

Sound Waves



Volume 24
Issue 6
March 2014

**DAMON FOWLER
TINSLEY ELLIS
MYSTIC HORNS
REGINA CARTER
CLUB LISTINGS
RESTAURANTS
CONCERT INFO
BAND LISTINGS
REVIEWS
& MORE**

**An
Interview
with**

**KEB
MO'**

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PHOTO BY ANDREA LUCERO

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In the Oasis Room

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In the Oasis Room

KATHY KOSINS & JOHN di MARTINO

Thursday, April 24, 2014 | 7:30 pm

An evening of jazz with ASCAP award-winning songwriter and vocalist Kathy Kosins and the Grammy-nominated pianist John di Martino. Sponsored in part by the Jazz@Garde Community Fund.



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Photos: Cathy Yuhas

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Saturday March 15
CEDRICK MAYFIELD "Epitome"

Friday March 21
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Saturday March 22
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Friday March 28
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Saturday April 5 - **Roy Assaf Trio**

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INSIDE THE WAVE

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photo by Karsten Koch



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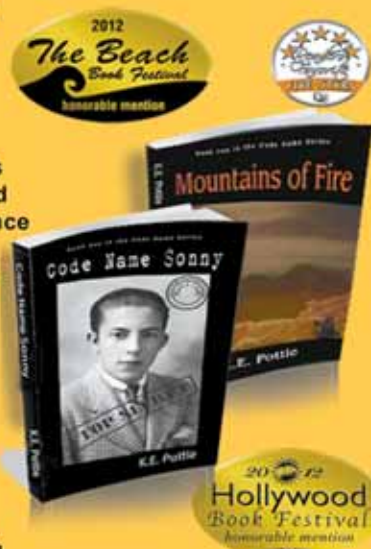
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March 17th
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ST. PADDY'S PARADE DAY
Sunday
March 23rd
Voodoo Party!

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Fri

7 PIRATES FOR PEACE

14 MARCY KELLY TRIO

21 ADDISON STATION

28 CROW'S TOES

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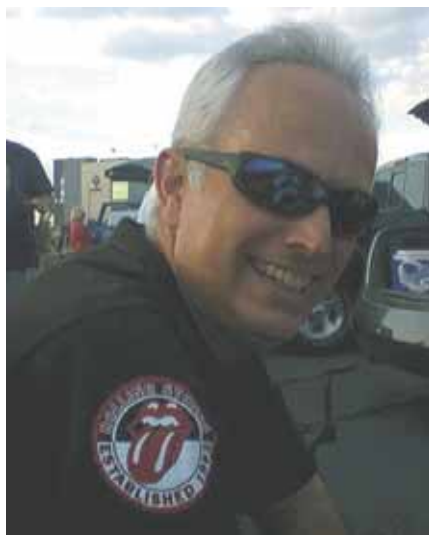
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MUSIC NOTES



““One.Two. One. Two. Now ‘Hear’s’ Where It’s At”: Al Kooper Gives Michael Bloomfield His Due”

By Mark T. Gould

Michael Bloomfield would probably roll over in his much-too-early grave if he was called a “guitar God.”

By most accounts, he was an unassuming Midwesterner who wanted to, and arguably did, lead a bluesman’s life, free from his family’s money and his perceived hang ups of fame.

When the names of the great Sixties guitarists are listed, Hendrix, Clapton, Beck, King(s), etc., Bloomfield’s name is always missing, or near the end, seemingly as an afterthought. And, judging from what I’ve read about him and his disdain of the limelight, he may not have wanted it any other way.

But, make no mistake about it. Michael Bloomfield was one of the most important and best guitarists of his era, or of pretty much any other era, too.

And, now, finally, some 33 years after his tragic death, he is finally getting his due, thanks to a close friend, not to mention an incredibly and ironically underrated musician in his own right, the multi-talented Al Kooper.

Last month, in celebration of Bloomfield’s 70th birthday, Sony Legacy released a stunning three CD/one DVD tour de force box set, compiled and produced by Kooper, “From His Head to His Heart to His Hands,” that breathtakingly shows the breadth and depth of this incredible player.

Many years in the making, the box set is an absolute triumph, showcasing Bloomfield’s career from his early demos for John Hammond at Columbia Records, his soaring electric playing with the criminally underrated (do you detect a theme running through this?) Electric Flag; his studio and live work with Kooper on the perhaps more familiar and commercial “Super Session” and “Live Adventures” projects; backing Muddy Waters and Janis Joplin in the studio and on stage; and, later in his career, his extremely underrated acoustic guitar playing, marked by a cutting sense of humor.

On his web site, Kooper kept both Bloomfield and his fans updated regarding the status of the project, which, he said, took some time to complete.

“Years ago, I attempted to do this twice with Sony, and it never came to

full fruition either time,” Kooper said in an interview, ironically on his 70th birthday. “So, a year ago, they asked again and I tried one more time and actually completed it after a year’s amount of work.

“(I) went over every possible inclusion, and what remained is what we used,” he added.

The selections, which showcase Bloomfield’s fluid, “less is more” style of playing both electric and acoustic blues, are testimony to his decision, as a teenager, to turn his back on his family’s wealth, instead spending his time roaming the South Side blues clubs of his native Chicago, learning his craft from the masters like Muddy Waters, Howlin’ Wolf, and others, as he went along his journey.

It was during those jaunts that he met harmonica player Paul Butterfield and guitarist Elvin Bishop, leading to his inclusion in the legendary Paul Butterfield Blues Band. From there, it was session work with the likes of Bob Dylan, meeting and joining Kooper on the studio recording of the seminal “Like A Rolling Stone,” arguably rock’s most famous and important anthem.

Reportedly tired of the constant touring with Butterfield, Bloomfield left the band, and formed his own group, the short-lived, but influential, Electric Flag. As that band imploded, he accepted an invitation from Kooper that ultimately led to Bloomfield’s performances on the classic “Super Session,” and its follow-up, “Live Adventures,” the latter recorded with Kooper at Fillmore West in San Francisco.

“I never heard anyone play that good, and he got better as he got older,” Kooper said.

Following those projects, Kooper and Bloomfield played sporadically over the years, Kooper said.

“We would play together when it was convenient for both of us,” he said.

One of the many treats in the box is the inclusion of Bloomfield’s final live performance, with Bob Dylan at the Warfield Theatre in San Francisco in 1980. Kooper not only included pristine musical track, “The Groom’s Still Waiting at the Altar,” which has been bootlegged in terrible quality for years, but also Dylan’s introductory speech about Bloomfield and his guitar playing. As such, it’s a moving coda to a life and influence that was tragically cut short by Bloomfield’s death less than a year later.

Poignantly, after Bloomfield was so influenced by the elder bluesmen he met on Chicago’s South Side, Kooper hopes the box set will, in turn, expose this generation’s blues players to Bloomfield.

“People our age are surely influenced by Michael Bloomfield,” Kooper said. “Hopefully with the box set, younger ones will start being influenced, too.”





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Fri

7

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21

T-Ray

6pm-9pm

DJ

D-ROCK

28

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SOUND WAVES 7

BAR FLY JOURNALS



By Stephanie Shawn

Hello My Sweet BarFlies...if this Freakin'; Weather doesn't start warming up, I'm gonna have me a Good Ol' Fashioned Breakdown. I need Warmth, I need Sunshine..I need a Change of Location...so I'm heading to Daytona to celebrate Fun in the Sun and Bike Week 2014!

Screeeech...but until then, let's talk about February.

We held our STILETTO AND SPEEDO Costume Event for Young DORIAN MURRAY our Six Year Old Warrior, who spends his days fighting Cancer and all it's malignancy. It was Amazing! So many wonderful local Heroes coming out to support Dorian

in his fight. I would like to issue a huge "Thank You" to All the Supporters. Look to page ? for a "fairly complete" listing of benefactors...but I want to apologize now if we leave anyone out...I'm sorry!

I try to remember as much as my beady leetle brain can fit in and process, but sometimes this quest is fruitless. I am very pleased to say that the Event was a HUGE Success, and it seemed everyone, including DORIAN and his parents, MELISSA and CHRIS, had a Fabulous Time..and I guess that's what really matters.

Springing forward a week, I hit the MYSTIC MARRIOTT for Valentine's



Day with my hubby and friends STEVE and NIKKI, along with lovely JULIE and ROB HOLLAND. The Event was a Benefit for the TERRI BRODEUR CANCER RESEARCH FOUNDATION, based in New London, and entertainment was provided by local band favorite SUGAR.

The room was beautifully decorated with the Shades of Pink Theme, and the Girls in the Band (along with the musicians) were Rockin'! I bought myself a gorgeous red dress and hit the dance floor with both feet, pulling

out my Elaine-like moves for each and every song!

Where Oh Where is a video camera when you need one? My crazed gyrations were enough to keep fellow dancers at bay and scared my husband away, all the while entertaining my fellow dancers, many who were running around with lampshades on their heads (our centerpieces). Luckily, DEB and ANDY MCGUGAN showed up, surrounded me, and after bravely holding there own along side me on the shiny parquet for several songs, they let me wear myself out and graciously led me back to my seat under the guise of needing a fresh drink. What a blast!!

The lovely DEBRA FERNANDES has invited Sweet Miss KATHLEEN BRENNAN and Myself, up to CenterBrook, Ct. to visit her at GABRI-8 SOUND WAVES



ELLES on Ladies Night (Wednesdays) BILL THIBEAULT (BOHEMIAN PICNIC) will be hosting an Open Mic on Mondays at CHACERS in Norwich. All Musicians Welcome!

BOBBY CHRISTINA is busy setting up all the details for the MYSTIC BLUES FESTIVAL this year. He's also lining up all the talented musical acts for the OLD MYSTIC VILLAGE ART CINEMAS, check FaceBook for information on all these wonderful Venues and Events.

Rompa, Stompa Time!! It's My Birthday!!!! It's My Birthday!! Also, BETSY (same day), ARTHUR, XTACIE, RICKY, JOHN MERSHON, SUE BLISS DONOVAN, BARBARA STILLMAN, DON DAGGETT, BOB LAVALLEY, BOB DAYON, GARY THIBEAULT, DEREK PALMERONE, DEEDEE ALFONSO, JOE GORFINKLE, BILL BALLATO, ED CHIBURIS, BRUCE BRUNELLE, MIKE PACHECO, MIKE OGLE, BEN GEER, STEVE BIGELOW, NINA MCCARTHY, RONALD GUY, JUDY POLLARD, JOE DOTO, JERRY LONGOLUCCO.

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Obviously a lot happening in March, as it is my Birthday, and I'm heading to BIKE WEEK, Yikes!! With Tami! Yikes!! Many pix to come, follow me on FaceBook as Bar Fly and I love you all, my Flies...Ciao for Now and Pray for Spring (and Bikinis)!!



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I am absolutely positive that we missed many important people... our sincerest apologies...We would also like to thank our dedicated Patrons for Years of Unrelenting Support for All of Our Crazy Ideas and All the Participants and Volunteers who Helped to Make This the Wonderful Event that It Definitely Was!!

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Friday March 14th

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Thursday March 20th

5-8 Happy Hour

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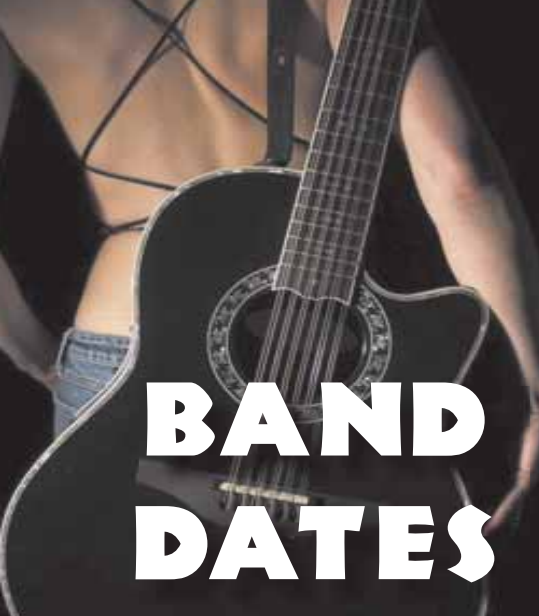
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BAND DATES

ANDY & BETHANY

6 - State St. Saloon, New London, CT
7,14,22,28 - Shipyard Tavern, Mystic, CT 7-10
8 - Breachway Grill, Charlestown, RI 6:30-10:30
9,30 - Ancient Mariner, Mystic, CT 5-8
13 - Harp and Dragon, Norwich, CT
15 - Scorzz, Norwich, CT 8-11:30
20 - Steakloft, Mystic, CT 7-10
28 - Daniel Packer, Mystic, CT

BEN KANE

7 - La vita Gustosa, E. Haddam, CT
8 - Scorzz, Norwich, CT
11,18,25 - Dicksons, New London, CT
17 - Penny Lane, Old Saybrook, CT
30 - Ariggoni, Portland, CT 2:30-5:30

THE CARTELLS

5 - Steak Loft, Mystic, CT 7-10pm
6,13,20,27 - Max's, Hartford, CT 6-10pm
7,21 - Maugle Sierra, Ledyard, CT 6-9pm
8 - Bill's Seafood, Westbrook CT 7:30pm
9,16 - Beach Hotel, Madison, CT 11-3pm
13 - Bill's Seafood, Westbrook CT 6-9pm
15 - Comm. Ctr, E. Lyme, CT 8-11pm
19 - Knickerbocker, Westerly, RI 7:30pm
22 - Wheeler Library, N. Stonington, CT 7-9pm
29 - Mohegan Sun, Uncasville, CT
30 - Maugle Sierra, Ledyard, CT 2-5pm

THE COLLECTIVE

28 - The Kate, Old Saybrook, CT

CRUZ MACHINE

7 - Outback, Killingworth, CT 8pm
21 - Butterballs, Hebron, CT

DAN STEVENS

6 - Sneakers, Groton, CT
7 - Daniel Packer, Mystic, CT
8 - Nightingale's, Old Lyme, CT 10am
8 - Crown & Hammer, Collinsville, CT
10 - Red Lion, Stockbridge, MA

10 SOUND WAVES

11,18,25 - Nightingale's, Old Lyme, CT
12 - Publick House, Newcastle, ME
13 - Giuseppe's, Meredith, NH
14 - Shovel Handle, Jackson, NH
15 - Bebe's Burritos, Biddeford, ME
17 - Pizza Palace, Beacon Falls, CT
19 - Steak Loft, Mystic, CT
20 - Octagon, Groton, CT
21 - Hanafin's, New London, CT
22 - Divine Wine, Niantic, CT
23 - Delta Grill, New York, NY
27 - Bullfrog Brewery, Williamsport, PA
28 - Gamble Mill, Bellefonte, PA
29 - Locality Gallery, Bedford, PA
30 - Muzio, Stafford Springs, CT

DAN WATSON

4,15,18 - Daniel Packer, Mystic, CT
8 - Brazen Hen, Westerly, RI
9,23 - Tara's Pub, Matunuck, RI
10,16,28 - Harp n Hound, Mystic, CT
20 - Ancient Mariner, Mystic, CT
29 - Scorzz, Norwich, CT

THE DRAGONITES

15 - Latitude 41, Mystic, CT 7-10pm
28 - Ancient Mariner, Mystic, CT

THE GOAT ROPERS

14 - VFW, Taunton, MA 8-12

GOPHERBROKE

7 - The Grille, Old Lyme, CT
29 - Bidwell Tavern, Coventry, CT

GREEN TEA

13 - Malted Barley, Westerly, RI

HAPPY

AND THE MOONSHINE

6 - BoatHouse, Mystic, CT 7-10pm
7 - Black Sheep, Niantic, CT
8 - Haversham, Westerly, RI
14 - Brazen Hen, Westerly, RI
15 - Harp & Hound, Mystic, CT
21 - Taras, Matunuck, RI 8pm
28 - Perks n Corks, Westerly, RI
29 - Dogwatch, Stonington, CT

THE 100 WATT SUNS

14 - Black Sheep, Niantic, CT
21 - Dog Watch, Stonington, CT
22 - Chamard, Clinton, CT

IZZY MALEK

6 - Steak Loft, Mystic, CT 7pm
7,22 - Johns Tavern, Mystic, CT
10 - Harp & Hound, Mystic, CT
11,18,25 - Daniel Packer, Mystic, CT

12 - Bridge, Westerly, RI 8pm
15 - Yachting Center, Mystic, CT 6pm
19 - Mystic Pizza 2, N. Stonington, CT 7:30pm
26 - Bridge, Westerly, RI 8pm
28 - La Luna, Mystic, CT 5pm

JAMES HARRIS

7 - La Luna, Mystic, CT 5pm
8 - Ancient Mariner, Mystic, CT
11,18,25 - Harp & Hound, Mystic, CT
12,19,22,26 - Daniel Packer, Mystic, CT
13 - Octagon, Mystic, CT 7pm
14 - Maugle Vineyard, Ledyard, CT 3pm
15 - Perks & Corks, Westerly, RI
16 - Ancient Mariner, Mystic, CT 5pm
21 - Lucky Jack's, Plainfield, CT 7pm
28 - La Luna, Mystic, CT

JOSI DAVIS & HOT DAMN

7 - Steak Loft, Mystic, CT
8 - La Boca, Middletown, CT
13 - State St Saloon, New London, CT
15 - Hot Rods Cafe, New London, CT
22 - Jonathan Edwards, Stonington, CT

KEVIN MANZELLA

6 - Ancient Mariner, Mystic, CT 8-11
7 - Angie's Pier 27, Mystic, CT 9-12
21 - La Luna, Mystic, CT 5-8
22 - Ancient Mariner, Mystic, CT 9-12
26 - Mystic Pizza 2, N. Stonington, 7:30
28 - Bridge, Westerly, R.I., 8-11
29 - Shipyard Tavern, Mystic, CT 7-10

LOOSE CHANGE

15 - Burkes, Niantic, CT
22 - Black Sheep, Niantic, CT

MARC DOUGLAS BERARDO

20 - Bridge, Westerly, RI

PIRATES FOR PEACE

7 - VooDoo Grill, Mystic, CT
8 - Music Lady, Plainfield CT
15 - Cannery, Southbridge, MA
20 - Hard Rock, Foxwoods, CT
27 - Atrium, Foxwoods, CT
29 - Lake Tavern, Dayville, CT

RED LIGHT

8 - State St Saloon, New London, CT
15 - Longshots, Uncasville, CT
21 - 1150 Oak, Cranston, RI
22 - Brown Derby, Montville, CT
29 - Music Lady, Central Village, CT

RED MOLLY

14 - Arts Center, Brownfield, ME

15 - Shalin Liu, Rockport, MA
21 - All Souls, New London, CT
22 - Emelin Theater, Mamaroneck, NY

ROB BRANNON

6 - Hard Rock, Foxwoods, CT
14 - Lucky Jacks, Plainfield, CT
28 - Longshots, Uncasville, CT

ROCK N' SOUL REVUE

14 - Dog Watch, Stonington, CT
24 - Wolf Den, Uncasville, CT
29 - La Luna, Mystic, CT

SAM E. JAMES

7 - Angies, Mystic, CT

SARAH T

29 - Burke's, Niantic, CT 8:30

STYFF KITTY

20 - Knickerbocker, Westerly, RI
22 - CC O'Brien's, Pawcatuck, CT

SUGAR

5 - Wolf Den, Uncasville, CT 7pm
21 - Knickerbocker, Westerly, RI
29 - Blues Cafe - Newport, RI

SUNDAY GRAVY

6 - Harp & Dragon, Norwich, CT
8 - Malted Barley, Westerly, RI
26 - Steak Loft, Mystic, CT 7-10
28 - Sneakers, Groton, CT
29 - Dan's Place, W. Greenwich, RI

Mail Listings to the magazine
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CONCERT DATES

David Cassidy

15 - Wolf Den, Uncasville, CT

Deer Tick

14 - Lupo's, Providence, RI

Drive-By Truckers

18 - Toad's Place, New Haven, CT

Keb' Mo'

29 - Garde Arts Center, New London, CT

Richard Thompson

13 - Kate Center, Old Saybrook, CT

The Royal Southern Brotherhood

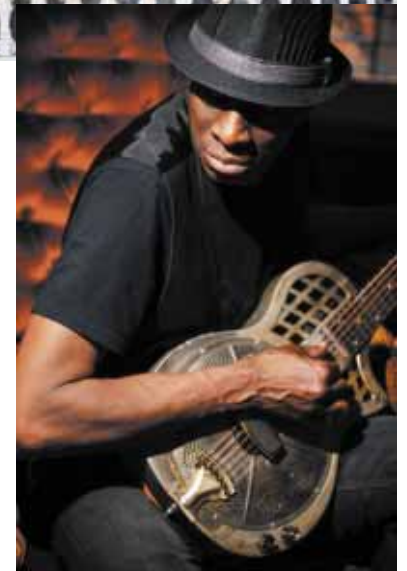
12 - Bridge Street Live, Collinsville, CT

Tony Bennett

8 - Perf. Arts Ctr., Providence, RI

Trisha Yearwood

15 - MGM Grand, Mashantucket, CT



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MARCH 29th
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APRIL 5th
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Fri. May 2nd - DRAWING FOR
CANCUN TRIP

Fri. May 9th - PARTY IN THE VILLE

Sat. May 24th - AQUANETT

Sun. May 25th - PADDY'S DAY
w/RED LIGHT



By Ali Kaufman

Three really is the magic number, well, it is at least for Keb Mo fans and friends alike. After 3 years Keb Mo is getting ready to unleash the brand new "BluesAmericana", next month released on Kind of Blue Music. The 3 time Grammy winner is touring the country in support of this new release and to the delight of those of us who are familiar with his soul stirring music, Connecticut has two stops on his journey. The first stop will be at The Norwalk Concert Hall, part of the Fairfield Theater Company, on March 21st. Next he is on to the beautiful and historic Garde Arts Center in New London. An added bonus to his stop in New London is the special promotional code they are offering for discounted tickets to the March 29th show. (see end of article for code and details). Both are non-profit venues that depend on your generous support to keep bringing us shows of this high caliber.

I am almost jealous of those of you that are new to the man and his music because you really have a fantastic surprise coming your way. Keb Mo, aka Kevin Moore, writes and sings songs that can touch you or tickle you, he makes music you want to be your wedding song but also songs that may be more appropriate for just the two of you on your honeymoon. There's also songs from personal experience about loooong after the honeymoon is over and a few for when your honey has flown the coop. He is an artist that fans can't wait to tell their friends about because he has something in his lyrics and voice that appeal to everyone at sometime in their life. I wish this article could translate his laugh, which to me sounds a lot like what chocolate tastes like. I have had the pleasure of seeing Keb Mo live several times and once while he was on stage with Bonnie Raitt she was gushing about him almost as much as myself. I am sure you will hear that laugh for yourself during his live shows, he loves what he does and it translates right off the stage, to you in your seat.....if you can stay seated that is. Keb Mo was as generous with his time as he is with his talent when we spoke on Valentines day, quite the gift indeed, I hope you will enjoy our conversation.

Ali - Welcome Keb Mo, we're all so excited here in Connecticut about your upcoming shows, first performing at the Norwalk concert hall on March 21st, then at The Garde Art Center in New London on Saturday March 29th. You are out on tour in support of your first new album in 3 years, "BluesAmericana" scheduled for release on April 22. From what I read it sounds like a very personal record can you elaborate on that?

14 SOUND WAVES

Keb Mo - Well all of my records are personal statements, this is a record I made and I just kind of let it all hang out. I got a chance to write with some really cool people, Jim Weatherly, who wrote, "Neither One of Us" and "Midnight Train To Georgia", also Victoria Shaw, Gary Nicholson, Heather Donovan and John Louis Parker, with whom I've written a lot of songs over the years. I co-produced it with Casey Wasner, who is a young guy that now lives in Nashville. Casey has been my guitar tech for the last 2 or 3 years, so he comes in to help me set up and we start recording. We're just hanging out recording and we come up with the record, and it's really cool.

Ali - Did you ever get stuck?

Keb Mo - Aw, I never get stuck, there are always ideas out there flowing.

Ali - There are 9 original songs and one cover on BluesAmericana, how did you choose to cover "That's Alright"?

Keb Mo - Well I always loved that song. I heard it by Sam Chatmon, (Mississippi Sheiks'), and also by the blues Jimmy Rogers not the country guy, and it's just got these great lines that I love, it's like, "The other man broke down my bed and love my woman on my floor", You know it's just the blues and it's just raw. Hurting inside but talking about it in a way that says, aw, it's alright I'm going to get over this. This too shall pass.

Ali - I always get the feeling that you are playing your truth up there on stage.

Keb Mo - I've never recorded anything I can't connect with, I love to have a big hit record but not if it is something I hate. You know having to get up there and sing it every night, have it be my claim to fame and not love it....ugh.

Ali - One song that snuck out from the new album is "The Old Me Better", which has a distinctively New Orleans sound. I've done my homework and that is the California Feet Warmers backing you up there, can you elaborate on how that song came to be?

Keb Mo - John Louis Parker and I wrote that one together. While I was recording it, I took a quick trip out to LA where I went to a birthday party. At this party, The California Feet Warmers are playing, never seen them, never heard of them, nothing. They start doing this New Orleans thing and I am like WOW! They just had this thing and I just felt they should be on "The Old Me Better". I Googled them up then emailed asking if they would like to be on this song, well, they got back to me, we did it and that's how it turned out. There are no plans right now for them to be out playing with us, there are a bunch of them, like 13 or something, but I do hope that by having them on the record, some good stuff will manifest for them.

Ali - I am sure it will, what a cool way to pay it forward. Another song on the album is "Somebody's Hurt You" that includes the voice of Rip Patton, a Civil Rights era Freedom Rider. How did you come to include him in this new track?

Keb Mo - I met Rip Patton when I was 11 years old, he lived next door to me in Compton. I did not know what the Freedom Riders were, I did not know he was a Freedom Rider, I did not know anything about any of this until many, many years later when I was in Nashville and he came to a show, he came back stage and still nothing until about 2 years ago I found out he was a Freedom Rider and was just like Wow, Rip. I mean, like I said, he lived NEXT door, he was literally there when I got my first guitar at 12. I am 62 years old now, that was when I was 12, and he was there. So now I know he was a drummer but I did not know he sang. So he comes in and I'm going to do this thing with him and I ask him to sing bass on

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it, brought in 3 younger guys to do this gospel thing with him and he just made it so frickin' cool. I mean he just brought the church in, that's one of those times where the blues just meets the church.

Ali - You are so busy with the tour and gearing up for the release of Blue-sAmericana but I heard a little something through the grapevine that you also have a song, "Rock me on the Water", on a yet to be released Jackson Browne tribute album. I am guessing you are a fan?

Keb Mo - I am a fan, a friend, an ally, a buddy, I'm all about Jackson Browne. They came to me with "Rock me on the Water" and I said oh yes, I'll do that one. Looking Into You: A Tribute to Jackson Browne comes out April 1st.

Ali - Now I must ask, or my editor will really have it out for me, about your involvement with "Playing For Change". Sound Waves Magazine is a member and we are all big fans of the series.

Keb Mo - Interesting you asked that, I am headed out to LA next week to work with Mark Johnson to do another video for Playing for Change and it will be with the California Feet Warmers. I've been involved with playing for change since before the beginning, I watched this phenomenon born. Mark Johnson engineered three of my records, He is a fantastic engineer and one of the most genuine people I've ever met in my life. He actually just put me in another video that's coming out with Keith Richards. I really feel that, especially in spirit, I am a big part of Playing For Change. You know when Jay Leno had them on last time with Granpa Elliot, I snuck in the back and was playing my guitar with the band, baseball cap on and no one knew I was there. I don't realize sometimes how very much involved I am with Playing for Change, but I am glad of it.

Ali - Would you like to do any more acting?

Keb Mo - I would like to have an acting role that doesn't involve a guitar. I mean they call me to parts for the guitar player Keb Mo, which is fine but you know I would like to have a role that is just an acting role. That I would really like.

We wrapped up there by me trying not to gush but I was completely unsuccessful. I am first and foremost a fan and this was a Valentine's gift that I will not soon forget. Please check out the links below to dig into Keb Mo's extensive catalog of music, tour schedule, discount code for The Garde Arts Center, Norwalk Concert Hall, (part of the Fairfield Theatre Company), Playing for Change and of course to hear great music like Keb puts out and so much more, I would love to have you join me on Tuesday's 9am-12 noon on Morning Mojo WCNI 90.9 FM.

<http://www.kebmo.com/site/>

<http://www.gardearts.org/>

The Sound Waves Magazine Discount Coupon ID to receive \$7 off tickets to Keb Mo 3/29/14 @ 8pm is: SOUNDWAVE

*Valid online, in person or by phone. Price does not include tax, convenience fees or internet fees. Not valid on previously purchased tickets. Offer expires 3/29/14. Cannot be combined with any other offer. Limited quantity available. Other restrictions may apply.

<http://fairfieldtheatre.org/>

<http://www.playingforchange.com/>

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The Former Bank Street Café – NL Landmark FOR LEASE OR SALE

New London: An un-official landmark of New London – The former Bank Street Café, located at 637 Bank Street across from the entrance to Shaw's Cove is for For Lease or Sale according to Ann Buonocore who owns the Buena Vista Real Estate Company.

Jeffrey Mullen, the owner has decided that after 17 years, it is time for a new generation to have an opportunity to re-brand this iconic music and food venue. Historically, The Bank Street Café brand catered to customers arriving by motorcycle but Jeff is not adverse to a new and seasoned operator taking a long-term lease on the building and adding a new phase to the building's a legacy, maybe even converting this former hot spot to a "Bar-B-Que or a Florida style family sports restaurant, something that would attract locals, business people by day, diners at night and visitors to our city; a place everyone would enjoy," he said.

BACK IN THE DAY

Jeff is reminiscent about "back in the day" when acts like Sonny Burgess (Elvis Presley's guitar player and Big Brother and the Holding Co. (Janis Joplin's band) graced the Bank Street stage. "Link Ray played here. The greatest guitar player to live, he came with a Stradivarius guitar," recants Mullen.

He also reflected on the great breakfasts that used to be put out on Sunday mornings, "hearty, big portions for seven to eight dollars," he said.

JEFF MULLEN TODAY at Ocean Beach Park

Most of Mullen's time is now dedicated to New London's natural treasure, Ocean Beach Park where he owns and operates the arcade and all the rides and to the well-being of his daughters. He has four. His philosophy is: "you've got to leave a "good" mark and the best way to do that is give more than you take. He puts in 14-15 hour days, seven days a week at the beach and he keeps a watchful eye on the kids who visit. "Whenever I see an underprivileged or sick kid at the park who needs help, I try to make their day happier," says Jeff.

THE FUTURE OF THE CAFE

The Bank Street location has been closed for about a month, but I feel confident we can find the right match for this spot, said Buonocore. It is a real opportunity for the right person. There are two fully equipped kitchens, an outdoor patio, flat screen televisions, juke boxes and more...it's ready to go and Jeff is easy to work with says Buonocore.

Buonocore also stated that New London is her hometown and that she would like to see the new operator deliver good, affordable, food that customers can enjoy everyday because that's how you keep them coming back to the restaurant and the downtown.

Buonocore adds, "I sell real estate but I travel for good food. Well, a little music wouldn't be bad either. I was never much of a Rock and Roller. I'm a fan of Donna Summers, but if we could get Bruno Mars downtown for a visit that wouldn't be bad either," said Buonocore. Buonocore recently found the operator and end buyer of another unofficial New London Landmark, Captains Pizza.

For further details: Contact Ann Buonocore at The Buena Vista Real Estate Company either on her cell (860) 884-2151 or via E. mail: buena.vistare@yahoo.com

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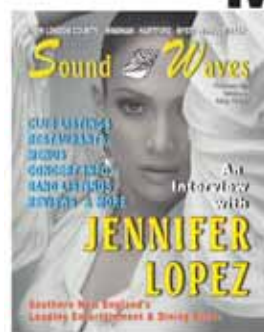
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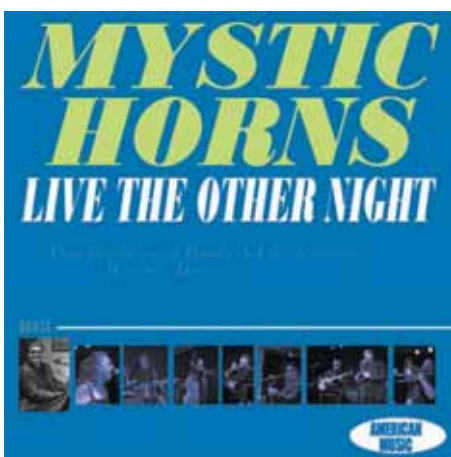
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SOUND WAVES 17

HEARING AID



Mystic Horns

"Live The Other Night"

Mystic Workshop Records

If you are fond of swing era big bands with killer horn section arrangements, boy, are you for a treat with Mystic Horns, *Live The Other Night!* This disc features an excellent selection of songs penned by Ella & Buddy Johnson, Big Joe Turner and Wynonie Harris. Backed by a solid rhythm section, the vocal duties are shared by Christine Cooney and Tom "Mafu" Mahfood. Recorded and mixed at Q Productions, headed by trombonist, Carl Querfurth, this CD has the quality of a recording that you would expect from a major, multimillion dollar recording studio. Lucky me, they sent me a CD to review.

This recording begins with the Buddy Johnson song, *Till My Baby Comes Back*, sung by the very talented Christine Cooney. When she sings a song, her pitch is true and she gives full respect to the melody. Along with Mystic Horns' already impressive line-up, one of the founding members of Roomful of Blues, Greg Piccolo, does a guest spot playing tenor sax on this and two other tunes on this disc. His well seasoned style shines through! Cooney also does an amazing job on the other Ella Johnson tunes on tracks four, six, eight and nine. Her pipes have the quality necessary to pull off songs of this type.

Track two, *Blood Shot Eyes*, features Tom Mahfood on vocals and Piccolo once again on tenor sax. This song has been a favorite of mine for years. I love the line, "Your eyes look like two cherries in a glass of buttermilk!" The third cut, *Walkin To New Orleans*, well known as a Fats Domino tune, features **18 SOUND WAVES**

a Mahfood/Cooney vocal duet, spiced up with a roaring baritone sax solo by Gary Boigon. On track four, Ms. Cooney takes a stand as what might be viewed as a Suffragette of Rock & Roll in *They Don't Want Me To Rock*.

Tom Mahfood does a fine job emulating Joe Turner on tracks five, seven and ten. On track five, Mahfood toots about his TV Mama. On the sixth cut, Cooney slips into a slinky mood in *My Old Man*, which adds tastefully to the flavor of this recording! There is a distinctive difference between Mahfood's and Cooney's styles and voices. This is extremely evident as the tracks, for the most part, alternate between Cooney and Mahfood. Track seven features Mahfood on a song that helped launch the "Boogie Woogie" craze with *Low Down Dog*, featuring Ian Frenkel on the piano.

In Christine Cooney's last songs on this disc, tracks eight and nine, she emulates the attitude needed for *Satisfy My soul* and *Kiss Me*. Greg Piccolo adds his searing sax on *Kiss Me*, atop the strong support of the solid horns and rockin' rhythm section! After hearing the way it was performed on this disc, I now think that I'll have to add *Kiss Me* to my favorite tune list.

This recording ends with a song penned by Pete Johnson and Joe Turner called *Cherry Red*. Tom Mahfood gets a chance to blow his own horn, so to speak, playing a fine alto sax solo. In addition, Tone Perrone flaunts his plunger trumpet with some strong support from Ian Frenkel on the "eighty-eights"...a fine note (pardon the pun) to end this musical masterpiece on. They will have CD release parties in the area during the month of March, where you can get one of these discs for yourself.

Unsung heroes;

Rory McLeod, upright bass
Neil "Buddy" Gouvin, drums
Carl Querfurth, slide trombone
Recorded and mixed by Carl Querfurth: Q Productions

- Ms Marci



Regina Carter

"Southern Comfort"

Sony Music Masterworks

Regina Carter's debut on Sony Music Masterworks is a gem. As the foremost jazz violinist of her generation this should come as no surprise. Southern Comfort due for release on March 4, 2014 reeks of class and was my sound track throughout Black History Month. Regina Carter's curiosity, passion, and quest for beauty are more than ever apparent on her new album, a musical exploration of the violin virtuoso's family history.

Southern Comfort mines the folk music of the South, thematically connecting Carter's previous outings, *I'll Be Seeing You: A Sentimental Journey* (2006) which celebrated her mother's favorite jazz standards and *Reverse Thread* (2010) which features "traditional African Music re-imagined for violin, accordion, bass, drums and kora." To complete the journey in a trilogy of sorts, she here explores "the folk music her paternal grandfather, a coal miner, would have heard as he toiled in Alabama." The required research for the project was made possible by a "genius grant" awarded to her by the MacArthur Fellowship.

With intentions of making the past present, Ms. Carter, rooted out distant relatives and pertinent literature of the era her grandfather inhabited. She scoured "renown collections of folklorists such as Alan Lomax and John Work III, digging deeply into their collected field recordings from Appalachia" at the Library of Congress. Regina cultivated a list of the field recordings "that touched her in some way". After amassing a collection of some fifty odd tunes she was forced to pry herself away from fortifying her list to focus on what she had gathered to date.

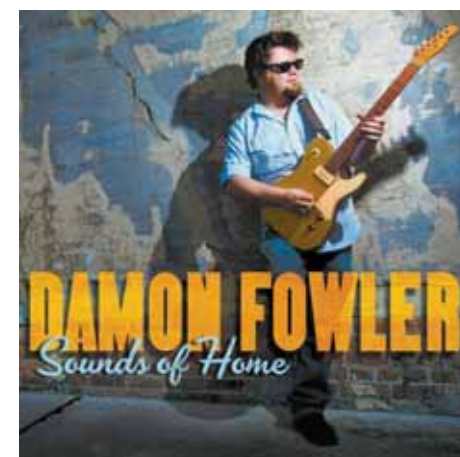
At some point, "the project expanded to

include other folk songs of the region" ("Hickory Wind", "Honky Tonkin" and "See See Rider") The result is eleven tracks that include Carter's interpretation of Cajun fiddle music ("Shoo-Rye" and "Blues de Basile"), early gospel ("I'm Going Home" and "I Moaned and Moaned") and coal miners work songs ("Miners Child"). Appalachia was a cultural hodge-podge consisting of Scottish and Irish descendants, slaves, and Native Americans and the home of stark, haunting and intoxicating music. Originally, Southern Comfort's mission was to pay homage to Regina Carter's family but it morphed into so much more.

Personnel for the project are guitarists Adam Rogers and Marvin Sewell, bassists Chris Lightcap and Jesse Murphy, accordionist Will Holhouser and drummer Alvester Garrett, who also provided arrangements. There are also contributed arrangements by Stephen Harris, Xavier Davis and Nate Smith. The delicious interplay of acoustic guitar, violin, and accordion is outstanding and masterful throughout this entire endeavor.

Regina Carter is very excited to work with such a storied label, and Sony Music Masterworks is the perfect place for her project. Ms. Carter will embark upon an international tour for this release that will feature a five-night residency at Manhattan's Birdland beginning on April Fools' Day. On Southern Comfort, Regina Carter artfully "interprets her own roots through a contemporary lens" with haunting beauty. Southern Comfort is a sumptuous bowl of spicy gumbo with "Cornbread Crumpled In Gravy" on the side!

- R. L. Oeser



Damon Fowler

"Sounds Of Home"

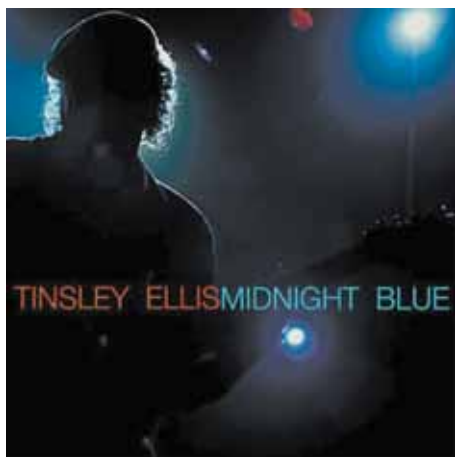
Blind Pig Records

I caught up with singer, guitarist and

www.Swaves.com

Lap Steel player, Damon Fowler on the second date of his extensive tour last month, just before he took the stage at Black Eyed Sally's in Hartford. Damon is on the road in support of his new album, "Sounds of Home", released on the Blind Pig Records label and recorded at the Whiskey Bayou Studios in Houma, Louisiana. Fans of Tab Benoit will immediately recognize Tab's fingerprints all over it and that is not a bad thing at all. This is the second time Tab has produced for Damon, they worked together on the Southern Hospitality CD which he also toured with. This new album is a well balanced mix of original tunes and covers that Damon has put his brand on. "Alison", which seems like an unusual choice is an interesting take on Elvis Costello's hit. "TV Mama" will delight Johnny Winter fans, coincidentally, Damon will be opening up for a few of Johnny's dates. There are 11 cuts on the release and not a clunker in the bunch. I especially like his original "Spark" and wrapping up the list with his infectious rendition of the traditional "I Shall Not Be Moved" is a complete hook. Listening to this CD, which is his 3rd for Blind Pig and 6th overall, is the next best thing to catching him live at Skippers while chomping on some Catfish in his home state of Florida.

- Ali Kaufman



Tinsley Ellis "Midnight Blue" Heartfixer Music

It's always a good day in the blues/rock music world when Tinsley Ellis releases a new CD. His latest offering called "Midnight Blue" is the 13th release of his solo career and the follow up to last year's all instrumental recording called "Get It!" Both of these discs were produced by Tinsley and are on his own Heartfixer Music label. Also, both recordings feature Tinsley on all guitars www.Swaves.com

and vocals along with Kevin Mckendree on the keyboards, Lynn Williams on drums and percussions, and Ted Pecchio on bass. Long time fans of Tinsley will know that the Heartfixer name comes from a band he fronted many years ago called The Heartfixers.

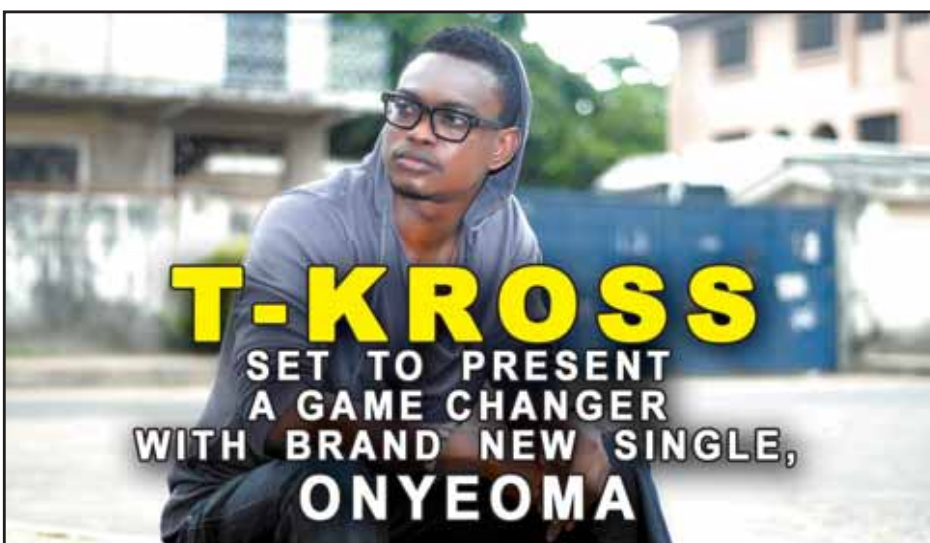
The opening track is called "If the River Keeps Rising" and it begins with just Tinsley and a soft acoustic guitar. This was just a head fake on his part because one minute later all of the electric instruments simultaneously explode into the song. Tinsley continues to flex his muscle on the second tune called "Mouth Turn Dry" before finally dialing it down a notch for a ballad called "Surrender."

The fourth track called "It's Not Funny" is a rollicking good time song. When listening to this tune you might come to the conclusion that Tinsley has been spending quite a bit of time in New Orleans or someone recently turned him on to The Grateful Dead's version of "Iko Iko." Regardless, it's a great song and Tinsley knocks it right out of the ballpark.

From there the disc continues to move back and forth from ballads to rockers all the while staying true to Tinsley's distinctive style and sound. The final track on "Midnight Blue" called "Kiss of Death" will most definitely be the song blues purest will enjoy the most. As you listen to this exquisite song unfold, you're waiting for Tinsley to go off like Johnny Freacking Winter but he never does. He teases it but he keeps it reigned in throughout this seven minute song which undoubtedly will go down as one of Tinsley's all time best songs.

It's nice to see Tinsley in such a creative mode. Every song on "Midnight Blue" is an original just like all of the instrumentals on "Get It!" were originals. Tinsley has been on the music scene for over thirty-five years and has probably walked out on stage close to 10,000 times. "Midnight Blue" is as good as anything he's ever done and that's saying a lot! Hopefully the next thirty-five years will be equally excellent.

- Bill Harriman



Nigerian promising Pop artiste, T-Kross is set to release a new single titled, "Onyeoma" on the 3rd of March, 2014.

T-Kross formally known as Mustapha Bello, was born and raised in his native Nigeria

His love and dedication to music propelled him to further relocate to the United States where he studied at the Recording Radio and Film Connection in Los Angeles.

He also interned at the Great Chung Kings Studio (Owned by the legendary JOHN KING) in New York where he released three singles: YEMO, YEMO, Remix ft Busta and You Make Me Happy ft Ugo.

However, his love for his home country, Nigeria has brought him back home with a need to make and sell music that would reach the hearts of Nigerians both at home and all over the world.

T-Kross has been featured in selected songs with renowned Nigerian artistes such as 2face and Iyanya. One of such songs is 'My Love is True' with the legendary 2face Idibia.

T-Kross's beliefs keep the afro/pop genre close to his heart and his new single, communicates his Love and gratefulness to God. "I do know I was inspired to write this song, it came from the inside of me and defines my purpose as a musician.

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DINING OUT



By Tony Sardo

This month is a good month to talk about olive oil. Why? Because we have been eating too much. Olive oil has been called the fruit juice of the Gods.

Before we get into its benefits let us look at where olives come from. Olive trees are a species of small trees that are native to the coastal Mediterranean basin as well as Levant, northern Saudi Arabia, northern Iraq, and northern Iran at the south of the Caspian sea. The olive tree is an evergreen tree, it is short and squat and rarely exceeds fifty feet in height. Olives are harvested in the green to purple stage. An olive's cultivar [group of plants of the same species] may be used primarily for oil, eating or both. Olives

have been cultivated for 6,000 years. Some Olive trees live and produce fruit for 2,500 years. These trees produce the best and most expensive oil, if you can get it. I have enjoyed oil from 1,000 year old trees. The taste was peppery, not hot, much olive taste, and very smooth .

The main countries of production are Spain, Italy, Greece, Turkey, and Syria. The International Olive Oil Council lists the olive oil grades under one of two main categories. They are olive oil and olive - pomace oil. The USDA does the same . Not to get to technical, I will briefly list the different grades of oil and then get into using olive oil.

Olive oil is defined as oil obtained solely from the fruit of the olive tree. Virgin oils are extracted only by mechanical means that do not lead to alterations in the oil. The two grades extra virgin, and virgin, come from olive oil rated by a qualified taste panel that has been officially recognized by the IOOC. The tasters, usually 5 of 8, must agree on the intensity of fruitiness, bitterness, and pungency. A third type, lampante oil, is not fit for human consumption and must be refined. This grade comes from bad fruit or mishandling and processing. Refined olive oil is colorless, tasteless, and odorless. It has to be mixed with other oils. It is usually marketed as extra light oil.

Olive pomace oil is pomace oil treated with solvents. It must be refined and mixed with virgin olive oil in order to be fit for human consumption. When you go to the olive oil store look at the different brands of so called pure olive oil. You will see words like refined, mixed ect. Nothing pure about them.

Olive oil can be used externally and internally. Olive oil is natural, flavorful, nutritional it contains vitamins E,K and A. Olive oil is not hydrogenated oil. Extra virgin olive oil is high in polyphenols and monounsaturated fat which contributes to lowering bad cholesterol. It also contains oleic acid, which aids in keeping our arteries supple and helps prevent cancer. Studies now indicate that extra virgin olive oil may help to lower high blood pressure. There are more olive oil benefits. It is great for skin and hair care, used in natural remedies, and is a more versatile cooking oil than

you think.

Extra virgin olive oil is the oil to use for everything, salads, cooking, baking, your skin and hair, everything. It is green like money and, yes expensive but worth the price for FLAVOR. Olive oil's smoke point is high. Smoke point is the temperature oil breaks down and burns. Its flash point is also high, the temperature where it flames. I would not deep fry with olive oil but then I do not deep fry. I saute' exclusively with olive oil for the flavor and aroma of the cooking. Seed oils are bland and smell less, no flavor, no compliments on your plates. Cooking with olive oil does not change any of its benefits or break the oil at all.

A difficult dish to cook is veal, chicken, fish, or anything Franchise. Difficult because of the sautéing temperature it needs to cook. If you sauté with only flour dredged, on your product use butter as your fat, not oil. If you use egg, after you dredge in flour, use oil. To make sure you have the correct temperature drop a little egg in the heated oil. If it instantly cooks you have the correct temperature. Before you do anything with your meat flatten it. Use anything in your kitchen, a mallet, rolling pin, a large can, anything. Then flour, egg and on to the fire . When the egg is slightly brown turn it to get the same color on the other side. Put the cooked product in a warm place on the stove, discard the oil, place cold butter in your hot pan, a little less than a quarter of a pound, add fresh squeezed lemon juice to taste. Aerate the mixture to thicken the sauce. Plate the product and put the hot sauce over the product and you have veal fish or chicken Franchise with lemon butter sauce. Garnish with lemon slices and chopped parsley.

Good eating ... Happy Saint Patrick's and Saint Joseph's Day.



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