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Sound Waves

Volume 20
Issue 11
August 2010

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CONCERT INFO
BAND LISTINGS
REVIEWS
& MORE

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Interview
with

LEVON HELM

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Guide
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2010

20 Year Anniversary Issue

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INSIDE THE WAVE

Concert Dates	pg. 7
Bar Fly Journals	pg. 8
Music Notes	pg. 10
Band Dates	pg. 12
Cover Story	pg. 18
Stan Back	pg. 21
Going For A Cruise	pg. 24
Hearing Aid	pg. 28
Classifieds	pg. 29



MAILBAG

Dear Readers,

Sound Waves Magazine is celebrating 20 years of publication this month! When they say time flies, they aren't kidding. It certainly doesn't seem like 20 years have past. About the only things I noticed on the time is a little less hair and a lot more grey. And those pants from 20 years ago definitely don't fit!

There are a many things that I am proud about the magazine. First and foremost is that Sound Waves has remained a free publication. This would not have been possible if it wasn't for the support of our readers & advertisers. Thank You! Specially to **Stash's Cafe** who has ran an ad in Sound Waves every month since the very first issue!

Secondly, the people involved with Sound Waves. Many have been with us for 15 years or more. **Mark Gould** is one of those people (check out the before and after picture in his monthly column). When he first started writing for me he had just acquired his lawyer's degree. Now he is a CT Superior Court Judge! Then there is **Bill Harriman**, who has become an excellent writer and is a major force in getting the interviews for the magazine. And least not to forget is **Ed Roach** and **Steve Miller**. Ed was with me from day one. His support helped the magazine get through the rough times and beyond. Ed just retired to SC this year. Steve Miller is also semi-retired in Hawaii. Steve was there in the beginning, helping me deliver the magazine no matter what the weather. Outside of the writers, the magazine was Ed, Steve and myself. Thank you everyone!

And as always

Till Next Month

David L. Pottie - Editor/Publisher

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MADD.



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Summertime means
sun and fun. Before
you include alcohol in
your plans, please
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may save your summer
and your life

Sound

Waves

August 2010
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The "Hippie With Brains"

By Mark T. Gould

Truth be told, this being the E-mail-Instant Message-Facebook age, I've only had the honor and pleasure of being in Sound Waves editor, publisher and founder David Pottie's presence a mere one time. Now, you might think, given this is the magazine's 20th anniversary, that makes me a pretty poor friend, not to mention colleague, but I think I've got a pretty good bead on him, although it was my wife who put the stamp on it.

David and I met at the magazine's 10th anniversary party in Niantic. I'd been writing for him for more than five years at that point, first penning a legal column for musicians, and then morphing into my current gig as a columnist, interviewer and reviewer. We met at the bar, grabbed a few beers, I introduced him to my wife, and we all chatted the night away.

From the moment, I met him, I knew I had found a kindred spirit, a person who cared about our hometown, Mystic; our music, rock and roll, and all it stands for; and, while he certainly knew how to have fun, he had a great business sense and aura about him.

When we left, I asked my wife, who usually has a great "first read" on people, what she thought of David.

She thought for a minute, smiled, and said "you know, he's a hippie with brains."

For those of us old enough to live and love the wondrous music and its lifestyle that's been backbone of Sound Waves for past two decades, there could not be a better description of David Pottie.

You've heard of the perfect storm, right? Well, all the success of this magazine, which is all the product of David's vision and hard work, came about just as Foxwoods and the Mohegan Sun were helping put southern New England, and specifically, southeastern Connecticut, on the musical map.

For years, fans in our area, including me and probably David, too, had to trek to Providence or Hartford, or, if they were hearty enough, Boston or New York, to see national touring acts. Now, with the casinos starting to pull in the name acts, and the local bar scene still doing its thing, well, Sound Waves was born at the right time.

Right? Well, not so fast. There's David, and his business sense again, with a sobering take on that scenario.

"The casinos have hurt the local bars, which are my advertisers. Thus, it has hurt my income," he said when we chatted recently about the history and legacy of his magazine. "When people go to the casinos, they generally stay there, so the locals suffer as a result."

"Back then, the local venues had one good night a weekend," he added. "Now many are hoping for one a month. And, the casinos used to advertise with me, but now they've cut back their local advertising, and (have gone) elsewhere."

But, the "Hippie With Brains" naturally figured out a way to deal with that, and keep Sound Waves viable, fresh and relevant.

"Luckily, Sound Waves has been around awhile," he said. "People know it and read it. There are a few advertisers that have been advertising in Sound Waves for all 20 years."

"Then, there are some venues that say 'there are too many ads' and don't advertise. My response is that Sound Waves is an entertainment guide. Do you complain that the TV Guide has too many TV listings? People pick up the magazine to find out what is going on, and read the very good columns/interviews we do have."

Like my wife said, the man has brains.

How did it all come about? Well, I'll let David tell the story, which starts with an idea, ruminates over a beer, and germinates with seed money from a friend.

"In the 80's, I ran a news service business for all the networks worldwide covering Southeastern Connecticut, sub launches, area news, weather, etc," he recalled. "It was very interesting work; I met three Presidents and various celebrities."

"Well, there was a concert I wanted to see, Bob Dylan and the Grateful Dead, so I asked for a press pass. They gave me a photo pass as well, and, it being a concert, I wasn't about to carry around a few thousand dollars worth of video gear, which, back then, was heavy and bulky. So I brought a camera instead."

"From that, it seemed I had an eye for taking concert pictures. Some of them were bought by an agency, and, from that point, I was hooked," he remembered. "I sold the video gear and invested in photo equipment. Some magazines, Rolling Stone, Guitar Player, to name a couple, started to buy my photos. I would say I shot over 300 concerts, and had my photos published around the world."

"I also covered a lot of the local music scene, and had photos in the area music magazine back then called 'Rock Fax,' he added. "When they stopped publishing, a few people were saying I should start a magazine. It was an intriguing idea, but I wasn't really interested."

"Then, one day at the old Island House (now Sandy's Lighthouse in Misquamicut), the owner, Rick Morrone, came over to me, bought us both a round and handed me a check and said start a magazine. The rest is history, as they say."

The magazine name, he said, also came about during another bout of libation.

"The name 'Sound Waves' was created while drinking beers with a few friends at the Daniel Packer Inn," he remembered. "We were thinking about something to do with Long Island Sound."

"Then, I came up with Sound Waves and the sea shell as the logo. Sound Waves meaning the Long Island Sound area, but also meaning the sound waves as on an oscilloscope. And you hold a shell to your ear to hear the sound of the waves."

Need I say it again? Brains.

Although his timing was arguably exquisite, David said that Sound Waves, like any business, has had to weather its share of economic storms. Yet, like the good businessman, and music lover, that he is, he's always trying out new ideas and better ways to get the magazine out to its

Continued Page 22

SOUND WAVES 5

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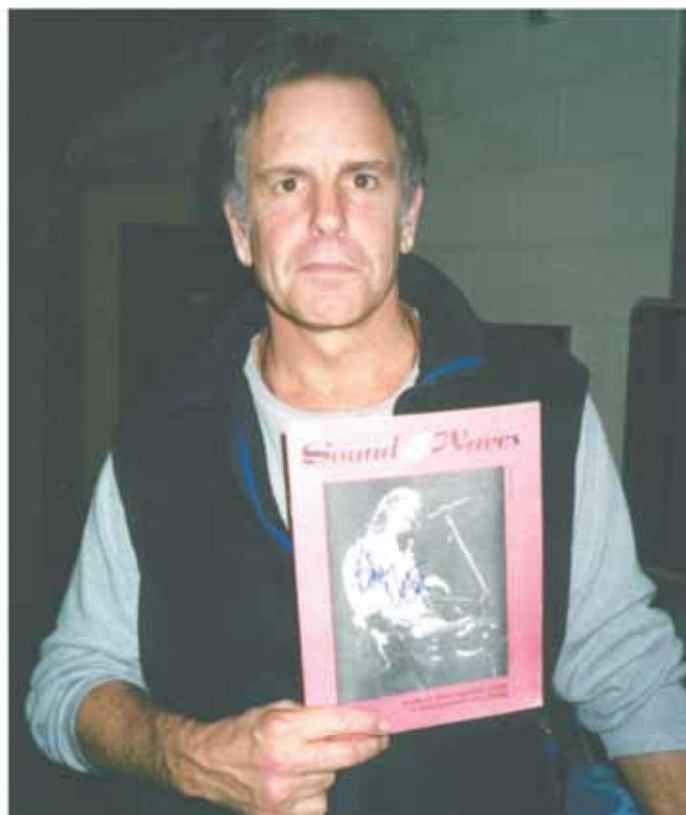
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Bob Weir holding the very 1st issue of Sound Waves Magazine with him on the cover.
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17 - Lupo's, Providence, RI

The Beach Boys

6 - MGM Grand, Mashantucket, CT

Blood, Sweat & Tears

13 - Wolf Den, Uncasville, CT

The Black Eyed Peas

6 - XL Center, Hartford, CT

Brooks & Dunn

14 - Comcast Theatre, Hartford, CT

Counting Crows

13 - MGM Grand, Mashantucket, CT

David Cassidy

20 - Mohegan Sun, Uncasville, CT

Green Day

12 - Comcast Theatre, Hartford, CT

John Mayer

7 - Comcast Theatre, Hartford, CT

KISS

19 - Mohegan Sun, Uncasville, CT

Ozzy Osbourne

21 - Comcast Theatre, Hartford, CT

Rihanna

11 - Mohegan Sun, Uncasville, CT

Rob Thomas

24 - Mohegan Sun, Uncasville, CT

Shemekia Copeland

24 - Wolf Den, Uncasville, CT

Stevie Nicks

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17 - Comcast Theatre, Hartford, CT



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BAR FLY JOURNALS

By Stephanie Shawn



Hello, my Sweet BarFlies.....
Wow.. SOUNDWAVES
MAGAZINE is celebrating
20 years of Local Entertainment
News this month and
has asked me to come up with
some interesting things from
20 years ago to tell you about.
Crap...20 years ago?? Some
things may have been a teeny
bbiittt bbluuurrry.

I'll tell you what I do
remember...I remember the

clothes and I didn't like them! . Even when I was wearing a supposedly stylish outfit, for example a striped boat neck top, high-waisted skinny jeans with zippers up the back of my ankles, scrunchy socks and hi-top Reeboks with a banana clip in my heavily AquaNetted High Hair..I wasn't feelin' it. Hammer pants, mom jeans, gigantic shoulder pads...uggg. So happy to have made it into the twenty-first century.

And please God, don't even get me started on the hair.... Everyone had a mullet...me(oh yes, i was a mullet queen), Dave the Editor, Mark Gould ...even the cops on COPS had mullets...It was horrible. Business in the front? Party in the Back? My ass...we looked like we had spent hours in a wind tunnel. Eventually I became known as the mullet remover, wacking the "party in the back" off of anyone foolish enough to sit in my chair with that 'do!

Yuck...where were the people in charge? Who allowed us to walk around for an entire decade lookin' like complete morons? It's kinda like those dopes who walk around with their pants hanging' off their asses. Trust me guys, it's just like the mullet. Some day you are gonna look back at pix of yourself and cringe in horror!

I'll tell you what, even though most of us walked around looking and acting like extras on MIAMI VICE, there were some Good Things going on 20 years ago... Music in the late 80's and early 90's was really changing. From the hair bands of the late 80's like POISON and TWISTED SISTER, we headed toward NIRVANA and PEARL JAM. Also Hip/Hop really started taking a hold... including the infamous showing of PUBLIC ENEMY at the WINDJAMMER stirring up alot of local controversy.

Of course, I'm happy to have become a Mom and so proud of my kids. I have come to really enjoy my life and the people in it(well, most of them). But..Regrets? OH Yeah...I have a few....but you know what ol' Blue Eyes said..."I Did It My Way".....and I guess it's called "a life well lived".

But Oh...what a busy Fly I've been this month! I cannot

even begin to remember everything that I've done, but here are some highlights... went on two Poker Runs this month, because everyone has been behaving so well! We made it to the BULKELEY HOUSE, BROOKSIDE CAFE (for a tube-top removing ride on the bull), CLYDESDALES, WINDJAMMER (where we watched Phil reel in a BigOne!) and LEGENDS in Hope Valley.

Keep Up the Good Behavior, Boys and Girls and we may have another one on August 12. The route will be UNCLE CRANKYS, DOTS CAFE and BROWN DERBY before we head back to the HANDLEBAR CAFE for your Happy Ending! Congratulations to Erin, our last Big Winner!

I've heard a sweet, little rumor that RON DRAGO has been wowing the crowd at the WINDJAMMER down in Misquamicut, with his Frank Zappa songs and I can't wait to catch him there. KEVIN MANZELLA has been performing at VOODOO GRILL on some Thursdays, check your SOUNDWAVES MAGAZINE for future dates. Also SOULSHOT had a CD party at the KNICKERBOCKER CAFE and will be playing at both the NEWPORT REG-GAE FESTIVAL and the WINDJAMMER on August 14. Wow...busy, busy, busy!

Last month of Summer..Can you believe it?? Make the most of it, people. I zipped down to the ANDREA HOTEL for dinner recently and had a fabulous time. The ANDREA in Misquamicut is a perfect place to bring a date for a delicious meal, celebrate a birthday with a group or show up late night to dance with the in-crowd on the dance floor. It's a blast, especially if you're trying some of their jello-shots offered by their beautiful shot girls.

O.K. finally made it to "Tini's at the Top" at the HILLTOP CAFE in Westerly. Had a delectable chocolate martini made by the Oh So Sweet Melissa and chatted with her fanclub. My freakin' friend Janie and I spotted many friends at the Top including handsome Willy Barber, Tami, beautiful Brookie (wearing an awesome pair of shoes) which she then switched with fabulous Juli. They are now Shoe Partners for Life! It was a great time!

Sweet Jane and I then headed to KNICKERBOCKER CAFE for the 20 Year Anniversary Party for SOUNDWAVES MAGAZINE. What a Blast! Everyone who is

Continued Page 15

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Oh, what an amazing season!



The Quarrymen & Nowhere Boy

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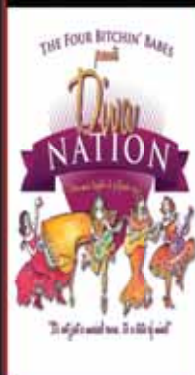
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MUSIC NOTES

Authority Never Won

By Mark T. Gould



"If a song you wrote can actually become part of the fabric of the listener's life, that's as much as you can hope for..... that's as good as it gets."



"This getting older ain't for cowards."

---John Mellencamp

Passion. That's what comes to mind when I think about the incredible career and legacy of John Mellencamp.

Passion. When he fought back against being pushed, prodded and manipulated as "Johnny Cougar" early in his career.

Passion. When, despite all that irrelevant distraction, he soared through "Hurts So Good," his first major hit.

Passion. When, soon after, he simultaneously placed both his given surname and his personal stamp of Americana on his, and our, music and destiny.

Passion. When he flicked away his half-drawn cigarettes at the beginning of his concerts.

Passion. When he added a hip-hop element to his Appalachian swing.

Passion. When he sold one of consistently noble and righteous songs about his country for an automobile commercial.

Passion. When his band members and he adorned Midwestern town greens and street corners just over decade ago, performing timeless acoustic shows for, sometimes, just a handful of fans. "Small Town," indeed.

Passion. When after selling what seemed like a gazillion records, he decided it was not time to sell his soul. And, guess what? In doing so, he sold another gazillion records.

Passion. When he stayed at home in Indiana, and fought, and continues to fight, for family farms and other causes close to him, so much so that there's grassroots swell to get him to run for the U.S. Senate.

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Passion. As he paced around a concert stage, alternating between his anthemic hits, enough of them to fill an entire concert in themselves, with those glorious, poignant, heartrending, yet somehow less conspicuous, but arguably more indispensable, song stories, fables and parables that have served to make us all sit up, take notice, think, and, yes, act.

It is, to my ears, heart and conscience, more those somewhat less noticeable, but yet so vital songs, than the hits that have defined the career, and, of course, the passion of John Mellencamp. And, nowhere is that particular truth more evident, and those songs, those unique, united and meticulous contributions to our American way, more apparent than in his recently released box set, "On The Rural Route 7609," and his upcoming new studio release, the ambitious "No Better Than This."

To me, the box set may be the most detailed, thought-provoking release he's ever done; that is, until you listen to "No Better." As Mellencamp himself has pointed out in numerous interviews about "Rural Route," and, as he explains in Anthony DeCurtis's splendid liner notes and track-by-track lineage therein, most box sets overemphasize a cacophony of hits sprinkled with a semi-teasing handful of unreleased tracks, demos and/or outtakes, most of which, for most recording artists, were, let's be honest now, left unreleased for a reason. That's clearly not how Mellencamp approached this project, and, for that reason alone, it's pretty much setting the standard for what other box sets should represent and present to listeners.

Put it this way, if you're expecting "Jack and Diane," followed by "Hurt So Good," and then "Pink Houses," and "Cherry Bomb," well, then, maybe you just don't get what John Mellencamp is all about.

Sure, it would have been easy for him to just to repack-age the hits, drop an unreleased track here and there, and sell, well, maybe another gazillion records. But, that's not what John Mellencamp's passion for his songs makes him do.

Yes, it's Mellencamp's passion that comes to the forefront of this project. From its name to its rustic packaging to its virtually total acoustic presentation, Mellencamp, yet again, thumbed his artistic nose at corporate convention, and went, for my money, for a much more difficult, yet ultimately rewarding, route. To paraphrase his good friend Neil Young, Mellencamp veered into the ditch and we listeners have a much more intense and interesting ride because of it.

What you will get, then, is that "P" word again. Passion. For me, like many of his fans, I cannot listen to the concurrent pathos and beauty of the stark numbers like the incomparable "Jackie Brown," perhaps the best and most moving song he's ever written; the roughness of the scaled down "Rain on the Scarecrow," the austere acceptance of "Don't Need This Body," the brutal frankness of "To Washington," the possibilities of "Someday," and the clench of his cover of Son House's "Death Letter," just some of the highlights of this thoughtful and thought-provoking collection, without raising a lump in my throat



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Fri. 13th - **TBA**

Thurs. 19th - **PRIVATE STOCK**

Fri. 20th - **KEVIN & HEATHER**

Wed. 25th - **PUDDING**

Thurs. 26th - **SUNDAY GRAVY**

Fri. 27th - **JOHNNY & THE**
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BAND DATES

ADDISON STATION

6 - Main Pub Manchester, CT
7,28 - Windjammer, Misquamicut, RI 1pm
11,25 - Samuel's Tavern, Springfield, MA
12 - Up or on the Rocks, Hartford, CT
13 - Black Sheep, Niantic, CT
14 - Sickenberger, Utica, NY
15 - BandShell, Manchester, CT 1pm
20 - Windjammer, Misquamicut, RI
21 - Sunset Ribs, Waterford, CT
22 - Polish Club, Montville, CT 12pm
22 - Smarty's Pub, Niantic, CT 5:30pm
22 - 85 Maple Ave., Uncasville, CT
27 - Pavilion, Old Lyme, CT 2pm
29 - Harp & Hound, Mystic, CT

ALTER EGO

13 - Windjammer, Westerly, RI
28 - Sandy's Lighthouse, Westerly RI

BAND OF HUMANS DUO

6 - Daniel Packer, Mystic, CT
11,18,25 - Elmridge, Pawcatuck, RI

BOTTOM DRAWER

7 - Yacht Club, Groton LP, CT 6:30pm
19 - Fire Dept, Bethany, CT 6:30pm
20 - Richoni's, Groton, CT
27 - Cafe On Main, Colchester, CT
28 - Sneekers, Groton, CT

BROTHERS McCANN

19 - J. Edwards, N. Stonington, CT

THE CARTELLS

6 - Ocean Beach, New London, CT 7-10pm
9,16,23,30 - Terra Mar, Old Saybrook, CT 5:30
13 - Tamarack, Voluntown, CT 7-10pm
28 - Aspen's, Old Saybrook, CT

DAN STEVENS

6 - DamBluesFest, Damariscotta, ME 10am

12 SOUND WAVES

6 - King Eider's, Damariscotta, ME
7 - DamBluesFest, Damariscotta, ME 1pm
7 - Coveside, S. Bristol, ME
9 - Lake Pemaquid, Damariscotta, ME
10 - Shriners, Boston, MA
11 - Farmers' Market, Manchester, CT 2-6
11,26 - Perks & Corks, Westerly, RI
12 - Perigee, South Lee, MA
13 - Elmridge, Pawcatuck, CT 6pm
14 - RiverWalk, Mystic, CT
15 - Delta Grill, NYC, NY Brunch
18 - Costello's, Noank, CT 6pm
19 - Bullfrog, Williamsport, PA
20 - Union Hotel, Everett, PA
22 - Elk Creek, Millheim, PA 5-7
27 - Angelico's, Glastonbury, CT 6pm
28 - Chamard, Clinton, CT 6pm
29 - Sunday Market, Chester, CT 11am
29 - Lighthouse, Stonington, CT 7pm
30 - Red Lion, Stockbridge, MA

DAN WATSON

3,17,31 - Daniel Packer, Mystic, CT
8,22 - Harp & Hound, Mystic, CT

DOGIE

& THE COWPIE POACHERS

9,16,23,30 - Fastnet Pub, Newport, RI
11,18,25 - Fastnet Pub, Newport, RI

EIGHT TO THE BAR

5 - Park, Cheshire, CT 7-8:30
6 - Narragansett Café, Jamestown, RI
7 - Owenego Inn, Branford, CT 8pm
8 - Fest, Charlestown, RI 1:30-3pm
12 - 1149 Rest., Warwick, RI 8pm
13 - Rte 22 Rest., Stamford, CT
20 - Fest, Milford, CT 7:45-9:15
26 - Sherman Green, Fairfield, CT 7-8:30
27 - Nikki's, Galilee, RI

FULL CIRCLE

7 - Lou's Café, Manville, RI
13 - Sticks Tavern, Chepachet, RI
14 - Worden Pond, Wakefield, RI 7pm
20 - Mulhearn's Pub, E. Providence
21 - Balls, Cranston, RI
27,28 - Cathay Pearl, Swansea, MA

THE GOAT ROPERS

7 - P.A.C.C., Taunton, MA 12-5
12 - Beach Shell, Hampton Beach, NH 7pm
13,27 - V.F.W., Taunton, MA 8pm
14 - Hyline, Onset, MA 8pm
28 - Amer. Legion, Webster, MA 7pm

GOPHERBROKE

6 - Blue Cottage, Branford, CT 6-9

8 - Town Green, Wrentham, MA 6:30-8:30
11 - Town Green, Grafton, MA 6-8
18 - Town Gazebo, N. Scituate, RI 6:30-8:30
20 - McKinnon's, Hartford, CT
25 - Red Lion Inn, Stockbridge, MA
27 - Bidwell Tavern, Coventry, CT
28 - Corey's, Manchester, CT
29 - Mooring, Guilford, CT

GRUNGE DAY

12 - Bleachers, Bristol, CT
14 - DraftHouse, Shelton, CT
19 - Stonebridge Rest., Milford, CT

JAMES HARRIS

5 - Voodoo Grille, Mystic, CT
6 - Elmridge, Pawcatuck, CT 6pm
7 - Perks & Corks, Westerly, RI
8 - J.E. Edwards, N. Stonington, CT 4pm
10,24,31 - Harp & Hound, Mystic, CT
11,14,25,28 - Daniel Packer, Mystic, CT
11,25 - Costello's, Noank, CT, 6pm
13,27 - Stash's, New London, CT 5pm
13 - 84 High Street, Westerly, RI
22 - Windjammer - Westerly, RI 1pm
31 - Pizzetta, Mystic, CT 6:30pm

JAY DEMPSEY

& HIGHWAY CALL

14 - Burkes, Niantic, CT
15 - Washington Park, Groton, CT 4pm
18 - Steak Loft, Mystic, CT 7pm

KEVIN MANZELLA

7 - Ancient Mariner, Mystic, CT
17 - Harp & Hound, Mystic, CT
20 - Voodoo Grill, Mystic, CT
22 - Ancient Mariner, Mystic, CT 4pm

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28 - Dan's Place, W. Greenwich, RI

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14 - Freds, Willimantic, CT

STIX N STONES

21 - Gaslight, Dudley, MA
28 - Music Lady, Central Village, CT

STYFF KITTY

14 - Wood River Inn, Wyoming, RI
21 - Sneekers, Groton, CT

SUCKERPUNCH

21 - Black Sheep, Niantic, CT

SUE MENHART BAND

6 - Gilligan's, Westerly, RI
13 - Cafe on Main, Colchester, CT
14 - Sneakers, Groton, CT

SUGAR

6 - Cityside, Woonsocket, RI
21 - Newport Blues, Newport, RI
27 - Gillary's, Bristol RI
29 - The Exchange, New London, CT

2 CAT ZOO

6 - Exchange Bar, New London, CT 6-9pm
11 - Voodoo Grill, Mystic, CT
21 - Lenny's, Old Lyme, CT 8pm
26 - Cleats, Westerly, RI
28 - Black Sheep, Niantic, CT

VINCE THOMPSON & FRIENDS

6 - Tamarack Lodge, Voluntown, CT 7-10
7 - Olde Mystic Village, Mystic, CT 2-4
7 - Hygienic, New London, CT 7-11
8,29 - Unks on the Bay, Waterford, CT 6-9
15 - Indian Ranch, Webster, MA 12-1:30pm
15 - Voodoo Grill, Mystic, CT 5-8
18 - Beach Park, Waterford, CT 5-8
22 - Tamarack Lodge, Voluntown, CT 3-7

WICKED PEACH

7 - Ballards, Block Island, RI 1-5pm
13,14 - Margaritaville, Uncasville, CT
20 - Exchange Bar, New London, CT
27 - One Pelham E., Newport, RI

WILSON KANE

5,19 - Ancient Mariner, Mystic, CT
6 - Cafe On Main, Colchester, Ct
7 - Bank St. Cafe, New London, CT 8pm
8 - Yacht Club, Westerly, RI 2:30pm
8 - Strawberry Park, Preston, CT 8:30pm
12 - Voodoo Grill, Mystic, CT
14 - Penny Lane, Old Saybrook, CT 7pm
15,29 - Griswold Inn, Essex, CT 7pm
20 - Brown Derby, Uncasville, Ct 8pm
21 - Mews Tavern, Wakefield, RI
22 - Frankie's, Westbrook, CT 2pm
23 - Daniel Packer, Mystic, CT
25 - Whitfields, Guilford, CT 7pm
27 - Hilltop Cafe, Westerly, RI
28 - Blue Cottage, Branford, CT 6pm
29 - Beach Club, Galilee, RI 4pm

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Sat. 28th ~ 2-6

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Bar Fly Journals Continued

Anyone was there, including Dave "the Editor" Pottie and his date the always lovely Ann. CHRIS THOMAS KING was our musical guest and did a fabulous job getting everyone swinging onto the dance floor. (Uh..yeah...still haven't gotten those lessons, people). He did a wonderful job and his encore was phenomenal!

Patty Algieri was the hostess with the mostest and kept everything running smoothly for the crowd. I recommend the Rum Punch offered at the Bar! Deeelish! I met two fabulous gentlemen (one, who made me a promise..I'll let you know about That One next month) Mr. Bill Harriman, provider of our cover stories and Mr. Bob Stack, new friend. A pleasure, guys!

Everyone was there...shoe switchin' Juli, Jimmy(so sorry about your mom), the always handsome Christina Boys, Jimmy and Bobby, extra-hottie Alban, my father John Gavitt, Artie (u can't have a Partie without Artie)Weyant, Paul and Vicky, Pamtastic with her hot date Mike, and some other guy Dream Weaver or something like that. Door-man to the Stars..Super Smooth Jeal. Um....lotsa peeps. Great time! See you in another 10 years!

Wow...what a month! Hope to see you all soon! Just started a BarFly Facebook Page. You will find me under Bar Fly...I know..very original. Please feel free to add your own pix or just check it out! I will try and keep it updated with where I'll be and what's going on in our area. Don't forget though, SOUNDWAVES MAGAZINE has it's own Facebook page to keep you updated on area events and as usual you can always read SOUNDWAVES on-line at swaves.com.

Keep me updated by email or on my Facebook Page with your BarFly Eyes and maybe I'll come visit you! Email me at barfly2u2@yahoo.com . I miss you, my sweet Flies! Ciao for Now!



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LEGENDARY LEVON HELM

70 YEARS YOUNG, SHARES HIS MUSICAL SOUL

By Rex Rutkoski

Get beyond the fertile roots, the history making tenure with Bob Dylan, the acclaimed artistry, and it all may come down to one thing, said Levon Helm.

Perhaps what The Band brought to music, muses the Arkansas native, is a lesson in "the values of being in a band."

It's a difficult road for any musician, concedes Helm, who was vocalist and drummer in one of rock's most hallowed groups, and newcomers to the field should not give up if they believe in themselves. "Just keep playing. They will get better and their music will get better," the multi-instrumentalist, songwriter and producer advised. "We just have to teach ourselves to be happy, that we are blessed with the calling."

That calling for Helm and fellow members of The Band translated into a distinguished legacy in music, one that has gained them admission into the Rock and Roll Hall of Fame. Helm has been called "one of the most soulful vocalists in rock history."

As members of the Hall's Class of '94, they joined the Animals, Duane Eddy, the Grateful Dead, Elton John, John Lennon, Bob Marley and Rod Stewart as the latest inductees.

"The Band presented a mythic, spiritual and historical vision of the country combined with a simultaneous musical embrace of rock and roll, country and western, gospel and all points in between," the Rock Hall of Fame Foundation noted in announcing the induction.

"Where the rest of the late Sixties rock world seemed to be exploding in intensity in terms of volume and strident political messages, The Band turned inwards, somehow making their insularity universal," the Foundation added. Their discography includes 'The Weight' (1968), "The Night They Drove Old Dixie Down" (1969) and 'Up On Cripple Creek' (1969)."

In introducing The Band at the 30th Anniversary Salute to Bob Dylan at Madison Square Garden in 1992, Eric Clapton told the audience that it was the group's 1968 "Music From Big Pink" album that changed his life and the direction of rock music.

"Big Pink" and "The Band" made Rolling Stone magazine's All Time Top 100 Albums List.

Beginning in 1961, this group of four Canadians – Robbie Robertson, Rick Danko, Garth Hudson and Richard Manuel – and Helm backed rockabilly legend Ronnie Hawkins as The Hawks for five years.

In 1965, Bob Dylan asked the musicians to back him on

his world tour – one, say some observers, that would forever change the face of rock'n'roll. They were with Dylan when he shocked the folk world by "going electric."

The Band accompanied Dylan to his home in the Catskill Mountains, where he and they created "Music From Big Pink," "John Wesley Harding" and "The Basement Tapes."

The Band debuted officially in 1969 at San Francisco's Winterland, and was a headliner at the Woodstock Rock Festival that summer. They earned a reputation as the best live group in the world. In January of 1970, they found themselves on the cover of Time Magazine, which heralded their music as having matched the excellence of The Beatles.

Ringo Starr praised Helm as "the greatest drummer."

They recorded their now classic live album, "Rock Of Ages" on New Year's Eve, 1971 and New Year's Day 1972. Martin Scorsese filmed their farewell concert, dubbed "The Last Waltz," on Thanksgiving Day, 1976. It is known in some circles as the greatest concert film ever made.

The Band reunited in 1983 without Robertson. Manuel died in the mid-80's. In 1989, the group was granted the Lifetime Achievement Award at the Juno (the Canadian Grammys) Awards.

As for The Band's place in musical history, Helm said, "I hope we are right there in the orchestra pit."

"We probably captured that particular spotlight after playing with Bob Dylan. There seemed to be some music expected of us, and when we delivered, we enjoyed some good acclaim from it."

The motivation is no different now, Helm insists. "I still like to play. We played some of the biggest shows and some of the smallest. As long as we enjoy it and continue to improve, that's the main ticket for me," he said.

Helm says there always was a difference to the members of The Band between being musicians and being entertainers. "We always saw ourselves more as musicians," he explained. "We were happiest when we were fulltime members of the rhythm section. We enjoyed singing songs, too, but we really liked playing songs. When we got somebody like Bob Dylan or Muddy Waters or Ronnie Hawkins, anybody we could help to make music, we enjoyed that too and felt real comfortable with it."

Helm said he agrees with some of the observations that he heard Garth Hudson suggest about music. "He said 'Music is medicine' and that it is the 'language of heaven.' It's something you just got to keep doing. I'm just proud of showing up with (the Band) and being able to take the crowd for a good musical ride."

Separately, Helm has taken movie goers on an interesting cinematic ride as an actor with movie roles in "The Coal Miner's Daughter," "The Dollmaker" and "The Right Stuff." In his latest effort, the 2007 Tommy Lee Jones' vehicle, "In the Electric Mist," Helm was praised for his portrayal of General John Bell Hood.

Creativity "all comes from home," he reasons. "Everybody plugs into their family and their environment and their higher power."

Levon Helm certainly has done that in his music and his life

Those close to him might suggest that higher power has been smiling on the artist, who underwent what is being referred to as "a near-miraculous recovery" from throat cancer. A decade ago, it was feared he would never sing again. Diagnosed in the late 1990s, he was advised to have his larynx removed.

He opted instead to undergo a long series of radiation treatments. He initially emerged from those sessions only able to speak in a whisper.

In 2007, after overcoming what seemed to be insurmountable odds, Helm released "Dirt Farmer," his first solo recording in 25 years, which went on to win the record industry's highest honor, the Grammy for "Best Traditional Folk Album."

Last summer, he released another solo album, "Electric Dirt," a work again steeped in tradition in his connection to the land and those who live by it, as well as exploring gospel, blues and soul influences. He again received the Grammy, this time in the first-ever category of "Best Americana Album."

So, Levon Helm sings and plays on. Turning 70 May 26, he remarked, report writers Steve Israel and John Desanto, "I can't believe it myself. I feel the same as I did before. I've just been feeling that way a whole lot longer."

New England musician Andrew Herrick, a drummer for Assembly of Dust, said it was an honor to be on the same bill as Helm this summer in New England.

"The Band was so important to North American rock 'n' roll and having, in my opinion, the soul of that group on stage was incredibly special," Herrick said. "Levon, for me, is in many ways the voice and soul of North American rock 'n' roll."

The Band forged a career built on quality music, he reminds. "They were admired by their peers, adored by their fans and above all set the stage as the defining sound of arguably the greatest generation of songwriters this country has celebrated," Herrick added. "Levon as the drummer, and in most cases the lead vocalist, provided an effortless warmth of artistry that was honest and inspiring to anyone who has ever picked up an instrument."

From a drummer's perspective, adds Herrick, "Levon's 'sound' is as important to rock 'n' roll as (the late Jon) Bonham's (of Led Zeppelin)."

Helm believes music is "a sacred thing, not to be taken lightly." At the same time, he added, "you should not be so serious about it that it turns you into a sour puss."

"If music would just take people's minds away from their problems and everyday struggles for as long as the show lasts, then you've done your job. Music gives some relief and it's good for you," he said.

Helm said he is proudest of the people he was able to meet and play with along the way. "I've shook the hands of some real good people all over the world," he said. "I looked at my hand. It shook some good ones."

To learn more about Levon Helm, log on to:
<http://www.levonh Helm.com>



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So happy to have been a part of it all through the years. Don't stop now... we need you!!!**
~ Dan Stevens

**Without music there would be no joy - without Sound Waves there would be no way to know about all the special
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**Dave Pottie and his staff should be congratulated on their perseverance in keeping what has turned out to be
THE source for entertainment news in the area.**



~ Anthony Geraci

**Congrats on 20 years of keeping the music alive in Southern New England.
Hope you do it for another 20!**
~ Mike Crandall & Bandmates

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**Congratulations on 20 years in business.
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Hello everyone at Sound Waves!!

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Bill Harriman has been so supportive of my career.
I wish you guys another 20 (and then some). Good Vibes to ya!!**
Lucy Bonilla

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~ Rose Turdo
Clydesdale Tavern

Congrats to Sound Waves for 20 years of dedication to the local music community, fans and artists alike!!
Jamie Conroy -Sunday Gravy

You've done a great job. I wish you 20 more wonderful years of supporting the music/arts scene! ~ Ms. Marci



STAN BACK!!

BY LARRY NADOLSKY



CONGRATS FOR 20 YEARS SOUNDWAVES

The Hippie With Brains Continued

readers.

"It has had its ups and downs," he said. "The first few years were rough when it came to paying the bills. Things have improved due to the longevity of the magazine and its recognition. At one time, we had subscribers in Guam, England, Netherlands, and even the South Pole."

"At that time, most people were able to see the magazine online when I started the web version in 1997," David said. "Today, the site gets an average of 2400 hits per day, from over 15 countries. These days I can pay most bills on time, but still can't take that faraway vacation."

But, despite the success, he said he still gets nostalgic for the early days.

"When I first started doing the magazine, it was pasted up on a board, and then I brought that board to the printers. Then, we'd deliver it, place to place, hand by hand, in our old cars," he said. "Then, it was CDs and Zip drives. Now it's put into a PDF format and uploaded to the printers."

"It's easier now, but at the same time I sort of miss the personal interaction with the printer."

And, as he always has, David still has more and more ideas, and more dreams, for Sound Waves.

"My dream interview.....Mick Jagger," he said. "I have always been a Rolling Stones fan. My first album was 'December's Children' from the early 60's. The Stones are Rock N Roll! Hell, I still consider Aerosmith the young upstarts."

"As for the interview that I would of considered the pinnacle of the magazine, that would have to be Frank Zappa," he said. "To me, he was the ultimate musician. He was very talented musically, but he was also a very intelligent man and I would have loved to have talked to him."

And, for the next 20 years?

"Time will tell. It's a competitive market. This year my friend and top sales person - Ed Roach - retired to South Carolina. He was with me from day one. Ed is a hard person to replace," he said. "At the same time, the people that are involved with Sound Waves have been with the magazine for years and that has to say something."

Indeed, it says an awful lot about the loyalty of friends, colleagues, writers, and even an occasional drinking buddy, but it says even more about David Pottie, the "Hippie With Brains."



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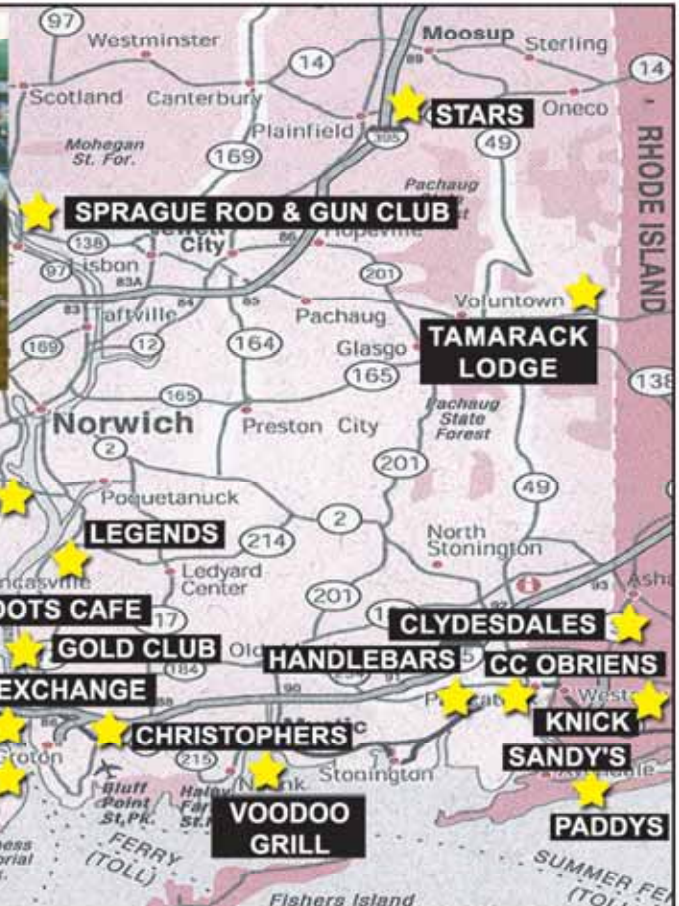
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If you're like me, you wade through every episode of the popular television series "CSI" waiting for an appearance by Robert David Hall, whose character, Dr. Al Robbins, the department coroner, has consistently lent an air of scholarship, culture and sophistication, as well as the occasional lighter side, to the show's sometimes sordid storytelling.

While it's clear every minute that Hall's Dr. Robbins is on screen that viewers are in the presence of significant acting talent, what most, if not all of us, did not know is that he's also a very talented songwriter, singer and guitarist.

Originally a self-professed rock and roller way before his prodigious acting talents surfaced, "School," in many ways decades in the making, reveals the confidence, care for detail, and restrained swagger that "CSI" fans have seen in Hall for years.

Recorded in Austin, and accompanied by some of the best players in the country, including former Loggins & Messina drummer Merel Bregante and dobro player extraordinaire Cindy Cashdollar, "School" is a beautiful work, consisting of 12 different yet similar songs, nine of which Hall wrote or co-wrote, that display the humor, depth and insight that has always been revealed in his acting.

Whether it's the optimism expressed in "Kick It to the Side of the Road," the street-wise reality of the title track, the humor of "I Feel Like Hank Williams Tonight," the grit and guts of "(Keep On) Pushin' Through," or the plaintive resignation of his down-to-earth cover of the blues standard "Sittin' On Top Of the World," the immensely talented Hall shows he's got a brilliant musical future if he ever decides to give up his day job.

1/2

- Mark T. Gould

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Music Notes Continued

and catching a tear in my eye, all the while refocusing, rejoicing and reacting to our potential and possibilities as a people, all within the forthright jubilation that someone like John Mellencamp cares enough about us, and himself, to write, rediscover and cover these astonishing works.

And, if this box tour-de-force isn't enough, we also have "No Better," a collection of 13 brilliant new songs that, naturally, pits Mellencamp's scaled down approach against contemporary, state of the art recording technology. Faced with and wholly rejecting a more modern approach, he, instead, bequeaths us a mono recording, produced by T-Bone Burnett, recorded on a 55-year-old tape machine over only two weeks, in the legendary Sun Studio in Memphis, First African Baptist Church in Savannah and Room 414 of the Gunter Hotel in San Antonio, the last location where another Americana pioneer, Robert Johnson, once recorded.

In many ways, as both the box set and new release aptly reveal, John Mellencamp may well be this generation's Woody Guthrie, singing and writing songs about responsibility, maturity and owning up to our place in society, in ways that other great writers and performers, for one reason or another, can only hope to do.

You may not always agree with what John Mellencamp has to say. At times, I certainly don't, but he's always had the guts, the nerve, and, yes, the passion, to get the debate going and get us off our collective asses to do something.

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