at the Bradford Club on Woody Hill Road in Bradford. Rocky Harkness and his wife, Jane invited us, as they have in the past. It was set for about 150 people and about 200 showed up. There were people crammed into every crevice of the place. The food was fabulous, a steamship round (or 3?) by Smitty, a tower of soupy like I've never seen before, I mean TOWER.....uh...let's see...meatballs, chicken, salad...just fabulous. Jane Harkness is a fabulous hostess, working the room like a pro, she says hello and visits with everyone... and Rocky, well, you know Rocky(?)....just a great, generous guy.....The entertainment was Brian Bailey....DJing as Premier Entertainment(I think)....nice job!! Saw many people that we all know, and it was just an all-around good time, no dancing though, which is my New Year's Resolution.....(see below)

O.K. my Christmas Tree is gone....Shawn Record Time....10:45 a.m. Christmas Morn...every last vestige of Christmas, save the multitude of my son's gifts, is gone..... There is no sign that only last night my entire family(well.... maybe not entire, but many may understand why)was here.... celebrating the Holidays together. We had a blast watching Cliffie do his Camp Rowe dance and discussing Dean and Sam's plans for the future when Zack gets a little brother or sister and I become a Great Aunt. Also, Dean and Sam wanted to name my BARFLY fan club "my maggots", but I explained that I didn't think Shirl would like that. (They are a little more hardcore than us, Shirl) My son Michael, is working at Mount Snow so, he missed the fun, but will be home soon.....All my parent's were there....visiting with their grandchildren and my doggie granddaughter Zoe also came for an unappreciated (at least by Lola) visit.

It's a New Year and my Resolution will be to try to live each day to the fullest, appreciate my family, become a little more of an actual Bar Fly so I can deliver some more interesting articles and dance!!! I expect the same out of all of you!!! Email me with suggestions at BARFLY2U2@yahoo.com and I will answer all of you..Ciao for now and see you out in '09!!



16 SOUND WAVES

## The Best in Blues 2008

2008 was an excellent year for blues music. Some of the greatest musicians in the history of this genre had some of their best releases ever. Don Sikorski and I agreed on BB and Buddy and Don told me that Taj just missed his top ten. I think Don needs to give Taj another listen! And to be fair I'll be sure to check out the new Joe Bonamassa as well. With that said here are our lists of the best blues records of the past year.

### Bill's List

1. **Taj Mahal** "Maestro" Head's Up International
2. **B.B. King** "One Kind Favor" Geffen Records
3. **Kenny Neal** "Let Life Flow" Blind Pig Records
4. **Buddy Guy** "Skin Deep" Silvertone Records
5. **Michael Burks** "Iron Man" Alligator Records
6. **Maria Muldaur & Women's Voices for Peace** "Yes We Can" Telarc International
7. **Vance Kelly** "Blue Bird" Wolf Records
8. **Clarence Spady** "Just Between Us" Severn Records
9. **Joe Louis Walker** "Witness to the Blues" Stony Plain Records
10. **Rory Block** "Blues Walkin' Like a Man - A Tribute to Son House" Stony Plain Records

### Don's List

1. **Joe Bonamassa** "Live From Nowhere in Particular" Premier Artists
2. **Buddy Guy** "Skin Deep" Silvertone Records
3. **B.B. King** "One Kind Favor" Geffen Records
4. **Albert Cummings** "Feel So Good (Live)" Blind Pig Records
5. **Susan Tedeschi** "Back to the River" Verve Record Group
6. **Sonny Landreth** "From the Reach" Landfall Records
7. **Chris Duarte** "Vantage Point" Shrapnel Records
8. **Walter Trout** "The Outsider" Provogue Records
9. **Gary Moore** "Bad for My Baby" Eagle Records
10. **Lil' Ed & the Blues Imperials** "Full Tilt" Alligator Records

Don and I would like to dedicate this year's top ten lists to the memory of Sean Costello. We would also like to wish all Sound Waves readers a very happy new year.

- Bill Harriman

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## SOUPS

|                              |                    |
|------------------------------|--------------------|
| Soup of the Day              | Cup 2.25 Bowl 3.25 |
| Baked 3 Onion Soup Au Gratin | 4.50               |

## APPETIZERS

|                                                                                                                                  |           |
|----------------------------------------------------------------------------------------------------------------------------------|-----------|
| Lump Crab Cakes on Mesclun Greens<br>with a fresh lemon Beurre Blanc                                                             | 10.95     |
| Fresh Tomato & Prosciutto Frazene<br>with roasted garlic, red onions, fresh basil<br>and olive oil with gorgonzola marsala cream | 8.95      |
| Fried Lemon Peppered Calamari<br>with Hot vinegar peppers, and garlic basil butter sauce                                         | 8.95      |
| Add Guytanno's Red sauce                                                                                                         | 9.95      |
| Jumbo Shrimp Cocktail<br>with wasabi bloody mary cocktail sauce                                                                  | each 2.50 |
| Vegetable Spring Rolls<br>served with sweet chili sauce                                                                          | 7.95      |

## SALADS

|                                                                                                                                                                   |           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Guytanno's Salad<br>Mesclun greens, pears, sun-dried cranberries pistachios,<br>plum tomatoes, crumbled gorgonzola cheese<br>with raspberry grapeseed vinaigrette | 7.95      |
| Grilled Asian Marinated Duck Salad<br>Baby spinach, spiced pecans, bean sprouts, dressed<br>with spicy chili soy vinaigrette                                      | 9.95      |
| Classic Caesar Salad<br>Anchovy balsamic Dijon vinaigrette, garlic herb crouton,<br>Pecorino romano                                                               | 7.95      |
| Appetizer portion                                                                                                                                                 | 5.95      |
| Add Chicken                                                                                                                                                       | 3.25      |
| Add Grilled Cajun Shrimp                                                                                                                                          | each 2.50 |
| Add Steak                                                                                                                                                         | 5.00      |
| Classic Spinach Salad<br>Baby spinach with mushrooms, red onions, red cabbage,<br>hard boiled egg, feta cheese, warm bacon vinaigrette                            | 9.95      |
| House Salad<br>Mixed greens, beets, plum tomatoes, fresh garden vegetables,<br>herb croutons                                                                      | 2.95      |
| Choice of Salad Dressing                                                                                                                                          |           |
| -Parmesan Peppercorn - Chunky Blue Cheese                                                                                                                         |           |
| - Balsamic Vinaigrette - Spicy Chili Soy Vinaigrette                                                                                                              |           |

## ENTREES

|                                                                                                                               |       |
|-------------------------------------------------------------------------------------------------------------------------------|-------|
| Seafood Stuffed Scrod<br>with lemon white wine butter                                                                         | 16.95 |
| Crab Stuffed Sea Scallops<br>with Gruyere cheese & sherry butter sauce                                                        | 17.95 |
| Baked Filet of Sole<br>stuffed with shrimp, spinach, julienne vegetables &<br>citrus buerre blanc                             | 16.95 |
| Catch of the Day                                                                                                              | \$PTM |
| Ginger Macadamia Nut Crusted Tuna<br>served with Soba noodles, julienne vegetables and a<br>pineapple wasabi teriyaki drizzle | 17.95 |
| Grilled 20oz Porterhouse Steak                                                                                                | \$PTM |
| Grilled 12oz New York Sirloin<br>with smoked apple bacon gorgonzola cream & port wine<br>reduction or black pepper seasoned   | 18.95 |
| Statler Breast of Chicken Du Jour                                                                                             | \$PTM |
| Guytanno's Veal Du Jour                                                                                                       | \$PTM |
| Zesty Citrus Chicken Panko<br>with Lemon Beurre Blanc                                                                         | 16.95 |
| Grilled 8oz Filet Mignon<br>with a caramelized onion, prosciutto, roasted red pepper<br>cabernet sauvignon demi glaze         | 23.95 |

## PASTA

|                                                                                                                                                                          |           |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Fettucini with Chicken<br>with almonds, broccoli, Alfredo sauce                                                                                                          | 12.95     |
| Sauteed Grilled Chicken & Prosciutto<br>with baby portobello mushrooms, pine nuts, plum tomatoes<br>fresh rosemary, & marsala demi glaze cream over penne pasta          | 15.95     |
| Linguini Aglio Olio<br>sauteed with garlic, crushed red pepper, extra virgin olive oil<br>& Pecorino Romano cheese                                                       | 9.95      |
| Add Chicken                                                                                                                                                              | 13.25     |
| Add Shrimp                                                                                                                                                               | each 2.50 |
| Add Sauteed Calamari                                                                                                                                                     | 14.95     |
| Baked Filet of Sole<br>stuffed with shrimp, spinach, julienne vegetables &<br>citrus buerre blanc                                                                        | 16.95     |
| Sauteed Lobster<br>Plum tomatoes, scallions, white wine, Tomalley basil<br>butter sauce over fettucine                                                                   | 19.95     |
| Seafood Pasta<br>Jumbo shrimp, scallops, calamari, with baby spinach, fresh<br>tarragon, tomato parmesan cream sauce, or Guytanno's red<br>sauce, over Tagliatella pasta | 18.95     |
| Italian Sausage<br>with marinated broccoli rabe, hot vinegar peppers in a<br>spicy tomato sauce over linguini                                                            | 15.95     |

Entrees served with potato du jour or hot & spicy  
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## LUNCH

A Sample of Our Lunch Menu

|                                                                            |                 |
|----------------------------------------------------------------------------|-----------------|
| Blackened Blue Burger<br>Cajun Spiced with Apple smoked bacon & Gorgonzola | 8.95            |
| Guytanno Burger<br>8oz fresh ground beef grilled to order                  | 7.95            |
| Grilled Chicken Sandwich<br>Blackened or Teriyaki style                    | 7.95<br>add 50¢ |
| Quiche of the Day                                                          | 7.95            |
| Lobster & Avocado Club Sandwich                                            | 12.95           |
| Open Faced Steak Sandwich                                                  | 10.95           |

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Sat. 3rd - **WILSON & KANE**

Fri. 9th - **ROCK & SOUL REVIEW**

Happy Hour (5-8) - **SMOKE BUBBLES BAND**

Sat. 10th - **THE 1800 BAND**

Fri. 16th - **TBA**

Happy Hour (5-8) - **EXIT 72**

Sat. 17th - **DJ BOBBY M.** 8-11

Fri. 23rd - **DOUBLE FISTED**

Happy Hour (5-8) - **SMOKE BUBBLES BAND**

Sat. 24th - **DJ BOBBY M.** 8-11

Fri. 30th - **JAY DEMPSEY  
& HIGHWAY CALL**

Sat. 31st - **DJ BOBBY M.** 8-11

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