

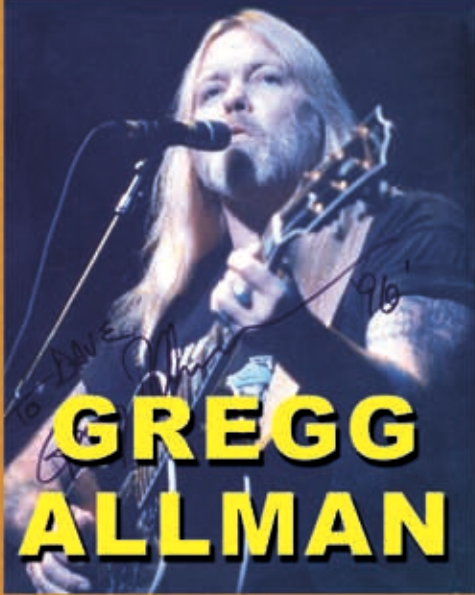
Sound Waves

An
Interview
with

**AMY
HELM**

Volume 27
Issue 7
July 2017

**STACY JONES
RADIOHEAD
CLUBS
RESTAURANTS
CONCERT INFO
BAND LISTINGS
REVIEWS
& MORE**



**GREGG
ALLMAN**

**A Southern New England
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INSIDE THE WAVE

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Event Specialist
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Freelance Writer

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Sound Waves

July 2017

VOLUME 27, NUMBER 7

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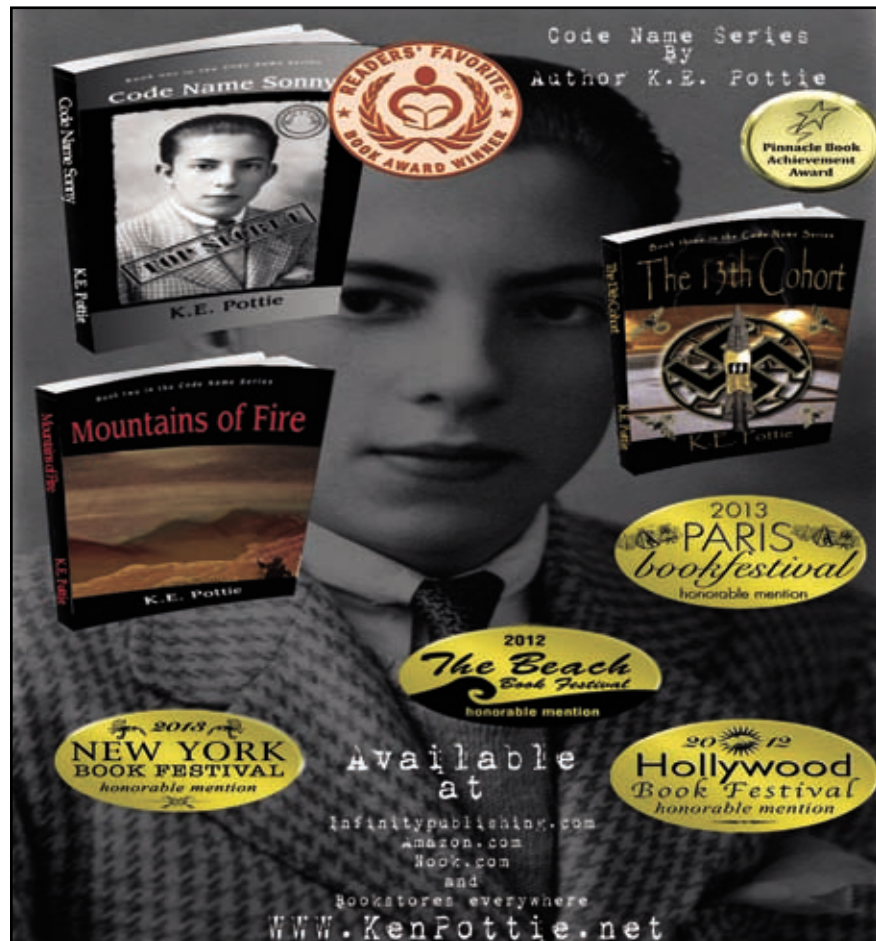
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FRIENDS
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FRIENDS
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AND
DRIVE



The Road Goes On Forever: Remembering Gregg Allman

By Mark T. Gould

Talk about the blues.

It was a blustery March night in '73, and things were getting ugly. The band was almost two hours late taking the stage, and the crowd was becoming more impatient with each passing minute. Word first passed through the audience that one of the group members had a wisdom tooth removed that afternoon. Others claimed there had been a big fistfight backstage.

It was all probably fake news, but it wasn't making the many bikers in the crowd, most of whom had passed the time draining the New Haven Veterans Memorial Coliseum beer taps, any more mellow. There seemed to be a direct proportion between the amount of alcohol consumed and the number of skirmishes that were breaking out.

I was there with my best friend, who, although his physique could easily pass for a burly gearhead, was the gentlest soul I'd ever met. But even he was getting a little agitated by the testosterone-fueled, ever-increasing madness around us.

Finally, the lights went down, and a spotlight hit an enormous Hammond B-3 organ at stage right.

There he stood, his long blonde hair tied in a tight ponytail, his own biker jacket underneath, staring intently out at the crowd, a wry smirk on his face. He sat down at the organ.

"All right, settle down," he said, glancing over at his band mates, making us all wonder if he meant those of us in the audience or those of his in the band. "And, f*** the set list. Let's go."

Instantly, the audience free for all ended, and the boisterous drinking immediately came under control. The crowd still whooped it up, but now the energy was focused toward the stage.

With that, Gregg Allman had us all in the palm of his hand.

"Wasted Words." "Done Somebody Wrong." "Statesboro Blues." "One
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Way Out."

"Stormy Monday." "Midnight Rider."

And on it went, for another two hours after that breathtaking, energizing, six-pack start, as the leader of the already-legendary Allman Brothers Band took us on his own chopper ride down a dusty, Southern-blues-rock road.

And, that was only a single night in what Gregg Allman did on stage for most of his life, which ended last month at the age of 69.

He was born and spent much of his childhood in Nashville before relocating to Daytona Beach, Florida. With his brother Duane, Allman developed an interest in music in his teens, and the brothers began performing as the Allman Joys in the mid-1960s. In 1967, they relocated to Los Angeles and were renamed the Hour Glass, releasing two albums for Liberty Records.

In 1969, Duane and he returned home to Macon, Georgia, where they formed the Allman Brothers Band. The group reached mainstream success in the early 1970s, when their live album, "At Fillmore East," set the standard for every concert album that came after it.

Shortly thereafter, in 1971, the first of many tragedies hit the band when Duane was killed in a motorcycle crash. The following year, the band's bassist, Berry Oakley, also died in a motorcycle accident, in close proximity to the location of Duane's accident. Ironically, their follow-up, 1973 studio album "Brothers and Sisters," fueled by the hit single "Ramblin' Man," became their biggest seller.

Unfortunately, internal turmoil took over the group, leading to a breakup after Allman was forced to testify against his road manager in a drug trial. He then pursued a solo career, releasing, for my money, one of the greatest solo albums of all time, "Laid Back."

Allman then married pop star Cher, and, for the rest of the Seventies, continued his solo career with the Gregg Allman Band. The pair divorced in 1978.

After a brief Allman Brothers reunion and a decade of little activity, he had a solo hit with the single "I'm No Angel" in 1987. After he released two additional solo albums, the Allman Brothers regrouped for a third and final time in 1989, and continued performing until 2014. He released his most recent solo album, the magnificent "Low Country Blues," in 2011, and his last, "Southern Blood," is set to be released later this year.

Allman, who was the pioneer of what was then called "Southern rock," received numerous awards for his music, including several Grammys. He was inducted into the Rock and Roll Hall of Fame and the Georgia Music Hall of Fame. His distinctive voice placed him in 70th place in the Rolling Stone list of the "100 Greatest Singers of All Time". He released his autobiography, "My Cross to Bear," in 2012.

Allman's lifestyle, undoubtedly affected by the loss of his beloved brother, was as star crossed as his musical legacy. After years of hard drinking and drug use, he was diagnosed with hepatitis C in 2007, and he received a liver transplant in 2010. He suffered a severe upper respiratory condition, as a result of the transplant, the following year. Although he tried to maintain his life on the road, Allman was diagnosed with liver cancer and later suffered from an irregular heartbeat and pneumonia, the combination of which forced him to cancel a number of shows last year and this year. The liver cancer then spread, leading to his death.

None of us who were there that blistering night in March of '73, or who followed his incredible career before and after, will remember those twists and turns. What we recall is that blues-drenched voice and how he, in his own rough way, held us in the palm of his hand that night, just like he did every night down the road.

And, his fans weren't the only ones who felt that way about him.

"Words are impossible," Cher wrote on Twitter, after his death.

"So sad to hear about the passing (of a) great musician," wrote Brian Wilson.

Continued Page 21

SOUND WAVES 3

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12 Boom Shots 1pm	13 Sean Rivers 2pm	14 Dean & Lil Chris 2pm	15 Just Below Me 2pm Prime Time 9pm	16 The Zoo 2pm
19 Azoostic 1pm	20 Matt Vizzo 2pm	21 S.E.A. 2pm	22 Fast Rickey 2pm DJ Felix 9pm	23 Kick 2pm
26 DJ NICKY D 1pm	27 Steve Gregory 2pm	28 Matt Vizzo Duo 2pm	29 Explicit Llama Tsunami 2pm 9pm	
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12 Dean Cardinale 6pm	13 T Ray 5pm	14 Azalea Drive 6pm	15 Steve & Britt 6pm	16 Steve Dunn 1pm Red Light 5pm
19 Steve Pertesis 6pm	20 Ethan Cash 5pm	21 Whisker Fish 6pm	22 Patrone Brothers 6pm	23 John Maz 1pm The Patrones 5pm
26 Dean Cardinale 6pm	27 Ethan Cash 5pm	28 Patrone Brothers 6pm	29 S.E.A. Acoustic 6pm	30 Tony Frutuoso 1pm Pop Rocks 5pm
2 John Maz 6pm	3 Ethan Cash 5pm	4 Brandt & Lil Chris 6pm	5 Steve Dunn 6pm	6 Guido Fusion 1pm 5pm

MUSIC NOTES



“Elvis Is Back In the Building”

By Mark T. Gould

I still don't believe it.

It started innocently enough, with yet another of the many calls, texts and e-mails I get from publicists, trying to pump their musical clients' latest releases and concerts to me.

“Elvis is going to call you about his concert at the Mohegan Sun Arena,” the text read.

Right, I thought. And, next you'll be telling me that Donald Trump is President.

But, for some odd reason, I didn't erase it.

It was about a week later, and I was in my chambers, trying to finish writing a decision over my lunch hour, when my cell phone rang.

I glanced over at the caller ID and, the times being what they are, it read: “Unknown caller.”

But, for some equally unknown reason, I answered it.

“Hello?”

The connection was a bit garbled, but I caught it.

“Mark? Is this Mark Gould? From Sound Waves Magazine?”

The voice sounded very familiar, but I just couldn't place it.

“Yeah,” I said, with not a little annoyance. “Who is this?”

“The King, hoss,” the voice said. “It's me, Elvis.”

Not being terribly in tune, I said:

“Elvis? Elvis who?”

“Hoss,” the voice said. “There's only one Elvis. Me. The King of Rock 'n' Roll.”

I sighed.

It had to be one of my buddies, trying to pull a fast one on me. But, which one?

David Pottier? Mark Mirando? Fran Fried? Eric Senich? Vin Cervoni? Steve Mednick? Andrew Schaeffer? Gary Hill? Gary Carton? Chris Mitchell? Jim Wimberg? Joseph DiSilvestro? Roger Main?

It was a long list of suspects, and they all have one thing in common, a great sense of humor, so it could have been any one of them.

“Wait, I thought, ‘Matt Scott? It had to be Matt Scott!’”

Back to the call.

“Uh-huh,” I sighed. “Where you calling from? The Burger King in Michigan?”

“Hoss, it's me. What I can do to convince you?” the voice said.

“You can call me back in an hour, El-vis...” I overemphasized the last word, but I think my sarcasm was lost on him.

“Thank you,” he said. “Thank you very much.”

And, the line went dead.

I put my cell down, and, chuckling to myself at the audacity of the prank, I tried to think of whom I could contact to unconfirm this nonsense.

I mean, to paraphrase the “Real King,” he didn't sound like nobody to me.

There was really only one person I'd trust to tell me about a concert in

Connecticut.

So, I put a call into the legendary promoter Jimmy Koplik.

I mean, I've attended hundreds of his concerts over the years, from two of the Beatles to Dylan and the Stones, Bruce, and a ton of others. He's a great guy, a straight shooter, loves music, and he'd certainly know what was what.

So, I dialed him up, and he answered on the first ring.

“Mark, how are you?” he said. “Did you get the call about the Elvis show?”

Immediately, my hands went clammy and I my hair started to hurt.

“Jimmy,” I said. “It can't be Elvis. I mean, he's dead, right?”

“RIGHT?”

I mean, pretty much nobody tunes a guitar in Connecticut without Jimmy Koplik knowing about it, if not promoting it.

There was silence, and heard the shuffling of papers. He came back on the line.

“Elvis. The Concert. Mohegan Sun Arena. Sunday, August 6. 8 p.m.,” he said. “Now, I gotta run.”

And, with that, he hung up the phone.

I sat back, still bewildered.

Was he in on the joke? How could he be?

I put my cell down, and went back to writing my decision. A few minutes later, it rang again, and I answered it.

“Me again, hoss,” the voice said. “It's Elvis, the King, calling you back.”

I had to think fast. There had to be a way to pull the clothes off this musical emperor.

I came up with a quick solution, but I had to set it up right to make it work.

“OK, El-vis,” I said, drawing the name out again. “Let me start the interview with a couple of questions.”

“Fire away, hoss.”

Start out easily, I thought, and then trap whoever this Elvis impersonator was on the phone.

“Ok, El-vis, where were you born and raised?”

“Hoss, you should know this. Tupelo, Mississippi, but we moved to Memphis when I was 13.”

So far, so good. So, I readied another softball.

“What was your first number one hit?”

Now, it was the voice's turn to sigh.

“‘Heartbreak Hotel,’ Hoss. You might have heard of it.”

Bingo. Now, in for the kill.

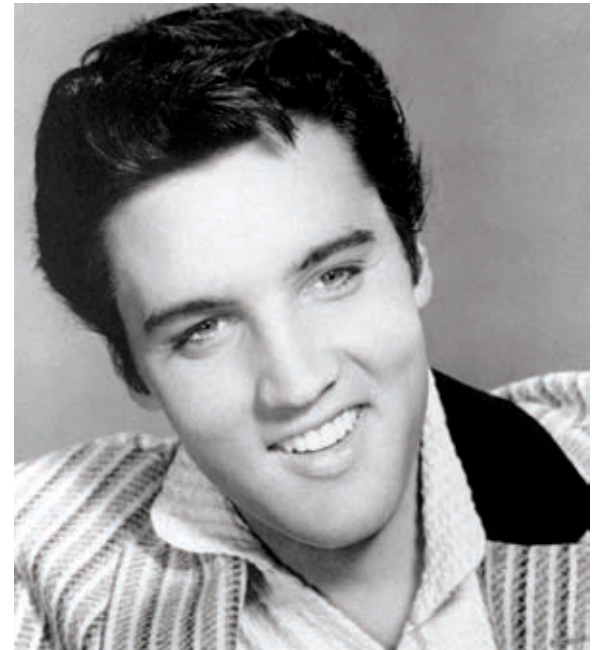
“OK,” I said. “After the Milton Berle and Steve Allen shows, your next live performance was on Ed Sullivan. What was the date?”

There was silence for a minute. I knew I had him. Only Elvis, the real Elvis, would know the real answer to that one.

“Hoss,” he said. “It wasn't Ed Sullivan. It was the same night as Mr. Allen. It was Hy Gardner, right there in New York City. The show was called ‘Hy Gardner Calling.’”

I nearly dropped the phone. Here, he had sounded like nobody, but I

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clearly knew he was somebody.

It was Elvis. The King. Calling me.

I immediately grabbed a pad, and began asking questions and taking notes. We talked for about 15 minutes.

"This has been fun, but I gotta go, Hoss," he said, finally. "Lisa Marie needs to use the phone."

We hung up.

Still stunned, I picked myself up off the floor, opened up Word Perfect, and started to write....

".....I still don't believe it....."

Don't stop believin'.

"Elvis: The Concert" will, indeed, be at the Mohegan Sun Arena in Uncasville on Sunday, August 6. Tickets are available via Ticketmaster and Live Nation.

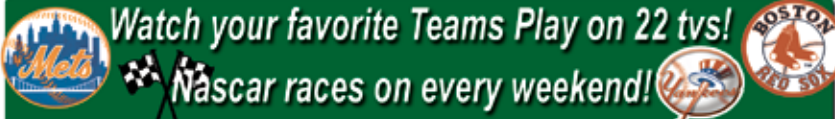
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SOUND WAVES 7

All The World's a Stage



"Festivus"

By Sue Menhart

Summer is here finally. Time for outdoor music festivals, beach concerts, rockfests and mega jams. I run into people and they ask, "Excited for summer? You going to have lots of gigs? It's your busy time right?" Well, not so much. You see if you're in a band, you have to think about the "busy season" way before temps reach 70 de-

grees. Like way back during the "Christmas season." If you don't start hounding summer festival organizers, chambers of commerce, parks and rec people, vineyards and beach bar owners by Jan. 1, you are out of luck by the summer solstice.

It's embarrassing. I'm bored to death so I go to every event there is and get the same question, or the polite ones: "Got the night off for a change huh?" Um, yeah. The whole freakin' summer thank you.

Even if you are a good little doobie and manage to contact these purveyors of all things musically fun in the sun in the frigid winter, if you don't check on your application or package or whatever at least 1.5 billion times, you're not getting the gig. Most of the time, it's impossible to find out who these leaders of the Federal Reserve-like institutions are so you can even get your stuff to the right person. It's like when Richard Dreyfuss in that movie "Close Encounters of the Third Kind" is thrown into a van and then into a tent with the French speaking dude and the nerd and he yells, "WHO ARE YOU PEOPLE?!?!?"

WHO ARE THESE PEOPLE dictating the summer music schedules anyway? It's this big fat Area 51 mystery to me. And asking other bands how they "got in" doesn't help either. They say, "Oh, a guy in the band is married to a girl who's mother's ex-boyfriend has a niece who interns for the chamber during the summer so that's how we got in." Or, "You have to send a package to the organizing committee," or, "You have to contact the owner at his place down in Florida in the winter."

WHATEVER!

I am not a bugger. I am not a beggar. It's too..... Complicated! And what's worse is, if I do manage to have a gig in the summer at a regular bar, nobody's there because they're all outside at some festival! That I'm not playing at! It's exasperating!

The one festival gig I do have this summer is because somebody canceled at the last minute! OK Fine!

One year I was asked to help book the bands for a summer festival and was guaranteed a slot. Word spread magically like wild fire that I was a member of this prestigious committee and so therefore I was ceremoniously deemed "the contact." Well let me tell you, some people are really good at inquiries, following up, or I as I like to refer to it as: "Bugging the crap out of you." I give the musicians the utmost respect for their persistence and tenacity, however, OMG – did I ever want THAT THING over with!

So I get it. I understand why it's all a big secret. It's a never ending exercise in responding to emails and chats and voicemails – or as I mastered – the art of ignoring the whole world.

8 SOUND WAVES

You may think of this month's column as one big pity party for me. Au contraire! It's a call to arms! We must unite! We must demand that all festival organizers and beach concert and outdoor music people publish their names, addresses, what kind of wine they like, what their favorite sports team is, details on their family lineage, and where they spend their winters. That kind of thing. To make it fair, ya know?

But alas, I know, you're all too busy playing your fifth night in a row under warm moonlit skies with a lovely ocean breeze blowing through your hair. That's OK. I'll be there cheering you on.

Peruse more cautionary tales, rants and raves over on my blog "Menhart Musings" at www.suemenhart.wordpress.com.





Val Rogers

With the



Dick Campo Band



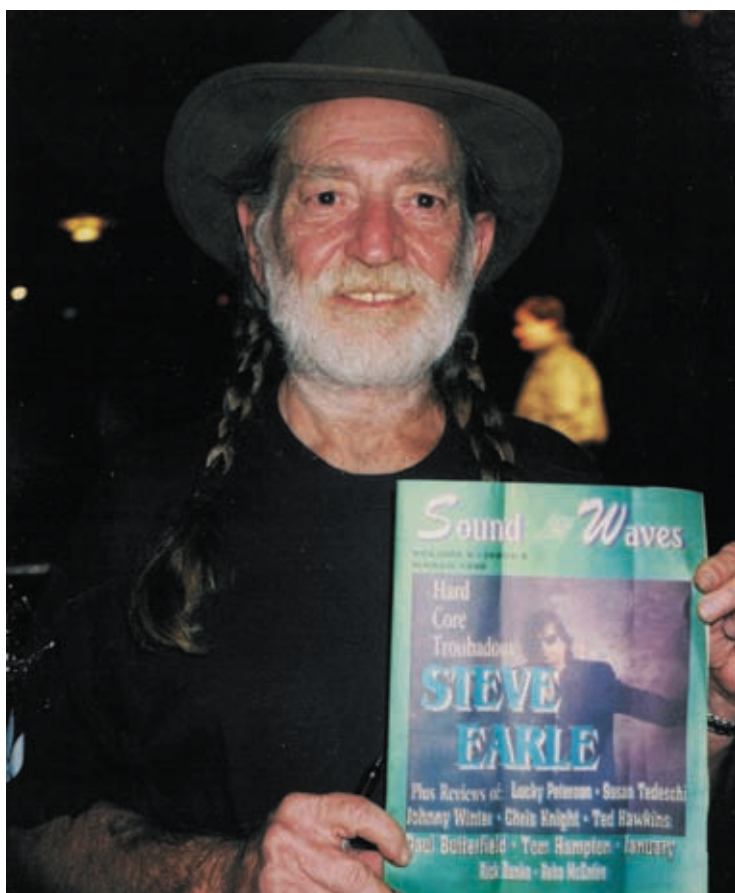
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28 Alter Ego	29 Whiskey Wine & Coke	29 Ground Control	30 Out Take
4 Fusion	5 Never Enuff	5 James Harris	6 Cabana Boys

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BAND DATES

AC/JD

20 - Voodoo Grill, Mystic, CT 8-11

ANDY & BETHANY

6 - Public House, Old Lyme, CT 6-9
9 - Pizzetta, Mystic, CT 6-9
11 - Angie's, Mystic, CT 5-8
16 - Windjammer, Misquamicut, RI 1-5
25 - Pizzetta, Mystic, CT 6-9
27 - Breachway, Charlestown, RI 6:30-10

ANDY CHANEY

5 - Mystic Pizza II, N. Stonington, CT 7:30-10:30
7 - Angie's, Mystic, CT
10 - DPI, Mystic, CT
12 - Steakloft, Mystic, CT 7-10
23 - Preston Ridge Vineyard, Preston, CT 12-3
30 - Spouters, Mystic, CT 5-8

THE ATTIKS

17 - Wolf Den, Uncasville, CT 8pm

AZALEA DRIVE

7 - On The Waterfront, New London, CT 7:30
14 - Sunset Rib, Waterford, CT 6pm
19 - Beach, Waterford, CT 6pm
22 - Vineyard, Stonington, CT 3pm
28 - Steak Loft, Mystic, CT 7pm

BEBOBALOUBOB

7 - Ivory Pub, Deep River, CT 10-1:30
8 - Acorn Acres, Bozrah, CT 7-11
22 - Witch Meadow, Salem, CT 7-11
28 - Keagan's, Middletown, CT
29 - Burkes, Niantic, CT

BETHANY MCGILL & TODD FAKE

13 - The Irons, Mystic, CT 5-8

BRANDT TAYLOR

6,13,20,27 - Springhouse, Block Island, RI
7 - Stevie D's, Riverside, RI
8 - TJ's, Newington, CT
9,16,21 - Brick & Basil, Norwich, CT 6-9
12 - Black Eyed Sally's, Hartford, CT 7
15 - Apricots, Farmington, CT 7
18 - Angies, Mystic, CT 5-8

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22 - Frank's, Worcester, MA
28 - Cady's, Chepachet, RI
30 - Bee & Thistle, Old Lyme, CT 5-8

THE CARTELLS

5 - Steak Loft, Mystic, CT 7pm
6 - Gazebo, Southbury, CT 6pm
9 - Maugle Sierra, Ledyard, CT 3pm
10,17,31 - Point Inn, Old Saybrook, CT 6pm
13 - Woods Park, Old Lyme, CT 7pm
14 - Pazzo, Rocky Hill, CT 7pm
15,26 - Bill's Seafood, Westbrook, CT 7pm
20,22,27,29 - The Spa, Norwich, CT 6:30pm
21 - Ocean Beach, New London, CT 8pm
28 - Maugle Sierra, Ledyard, CT 6pm

CHEZ LORENZ BLUES PROJECT

21 - Art Cafe, Westerly, RI 8-9pm

THE CRITIC'S

21 - Stonehouse, Baltic, CT

DAN STEVENS

5,12,19,26 - Old Lyme Inn, Old Lyme, CT
6 - Note Kitchen, Bethel, CT
8 - Ashlawn Farm, Lyme, CT 10am
8 - Priam Vineyards, Colchester, CT
9 - Olde Mistick Village, Mystic, CT 2pm
9,16,23 - Black Hall Outfitters, Old Lyme, CT
10 - Blue Hound Taproom, Ivoryton, CT
13 - Pa's Place, Guilford, CT
14 - Happy Valley Brewing, State College, PA
15 - Locality Gallery, Bedford, PA
16 - Talleyrand Gazebo, Bellefonte, PA
17 - Bullfrog Brewery, Williamsport, PA
18 - Penns Tavern, Sunbury, PA
20 - CT River Museum, Essex, CT
21 - On The Waterfront, New London, CT
22 - Farmers' Market, Old Saybrook, CT 11am
22 - Rose's Berry Farm, S. Glastonbury, CT 3:30
22 - Veracious Brewing Co., Monroe, CT, 6:30
23 - Bee & Thistle, Old Lyme, CT
24 - Daniel Packer, Mystic, CT
25 - Jewish Community Center, Woodbridge, CT
27 - Town Landing, Deep River, CT
28 - Shovel Handle Pub, Jackson, NH
29 - Newcastle House, Damariscotta, MA
31 - Camp Horizon, S. Windsor, CT

DAN WATSON

5,19 - Dog Watch Mystic, Mystic, CT
6,13,20,27 - Mahogany Shoals, Block Island, RI
9 - Pizzetta, Mystic, CT
11,25 - Daniel Packer, Mystic, CT
12 - Tipping Chair, Southington, CT
14 - Lansdowne Pub, Uncasville, CT
16 - Ancient Mariner, Mystic, CT
21 - Breachway Grill, Charlestown, RI
22 - Cleats, Westerly, RI
23 - Water St. Cafe, Stonington, CT
26 - Mystic Pizza II, N. Stonington, CT
28 - Mariner Grill, Narragansett, RI

DARIK & THE FUNBAGS

3 - Sunset Rib, Niantic, CT 8pm
9 - Club Blu, E. Greenwich, RI 8:30pm
13 - Evergreen Walk, S. Windsor, CT 7pm
14,15 - Capt Nicks, Block Island, RI
19 - Heritage Park, Holyoke, MA 6pm
21 - Sheas, Manchester, CT
28 - Louie Bs, Southwick, MA

THE DRAWBRIDGE BAND

8,22 - Two Trees, Foxwoods, CT 5-8pm

EIGHT TO THE BAR

5 - Wadsworth Mansion, Middletown, CT 6:30-8:15
6 - Senior Center, Old Lyme, CT 7-8
7 - Owengo Beach, Branford, CT 8-11
14 - Knickerbocker, Westerly, RI 8:30-11:15
16 - Fischer Center, Amundson-Hudson, NY 6:30-10
18 - Rockwell Park, Bristol, CT 7-8:30
29 - Swing City, Boston, MA

THE FAKE EXPERIENCE

15 - Harbour House, Mystic, CT 8:30-11:30
21 - Rathskeller, Charlestown, RI 8:30-11:30
30 - Strawberry Park, Preston, CT 8-10

F & BLUES BAND

16 - Eastern PT Beach, Groton CT 6:30-8:30pm
19 - Howard Brown Park, Norwich CT 6-8pm

FRANKENPHIL

7 - Ridge Vineyard, Preston, CT 5:30pm
10 - Rathskeller, Charlestown, RI 7:30pm
14,28 - McBrides, Providence, RI 6:45pm
21 - Penny Lane, Old Saybrook, CT 7:30pm
22 - On The Waterfront, New London, CT 7pm
29 - Son's Of Liberty, Wakefield, RI 5pm

HOPE ROAD

16 - Yellow Kittens, Block Island, RI 4-6/10-1
20 - Esker Point, Groton, CT 6-8pm
28 - Ocean Beach, New London, CT 8pm
29 - Festival, Old Lyme, CT 1-3pm

JUNKYARD HEARTSTRINGS

21 - Tuscany Grill, Middletown, CT 7:30-11:30
22 - Farmers' Market, Lebanon, CT 9am-11:30am
23 - Farmers' Market, Voluntown, CT 10am-12pm

25 - Rathskeller, Charlestown, RI 8-11
29 - The Irons, Mystic, CT 8-11

KEEP IT ROLLING BAND

15 - Hideaway Cafe, New London, CT
23 - Tamarack Lodge, Voluntown, CT 4pm

KEN SERIO JAZZ TRIO

16 - Perks & Corks, Westerly, RI
28 - Vineyard, Stonington, CT 6-9

KEVIN MANZELLA & HEATHER LEPAGE

21 - Brazen Hen, Westerly, RI 8:30-11:30
22 - Harp & Hound, Mystic, CT 9-12
23 - Windjammer, Misquamicut, RI 1-5
28 - Harbour House, Mystic, CT 7-10
30 - Yacht Club, Westerly, RI 4-7

LOCOMOTION

12 - Elizabeth Park, W. Hartford, CT 6-8pm
19 - Wadsworth, Middletown, CT 6:30-8:15pm
21 - Water's Edge, Westbrook, CT 6-10pm

MATT n DEAN

20 - Hardrock, Foxwoods, CT

Ms. MARCI & THE LOVESICK HOUNDS

21 - Turning Tide, New London, CT 5-8:30
26 - Uncle D's, Norwich, CT 5-7:30pm
29 - Moose Lodge, Bozrah, CT 8-11:30pm

NICK BOSSE

6,13,20,27 - Harbour House, Mystic, CT 5:30-8:30
15 - Mystic Pizza II, N. Stonington, CT 8-11
21 - Cleats, Westerly, RI 6-9

PIRATES FOR PEACE

12 - Beach Park, Waterford, CT
21 - Sneekers, Groton, CT
28 - Octane, New London, CT
29 - Harbour House, Mystic, CT

RIVERGODS

6 - Back Porch, Old Saybrook, CT
12 - Bee & Thistle, Old Lyme, CT

Continued Page 14

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Boston/Joan Jett

22 - Oakdale Theatre, Wallingford, CT

Damien Escobar

22 - Garde Arts, New London, CT

Drive-By Truckers

26 - Infinity Hall, Hartford, CT

Ed Sheeran

14,15 - Mohegan Sun, Uncasville, CT

Elvis Costello

25 - Perf. Arts Ctr., Providence, RI

G. Love & Special Sauce

22 - Ocean Mist, Matunuck, RI

23 - Jonathan Edwards, N. Stonington, CT

John Legend

27 - Grand Theater, Foxwoods, CT

Jonathan Edwards

30 - Jonathan Edwards, N. Stonington, CT

Kings Of Leon

28 - Xfinity Center, Mansfield, MA

29 - Mohegan Sun, Uncasville, CT

Lady Antebellum

22 - Xfinity Theatre, Hartford, CT

The Moody Blues

9 - Oakdale Theatre, Wallingford, CT

Pat Benatar & Neil Giraldo

25 - Playhouse, Ridgefield, CT

Puddle Of Mudd

14 - Infinity Hall, Hartford, CT

Rod Stewart/Cyndi Lauper

15 - Xfinity Center, Mansfield, MA

Straight No Chaser

23 - Oakdale Theatre, Wallingford, CT

Tedeschi Trucks Band

7 - Perf. Arts Ctr., Providence, RI

Walter Trout Band

7 - Kate Center, Old Saybrook, CT



BAR FLY JOURNALS

By Stephanie Shawn



Hello my Sweet Bar Flies..Well, now we know summer has arrived because DIRTY DEEDS is back at BALLARDS on Block Island! Although Secret Spy MICHELLE B reported earlier in the month that the DIRTY DEEDS Show at BROWN DERBY was Rockin' and all the Cool Kids were there, the Island life is pretty amazing in our neck of the woods (or Ocean).

Picture this. Me (a Bar Fly), and LISA (also a Bar Fly) rockin' and rollin' with the Beach Bunnies on BALLARDS BEACH! BRIAN was determined to dance with one particularly dedicated DIRTY DEEDS Fan, but alas she only had eyes for

the Band! We then spotted a man in bikini bottoms with RACHEL and RYAN on his ass... when asked, he whined out "the NOTEBOOOOOOOK"! WOW! Really? Gotta get me a pair apparently. Who knew?

SUMMER SOUND WAVES at ESKER POINT started off with a bang featuring BRANDED COUNTRY THAT ROCKS! Again, all the Cool Kids were in attendance including JAMIE QUATTROMANI, MICHELLE BABCOCK, MARK SYLVA, KYLE CRANDALL and KELLI ANDREWS! But this girl is determined to make the next three shows at least. SUGAR on the 13th, HOPE ROAD 20th and TERRAPIN on the 27th! We are shooting for 3 outta 3! Some by bike, some by boat! Thursdays never had it so good!

The new MYSTIC BOAT ADVENTURES looks amazing! Drive my bestie down the MYSTIC RIVER while viewing the gorgeous scenery along the waters between No-

ank and Mystic. How much fun is that? Find them on Facebook. And for some other summer adventures? HELICOPTER TOURS with MATT at DOONEY AVIATION in Westerly and Block Island. Or how about SKY-DIVING out of WESTERLY STATE AIRPORT? Let's do this!!

MISS BONNIE became Secret Spy for me at the BREWS AND BLUES NEW LONDON 2017 and reported in that she had a fabulous night. She dined and danced at all the local Hotspots including 33 GOLDEN, DADDY JACK'S, HOT ROD CAFE (where she dined on delicious chopped pasta salad and salmon), HYGENIC ART PARK... She saw the talented DAN STEVENS and the FRANKLIN BROTHERS and enjoyed the exciting nightlife that is New London!

12 SOUND WAVES



ROMPER STOMPER TIME BABY!! HAPPY BIRTHDAY CHRIS



VIGUE, RICHARD HOLMES, DEBRA FERNANDES, KEVIN CLARK, KATHY MCCABE, MELISSA GODDARD, WENDY DONAHUE, BRIAN (HOOTIE) HARRISON, JENNIFER BOGUE, handsome JOHN VENTILATO, JAMES SOUSA, LAURIE ELVIN, CURT EDWARDS, JEFF WADE, BRIAN DUFFY, ART GREENFIELD, NASH GARRISON, ANDRE MOSHE RICE JR., KELLI ANDREWS, SHANE DUBOIS, SHARON WHITE, TINA BOURDON, ANDREW MAYNARD, CLIFF ROBINSON, DEB COLUCCI, KEN SERIO, KIM BLAIS NORMAND, BILLY GINGERELLA JR., GREG

HODDE, JIMMY CONSTANTINE, TONY TIMPANO, GERALD BELL, MARK SILVA, RICHARD PERRI, SCOTT BAVASSO, DARCIE CARPENTER, MARIANNE GARNER, MARK MCLEOD, PHIL KRACKIN, BRETT THOMPSON, MICHAEL MOSCHELLA, RAE VIANNEY, TY REAY, MARK WRIGHT, VINCE VINCENT, KEITH MURPHY, KEVIN ROGERS, HOLLY MCCORD, JANINE BROWN, KYLE CRANDALL, PETER MOORE, RAYNA GIORNO, CLINT SMITH, GEOFF FOX, NICOLE CHIARADIO, DIANE GROSS, FRANK WILSON, JOY FORAND, MICHAEL RIUSI, TIM PELLAND, LORI CLARK, NICK CIPRIANO, KEN POTTIE, and my niece and nephew, LINDS and CLIFFIE!!

My autocorrect is outta control..I apologize. I'm off to the Island for



an entire weekend of debauchery but put these things in your calendar: SAILFEST!! New London July 8-9, BLUE MONDAYS in downtown Mystic, right on the waters edge. (KENNY NEAL July 17th! WOW! This is a not to miss show folks! And it's FREE!!) NORTH STONINGTON FAIR starting on July 13, SINNERS INC. & CHASER 8 at 33 GOLDEN ON JULY 14 @ 8, RED LIGHT SUNDAY FUNDAY @ SUNSET RIBS on July 16, OPEN JAM SUNDAYS at CLYDESDALES 4-8, BEBOBALOUBOB at ANGIE'S on August 11, F& BLUES BAND at EASTERN POINT BEACH on July 16 and of course, the SUMMER SOUND WAVES CONCERT SERIES at ESKER POINT on Thursday Night's! DAN WATSON at MAHOGANY SHOALS on Saturdays, NANCY MENHART'S HART ATRINGS DUO @BLACK DOG BAR in Putnam on July 28, SUMMER FLICKERS on Wednesdays. Movies in the Park!, FEAR AND LOATHING IN LAS VEGAS on the 26th!, CRUSH: A TRIBUTE TO DAVE MATTHEWS on AUG 18 @ PADDY'S BEACH CLUB, and of course while you are there, PADDY'S GIRLS, TIK-KIBEACH and TOESINTHESAND. What more I ask you. Not a damn thing!

And now it's time to say good bye to all my company. As usual, I've waited til the last minute and tried to stuff a month of excitement into 17 minutes of writing. Til next time, love you long time my sweet flies.

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21 Screaming Eagle	22 Cover to Cover
28 Dapper Rascal	29 Never Enuff

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STAN BAEK!

BY LARRY NADOSKY



END.

14 SOUND WAVES

Band Dates Continued

- 13 - Tap Room, Westerly, RI
- 15 - Parade Plaza, New London, CT
- 23 - Pataconk, Chester, CT
- 30 - Sunday Market, Chester, CT

60's EXPLOSION BAND

- 12 - Harbor Park, Norwich, CT 6-8pm

STYFF KITTY

- 7 - Clydesdale, Westerly, RI
- 8 - Ted's Pub, Cranston, RI
- 14 - Andrea, Misquamicut, RI
- 21 - Rathskeller, Charleston, RI
- 29 - CC O'Brien's, Pawcatuck, CT

SUE MENHART BAND

- 8 - Custom House Stage, New London, CT 6pm
- 9 - Yacht Club, Westerly, RI 4pm
- 22 - Village Gazebo, Mystic, CT 2pm

SUGAR

- 13 - Esker Point, Groton, CT 6pm
- 14 - Blues Cafe, Newport, RI 10pm
- 16 - Jonathan Edwards, N. Stonington, CT
- 28 - Windjammer, Misquamicut, RI 10pm
- 32 - Wolf Den, Uncasville, CT 7:30pm

SUNDAY GRAVY

- 9 - Back Porch, Old Saybrook, CT 3-7
- 21 - Andrea, Misquamicut, RI
- 23 - Rathskeller, Charlestown, RI 3-6
- 27 - Jonathan Edwards, N. Stonington, CT 7
- 30 - Andrea, Misquamicut, RI 1-5

VINCE THOMPSON & THE NEXT FUN THING

- 20 - Painted Pony, Bethlehem, CT 7-10:30
- 21 - Mattebessett Club, Middletown, CT 7-10:30
- 22 - Fairgrounds, Goshen, CT noon-2
- 22 - Perks & Corks, Westerly, RI
- 30 - Donahue's, Madison, CT 4:30-8

THE WHALES

- 15 - John's Cafe, Mystic, CT
- 29 - River Showcase, Baltic, CT

Mail Listings to the magazine or E-MAIL:

Editor@swaves.com



www.Swaves.com

BLUE MONDAY

2017 CONCERT SERIES

July 3	Kat Wright
July 10	Darrell Nulisch
July 17	Kenny Neal
July 24	The Hoolios & Sondra Levine
July 31	Sugar Ray & the Blue Tones

**ALL SHOWS - RAIN OR SHINE
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Blue Monday is part of the Stonington Education Fund, a 501(c)3 non-profit organization that seeks to promote excellence in the Stonington Public Schools through effective use of private donations and grants. The concerts are family friendly events held outdoors at the Mystic River Park. Blue Monday concerts are generously sponsored by local businesses and foundations. Blue Monday raises money to support music education in our local schools and food assistance to the neediest in our community. We invite all concert attendees to bring a jar of peanut butter or any other non-perishable, canned goods to the show that will be donated to the Pawcatuck Neighborhood Center Food Pantry.

Follow us on Facebook at "Blue Monday." **Blue Monday - Feeding the Body and Soul!**

SUMMER SOUNDWAVES CONCERT SERIES

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13 SUGAR
20 HOPE ROAD
27 Terrapin
Aug. 3rd WOODEN HORSE

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HOLLYWOOD
18th - DAN WATSON**

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Thu	Fri	Sat	Sun
6 JOHNNY HOLLYWOOD 6-9	7 WEED HAWKS	8 SAFE WORD	9 SAFE WORD 4-7
13 KRIS RYAN 6-9	14 TROUBLE MAKERS	15 	16 DAN WATSON 4-7
20 ANDY & JOSI 6-9	21 ROGER CERESI TRIO	22 KRIS RYAN	23 SAFE WORD 4-7
27 BRUCE GREGORI 6-9	28 BAD HOMBRES	29 KRIS RYAN	30 SAFE WORD 4-7
3 JOHNNY HOLLYWOOD 6-9	4 WEED HAWKS		

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AMY HELM

By Bill Harriman

Amy Helm is rock and roll royalty. Her mother, Libby Titus, is a singer, songwriter, and artist whose best known song, “Love has No Pride,” was covered by Bonnie Raitt and Linda Ronstadt. Libby was born in Woodstock, NY and still lives there today with her husband, Donald Fagen of Steely Dan fame. Her father was The Band’s beloved singer and drummer, Levon Helm. The Band went from being Bob Dylan’s backup band to one of the most influential musical acts in rock history. One look at their 1976 documentary, “The Last Waltz,” perhaps the greatest rock and roll film ever made, shows just how important they were to the American musical landscape. In 2008 long after the heyday of The Band, Levon released a Grammy winning Americana album called, “Dirt Farmer.” Amy co-produced and played on this record. This was a wonderful time for Levon and Amy, because a couple of years earlier, Levon began what was called a weekly “Midnight Ramble” at The Barn which was part of his home on Plochmann Lane in Woodstock, NY. These concerts, or Rambles as they’re called, hold up to 180 people and Amy was part of his house band. Sadly, Levon died of cancer in 2012 and is buried in the artist’s cemetery in Woodstock, but The Rambles continue to this day.

As far back as the late 1890’s and throughout the first half of the 20th century, Woodstock, NY was known as an artist community. One look at the town’s tranquility, beautiful scenery, and splendid isolation and it’s easy to see how this happened. The shift towards music can be traced back to 1963 when Bob Dylan’s manager, Albert Grossman, bought a home there. Within a year Bob Dylan had moved there as well. Other musicians such as the members of The Band; Van Morrison; Paul Butterfield; Jim Kweskin; Geoff and Maria Muldaur; Peter, Paul, and Mary (Peter Yarrow actually grew up there); John Sebastian; Todd Rundgren; and countless others soon followed. Many of the musical acts were managed by Grossman who built the legendary Bearsville studio there. Great records are still being made in

Woodstock, NY to this day.

Woodstock became the East Coast answer to Haight Ashbury. So much so that a group of young entrepreneurs, led by a 24-year-old concert promoter named Michael Lang, selected it for the site of a rock festival in the summer of 1969. The town of Woodstock denied a permit for the festival and another site was found some 60 miles away on Max Yasgur’s farm in Bethel, NY. Never the less, it was still called the Woodstock Music and Arts Festival and it remains to this day the seminal moment in rock history. Years later, when The Band was inducted in the Rock and Roll Hall of Fame, Levon’s band mate Robbie Robinson quipped, “If it hadn’t been for Albert Grossman, we probably would have been known as the Poughkeepsie generation.”

Today Grossman’s legacy to Woodstock is the Bearsville Theater and studio, the Bear Café, and the Little Bear at the top of Tinker street just about a mile and half from downtown. Bob Dylan along with the Woodstock Music Festival’s legacy to Woodstock, NY is that it is now the most famous small town on the planet. Levon Helm’s legacies, besides all the music, are the aforementioned Rambles and needless to say, his beautiful and talented daughter, Amy.

For a number of years, Amy was a singer and songwriter for an alternative country band called Ollabelle before going solo with Amy Helm and the Handsome Strangers. This band features Daniel Littleton on guitar, David Berger on drums, and Byron Isaacs on bass. They all accompanied Amy on her critically acclaimed 2015 release called “Didn’t It Rain.” Eight of the twelve tracks were written or cowritten by Amy. Two of the covers include the Sam Cooke classic, “Good News,” along with the title track which was previously recorded by Sister Rosetta Tharpe and Mahalia Jackson. Amy’s version is so powerful it can easily stand beside these two legendary singers. Another song called, “Spend our Last Dime,” is the very last recording

that features Levon Helm on drums. The record also features a wide array of musical guests, including Little Feat's keyboardist Bill Payne; guitarists Larry Campbell, Chris Masterson, and Jim Weider; keyboardist Marco Benevento, John Medeski and Brian Mitchell; and guest backup vocalists Carolyn Leonhart, Elizabeth Mitchell, Allison Moorer, Catherine Russell and Teresa Williams. However, it is Amy's powerful and soulful voice that makes "Didn't It Rain" such a great record.

This phone interview with Amy took place on the afternoon of Friday, May 12th. Amy happened to be in a recording studio at the time.

BH – You must be thrilled with the success of the "Didn't It Rain" CD.

AH – "I really am and I feel very grateful to have had the last couple of years touring behind that record and meeting so many musicians who are heroes of mine and peers of mine who I just admire so much. It's been a very enriching time musically and I continue to get to play with the most extraordinary musicians. And that's always been the best for me, always inspiring."

BH – I saw you earlier this year and you talked about working on a new CD. How is that coming along?

AH – "Oh, it's good. We are just woodshedding a bunch of new songs and trying a bunch of stuff right now. I'll probably be recording in August. I'm kind of taking it a step at a time, and I hope to be finished by the end of the summer."

BH – Will you continue to work with The Handsome Strangers?

AH – "I'm not sure yet. I'm still getting the whole personnel together. I'm going to be working with Joe Henry, who is a really fantastic producer whom I admire a lot. I'm going to follow his lead and let him have the vision and put the pieces of the puzzle together."

BH – Have you seen a change in your audience from your days with the band Ollabelle to your work now as a solo artist?

AH – "I've never had an audience really until this record. I guess it's shifted a little bit. Obviously, my dad's fans were the first folks who came out to really embrace what I was doing and see me on my way. And over the last couple of years I think we've slowly but surely got some folks who seem to really respond to the music. So, I guess the audience is changing a little bit, but for the most part I think a lot of the people that connected with me first through my dad still come out to the shows and that's nice."

BH – I know you're asked about your dad in all your interviews. Are you okay with that?

AH – "Yeah of course, it is what it is. I'm very proud of my dad and who he was and what he created. I love my father and certainly my time with him and studying music with him. Our relationship is such a big part of who I am and I expect those questions."

BH – Of course your dad wasn't your only musical parent. How's your mom doing these days?

AH – "She's good. She's a very unique woman and an incredible artist and writer. I don't think she ever saw it through all the way. It's funny, I was hanging out with her and she was giving me some random lyrics that she wrote a long time ago wondering if I wanted to do anything with it. And it was so much better than anything I could have ever hoped to write. She's just got it. She's just a natural writer and she's got it in spades. And

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SUMMER MUSIC

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 BENEFICIARY: EDUCATION OUTREACH FOR OCEAN COMMUNITY YMCA

AUG 17 JAMIES JUNK SHOW
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of course, her influence on me has been big as well.”

BH – I loved the Rambles. I’ve been to a couple of them. That is such a great legacy that your father left behind.

AH – “Yeah it’s wonderful there. It is still alive and well and going strong. Musicians love to come there and play and I think they always will. So, I have no concerns about it. When you have a place that special, that’s that rich with history, artists want to connect with places like that. Because it makes good things happen. It makes their songs. Things come out that don’t always come out at all venues. I’m excited that so many great musicians are still seeking it out and yeah, the Rambles, are still going strong.”

BH – Have you read the book “Small Town Talk” about the history of Woodstock, NY?

AH – “That’s Barney Hoskyns’ book, right? No, I haven’t read that book yet, but I would love to read it. I have not finished a book since my kids were born. That is my one and only excuse. I read a page of something and I’m out like a light. I need to get back into reading and when I do I will read it. I’ve heard that it’s interesting.”

BH – I understand that on your upcoming summer tour, that you have a few shows with Elvis Costello. I’m sure you are psyched about that.

AH – “It’s pretty exciting. I get to open up four shows for Elvis, and I’m really looking forward to that. I have some nice dates lined up for the summer. It’s a lower key this summer because my record cycle is pretty much done. So, I’m just going to be playing a lot of regional shows, opening for Elvis, and hanging with my kids. After that I’ll be going on a pretty long tour in September. I’ll be kicking off the tour in Yosemite Park on September 1st, and I’ll be out for about a month doing that.”

Because of her last name and where she grew up and still lives, it’s hard not to think about Amy’s rich musical heritage each time she walks out on stage. Amy’s talents only enhance this heritage. Her summer tour will bring her to Infinity Hall in Norfolk, CT on Friday, July 7th. She’ll also be at Stage One in Fairfield, CT on Thursday, July 20th. And if that’s not enough she’ll be back in Connecticut on Sunday, August 13th at the Jonathan Edwards Winery in North Stonington. In addition to this, she will be headlining a Ramble on Saturday, July 22nd. You won’t want to miss the opportunity to see the wonderful and talented Amy Helm.



18 SOUND WAVES

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Fair Queen Pageant 7:00 pm

Friday, July 14th

Tim Charron (Nashville Artist)

Middlesex County Tractor Pullers

Lawn & Garden Tractor Pull 5:30 pm

Princess & Junior Princess Pageants 7:00 pm

Hay Bale Toss 7:00 pm

Women's Hay Bale Toss (FRIDAY NIGHT)

Mini Pony Pulling (FRIDAY NIGHT)

Saturday, July 15th

Dirty Deeds The AC/DC Tribute

Truck & SUV Pulling 5:00 pm

Ham & Bean Supper 5:00 - 7:00 pm

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Sunday, July 16th

Truck & SUV Pulling Noon

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Saturday, July 15th

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Pedal Tractor Pull 9:30 am

Friday, July 14th

Middlesex County Tractor Pullers

Lawn & Garden Tractor Pull 5:30 pm

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HEARING AID

Stacy Jones



Stacy Jones

"Love is Everywhere"

Independent

Seattle-based country-folk-Americana singer-songwriter Stacy Jones delves into the delta blues on her latest release, a staggering seventh album titled "Love is Everywhere." Jones plays harmonica, acoustic and electric guitars, piano and Hammond B3 and sings all the lead vocals. She wrote ten of the songs. She has performed internationally through Europe and at festivals including the Chicago Blues Festival and SXSW with current dates throughout Washington State.

The songs were recorded "live-off-the-floor" style at Studio Litho in Seattle and were produced by Floyd Rietsma (Pearl Jam and Dave Mathews). Her band members are Rick Bowen on drums, Tom Jones (her dad) on bass, and Jeff Menteer on guitar.

The album kicks off with the blues-infused Allman Brothers-like "Mojo Potion" and features muddy piano and swampy guitar. "Wait for Heaven" is gospel-like with heavenly organ and you could swear you're listening to Bonnie Raitt. The tone of her voice, her writing, and playing style just scream Bonnie Raitt, and I can't get enough.

The instrumental "Stomp Jump Boogie" features guest harmonica player Lee Oskar whose lines are crisp and clear. This would be super fun to see live. While "Fell in Love" is radio-ready and catchy for **20 SOUND WAVES**

today's listening audiences, "Can't Find Love" has a "Boots are Made for Walking" strolling bass line that is really cool. On the bare-boned excellent ballad "Can't You Be Mine" Jones signs her heart out.

Jones wrote the title track "Love is Everywhere" after the Pulse nightclub shooting in Florida in tribute to the fallen and is an inspirational song of hope. "One Stoplight" is a fun boogie woogie lively number while "Gotta Get Over You" is a short and sweet declaration of determination to get over somebody. With vocals out front and confident, "Tough Girls Never Cry" echoes the throw back country style of her earlier albums and influences. The final swingin' number, "I'll Be On My Way" leaves you wanting more. I believe Jones is just getting started.

Link: www.stacyjonesband.com

- Sue Menhart



Radiohead

"OK Computer"

OKNOTOK"

Capitol / XL

In 1997 Radiohead completely changed the landscape of the rock world with its earth shaking release, "OK Computer". They veered off the well-worn road of rock and roll success and blazed brand new trails into the future of music with their unique and unconventional sounds.

20 years later, they've reissued this gem with a second disc full of B-sides and rarities that give us a great opportunity to revisit this dynamic work of art.

With "OK Computer", Radiohead took a turn towards a somewhat dystopian viewpoint in their songwriting. Punk rock has always presented similar themes - an intrusive government system insistent on invading our privacy, the creep of technology into dominance of our lives, and the growing disconnect between people as they lose their roots. Radiohead took a slightly different approach. Rather than singing about what the system was doing, it became an essay about how all this makes them feel.

The album is charged with emotion. Huge dramatic swings are a feature of many of the now iconic songs, like "Paranoid Android" and "Exit Music (For a Film)". This new remastered release features a whole list of extras sure to satisfy the superfans. Songs like "Pearly" and "Polyethylene" really bridge the gap between the sound of their second album "The Bends" and the futuristic electronic-tinged music that would be their trademark for decades to come.

Many of the new songs added are slower paced with acoustic guitars and a more old-school Radiohead sound. Tunes like "Lift", "I Promise" and "Man of War" never saw commercial publication, providing brand new insight into what the band was thinking at this crucial turning point in their careers. The B-sides are all of top quality. They

could have released these as a separate album back in the day.

Rarely has an album had such influence over a whole genre of music. Countless copycats arrived in the years to follow trying to capture the same kind of energy and creativity harnessed in "OK Computer".

When I first heard the album, strolling around with the tape in my Walkman, I didn't get it. I thought it was noisy and confusing - nothing like the song "Creep" that I knew so well from MTV and the radio. After giving it a few more listens, it grew into a dominant force rewriting my expectations of modern music and showing me what a truly groundbreaking album felt like. 20 years later, they have achieved legendary status with many fans, myself included.

If you've never taken the time to delve into Radiohead and their brand of new-wave futuristic emotional rock, then the 20th anniversary double disc remaster of "OK Computer" is a great excuse to check them out and see what a truly paradigm-altering piece of art sounds like.

- Tom Matthew
Two Ton Music



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Gregg Allman Continued

"My southern-rock heart is breaking," said Melissa Etheridge.

"Gregg put immense soul into his music," echoed Bob Seger. "We've lost another music titan."

"(He) had a feeling for the blues very few ever have. It's hard to believe that magnificent voice is stilled forever," wrote Charlie Daniels.

"He could flat out sing," said Huey Lewis.

Band mate Warren Haynes may have put it the best, and spoke for so many of us, when he wrote on Facebook:

"I am at a loss for words. I was moved by Gregg's voice when I first heard the Allman Brothers Band in 1969, when I was nine years old. (His) music was making a deep emotional connection with me even though it was too complex for me to really understand. Somehow, though, it had this 'common man' quality that allowed that music to connect with people on so many different levels.

"And, on top of it all, was this beautiful voice that could be soothing, terrifying, mellow, angry, and amazingly natural and soulful all at the same time-and instantly captivating. It drew me in. It drew us all in. Gregg melted souls with that angelic voice.

"He wrote these amazing songs that were as natural as his voice. The words and melodies felt so perfectly unpretentious and, when delivered by him, made an emotional connection that only happens when music is genuine and honest.

"I love you Gregory."

Allman himself summed up his incredible musical life in his autobiography, writing:

"Music is my life's blood. I love music, I love to play good music, and I love to play music for people who appreciate it. And when it's all said and done, I'll go to my grave and my brother will greet me, saying, 'Nice work, little brother—you did all right.' I must have said this a million times, but if I died today, I have had me a blast."

He, and by extension, we, certainly did.

And, because of his incredible legacy, there's only one way to end a remembrance of the legendary Gregg Allman:

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COOKING WITH THE BLUES

By Jack Chaplin

It's the end of June as I sit down to write this, the caterpillars are getting fat and happy having destroyed the leaves that provided the shade on my front porch. We have in our front yard the most beautiful Copper Beach tree that has to be over 100 years old. Even on the hottest of days it has provided cover from the scorching sun. Now I remember back when my Mother would spend hours picking the caterpillars off a huge Willow tree and putting them in a can filled with gasoline. One year she put a ring around the tree with a black mixture that they couldn't cross. Soon we'll see the cotton candy like web everywhere that they spin and transform themselves into gypsy moths. Only then will the birds swoop in to eat them, why hasn't nature come up with something that has a taste for those nasty crawlers? Mom knew what she was doing!!



selves into gypsy moths. Only then will the birds swoop in to eat them, why hasn't nature come up with something that has a taste for those nasty crawlers? Mom knew what she was doing!!

I had the best Father's Day and hope all the Father's that are reading this had one as well. My daughters Rachel and Luci went with LaKisha and I to take my Mother out to brunch. These days I need all the help I can get to take her out because of the advancement of her Alzheimer's disease, it has gotten progressively harder. We decided on Mia's, a favorite of ours, located in the heart of downtown Westerly right on the canal. Mia and Dean, the owners, are friends of mine and I knew they would take good care of us. The restaurant was on a wait but amazingly we were seated quickly. Everything on the menu sounded great as well as the specials. Mom chose the Strawberry Pancakes, Rachel had the Country Omelet (basically a Western) with corn bread and a side of sausage. Luci chose two eggs over med. which happens to be the way I like them, must be in the genes. Lakisha only had the fruit salad, she had plans to poach off of my plate, no pun intended! I chose the traditional Eggs Benedict with a few sides of link sausage for the table. Now I'm always leery about ordering Bene's out, usually the hollandaise is from a Knorr Swiss mix and not made from scratch but I knew Mia wouldn't stand for that. Mia is a veteran in the food and beverage field and had managed Michael Jordon's Steak House and other operations before striking out on her own. (She just told me of some big news, a new venture in Charlestown, a steak and chop house.) It was late morning and we all were hungry. Dean sent us out a 'Sinnamon Bun' which was amazing. It was rolled with crisp bacon inside the dough, baked and served with a fondant icing sauce underneath. We all got a taste, sinful's the word, it was perfect! It took the edge off until brunch was served which came out surprisingly quick since the joint was jamming! I had toured the kitchen a while back, they are well trained and have been with Mia's for a while. Luci wanted me to note that the Corn Bread was stellar served with real butter, amazing fruit salad with Kiwi, Bananas, Melons, Strawberries and Blueberries. The coffee was outstanding and she like the cream served

in a bottle that looked like the old milk bottles they use to deliver when I was a lad. It was a great time, the waitress was sweet and Rachel seated next to Mom kept her in the moment and her spirits high. I highly recommend Mia's for breakfast, lunch, brunch, and dinner. p.s. I hijacked Mom's half of the cakes, the few links left over and I just remembered their still in the fridge, later!

A few weeks back I received an invite From Chef Tomm Johnson to tour New London High School's culinary facility. A few days later I went over to check it out and I'll tell you I was amazed. I had seen Chef Tomm's articles in the Day paper and knew that he was a judge in various local cooking events like the "Best Grinder" contest and others. Being a hands on working chef for all these years I tend to look at culinary instructors and teachers with an attitude of "Those That Can Do, Those That Can't Teach". I pulled up out back and Chef Tomm met me outside the back door of his kitchen. We talked for about an hour while overlooking the massive garden and outdoor kitchen he created. We talked about his past, where he went to school, where he had traveled, where he had worked, and then where he was from. Manchester, Ct.! Next town over from my home town, Vernon. Right away I knew I like this guy and that we could be good friends. After a while we went in to the kitchen, everything neat as a pin and in it's place. He told me about the curriculum, his approach of teaching farm to table and sustainable foods. I saw his hydroponic herbs, potatoes, and other vegetables in addition to all the produce that they use from the outdoor gardens. Being next to some low income housing he told me that he lets families come over and pick through garden since the harvest is after the end of the school year. Next he showed me his fish tanks where they raise fresh Talapia and Shrimp. Tom wants to raise enough to sell to a few local restaurants and is overseeing the buildout of a much larger production facility in a space that use to be automotive instruction. The food budget that is \$5000 per year for 200 students! That is peanuts and should be the



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monthly allotment. They bake focaccia that they sell at Shop Rite here in New London which raises another \$10,000 annually. This coming school year they are planning to sell prepared meals at Shop Rite to generate additional funds for their program. I just talked to Chef and they are putting the finishing touches on the production kitchen as we speak. Kudo's to the Copano Family who own the Shop Rites in the area and support this great cause. After seeing what Chef Tomm and New London High are doing I have become a believer! What a wonderful thing happening where students are getting the basics of cooking that they can use through out their lives and the skills learned to take it to the next level if they choose. I'm sure that some graduates will end up cooking professionally or find careers in other areas of the food service industry. My Toque's off to Chef Tomm! He has a wife and young children and commutes all the way from Canton, Ct. which is a 3 hour round trip. They just put in a sprinkler system this year but last summer he had to make the trek down and spend another 3 hours watering by hand. This is a true dedication to his craft, teaching and sharing his knowledge with youngsters. I wish that I had this opportunity when I was going to school, maybe I wouldn't have had to pay the big bucks to go Johnson & Wales and surely I would have paid more attention! Dan Gusti is making headlines nationally by revamping the school lunch program, the first in the nation. Chef Tomm deserves equally and I urge you to donate to the cause. I'll be keeping in touch with Chef Tomm from here forward and I'll keep you all posted.

Well the 1st Annual N.L. Blues and Brews Fest was a success!! What a great turn out and what great music. The weather was perfect, the venues that participated were very busy and the bands all had positive feedback. I continue to be amazed by our local talent here in these parts. Our thanks to Dan Stevens, Miss Marci and The Love Sick Hounds, The Franklin Bros. Cedric Mayfield and Epitome, The Redliners, Brandt Taylor, Brother Big Eye, Ryan Hartt and the Blue Hearts, Chris Leigh Band, Chris McCay and

The Tone Shifters, The Sidewinders, Dave Fields w/ Shor-tay Billups, Tom McGregor, Jim Koepple, The Troublemakers, Andre and Eddie, Sugar Ray and the Bluetones, The M.C.s Ali and Dana from WCNI, and 2017 Ct. Blues Challenge Winners, Easy Baby! It was a pleasure working with the Hygienic, Vinny and the Crew but it was especially great working directly with Sarah McKay, the manager. My job was easy, just picking most of the bands but she handled the rest! For someone so young to handle the pressure of not just one event but the rest of Hygienic's busy events all year long is amazing. I think because of the great success this year it may be an annual event that will just continue to grow. It was a dream of mine that Sarah, The Hygienic, and New London helped fulfill. Of course last but not least thanks to Daddy Jack's, Cumulus Radio, Sound Waves, Dave Pottie, WCNI, and F&F Dist. and all the participating venues for their participation and support to make it happen.

Happy 4th Of July, Come on Sail Fest and the rest of the summers events. One not to miss is Mystic's Blue Monday. Peter Moore from the Sidewinders is the Curator of this series and he's got the ear! 7/3 Kat Murphy, 7/10 Darrel Nulisch, 7/17 Kenny Neal, 7/24 The Hoolio's & Sondra Levine, and 7/31 Sugar Ray and the Blue Tones! Check it out on line for times and location. This is an unbelievable line up and all for free! Peter says bring chairs, blankets, drinks and food, they've got the rest. It's on my bucket list to go to every one of these shows! Good health, happiness, prosperity and make sure to use your sun screen!

~ God Bless America! Jack



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MONDAYS

DJ K FREDERICK 1-5pm
In the Ocean Lounge
\$3 - TACO NIGHT - 6pm

GLOW/BLACK LIGHT FOAM PARTY

Sat. 15th
9pm

Sat	Sun
8 DJ JAY SPRING 1-5pm	9 JUST BLAZE 1-5pm
15 DJ JOEY G 1-5pm	16 TBA 1-5pm
22 DJ DARTH FADER 1-5pm	23 BROOKE EVERS 1-5pm
29 DJ JOEY G 1-5pm	30 TBA 1-5pm

Sunday 16th **HELPING
HANDS**
5-8pm
Ocean Lounge

Fri	Sat
7 RUSTED ROOT 9pm	8 SAVED BY THE 90'S 9pm
14 DJ JSMITH 10pm	15 DJ JAMNIK 9pm
21 PLAYING DEAD 9pm	22 BRANDED 10pm
28 CRUSH A tribute to Dave Mathews 9pm	29 BAD FISH A tribute to Sublime 10pm
5 RUM RUNNERS 10pm	

Full Kitchen

Seafood ~ Steaks ~ Ribs ~ Chicken ~ Pasta ~ Stuffed Burgers

